

Abstrak

ANALISIS DESKRIPTIF DUKUNGAN KELUARGA PADA PERAWAT RUANG COVID-19 DI RSUD PANEMBAHAN SENOPATI BANTUL SELAMA PANDEMI COVID-19

Garnish Tulus Asadania¹, Wahyu Ekowati², Sidik Awaludin³

Latar Belakang : Pandemi COVID-19 tidak hanya menyebabkan permasalahan fisiologis tetapi juga psikologis pada tenaga kesehatan. Salah satu cara yang dilakukan untuk menghadapi permasalahan psikologis tersebut yaitu dengan mencari dukungan keluarga. Dukungan keluarga membuat individu merasa diperhatikan sehingga mampu menghadapi permasalahannya dengan baik.

Tujuan : Mengetahui gambaran dukungan keluarga yang meliputi dukungan informasional, emosional, instrumental, dan penilaian pada perawat ruang COVID RSUD Panembahan Senopati Bantul.

Metodologi : Penelitian ini menggunakan desain deskriptif kuantitatif. Penelitian dilaksanakan pada bulan Agustus 2020-Juni 2021 pada keluarga perawat COVID di RSUD Panembahan Senopati Bantul sebanyak 89 responden dengan menggunakan analisis univariat.

Hasil : Hasil analisis menunjukkan bahwa dukungan keluarga pada perawat ruang COVID RSUD Panembahan Senopati Bantul secara keseluruhan dalam kategori baik yaitu sebanyak 89 orang (100%). Dukungan informasional keluarga dalam kategori baik yaitu sebanyak 70 responden (78,7%), dukungan emosional sebanyak 89 responden (100%), dukungan instrumental sebanyak 86 (96,6%), dan dukungan penilaian sebanyak 87 responden (97,8%).

Kesimpulan : Dukungan keluarga dan dukungan emosional pada perawat RSUD Panembahan Senopati Bantul secara keseluruhan dalam kategori baik sedangkan untuk dukungan informasional, instrumental, dan penilaian sebagian besar dalam kategori baik.

Kata kunci : COVID-19, dukungan keluarga, perawat

¹Mahasiswa Jurusan Keperawatan, Fakultas Ilmu-Ilmu Kesehatan, Universitas Jenderal Soedirman

²Departemen Keperawatan Jiwa, Jurusan Keperawatan, Fakultas Ilmu-Ilmu Kesehatan, Universitas Jenderal Soedirman

³Departemen Keperawatan Medikal Bedah, Jurusan Keperawatan, Fakultas Ilmu-Ilmu Kesehatan, Universitas Jenderal Soedirman

Abstract

DESCRIPTION ANALYSIS OF FAMILY SUPPORT ON THE NURSE IN THE COVID-19 ROOM AT PANEMBAHAN SENOPATI Hospital, BANTUL DURING THE COVID-19 PANDEMIC

Garnish Tulus Asadania¹, Wahyu Ekowati², Sidik Awaludin³

Background: The COVID-19 pandemic has not only caused physiological but also psychological problems for health workers. One way to deal with these psychological problems is to seek family support. Family support makes individuals feel cared for so that they are able to deal with their problems well.

Objective: Find out the description of family support which includes informational, emotional, instrumental, and assessment support for the COVID room nurse at Panembahan Senopati Hospital Bantul.

Methods: This study used a quantitative descriptive design. The study was conducted in August 2020-June 2021 on families of COVID nurses at Panembahan Senopati Hospital Bantul as many as 89 respondents using univariate analysis

Results: The results of the analysis showed that the family support for nurses in the COVID room at Panembahan Senopati Hospital Bantul was overall in the good category, as many as 89 people (100%). Family informational support in the good category is 70 respondents (78.7%), emotional support is 89 respondents (100%), family instrumental support is 86 (96.6%), and assessment support is 87 respondents (97.8%).

Conclusion: Family support and emotional support for nurses at Panembahan Senopati Hospital Bantul are overall in the good category, while for informational, instrumental, and assessment support, most of them are in the good category.

Keywords: Family Support, COVID-19, nurse

¹Student of Nursing Department, Faculty of Health Sciences, Jenderal Soedirman University

²Department of Mental Nursing, Department of Nursing, Faculty of Health Sciences, Jenderal Soedirman University

³Department of Medical Surgical Nursing, Department of Nursing, Faculty of Health Sciences, Jenderal Soedirman University