

ABSTRAK

GAMBARAN TINGKAT KECEMASAN PADA MAHASISWA PROFESI NERS UNIVERSITAS JENDERAL SOEDIRMAN PURWOKERTO SAAT MENJALANI PRAKTIK KEPERAWATAN DI MASA PANDEMI COVID-19

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Latar Belakang: Penyebaran wabah Covid-19 yang sangat cepat telah menyebabkan permasalahan kesehatan di seluruh dunia. Situasi pandemi ini juga dapat memengaruhi kesehatan mental dan menyebabkan timbulnya perasaan cemas pada masyarakat, termasuk mahasiswa profesi ners. Tingginya risiko penularan virus di tempat praktik menyebabkan mahasiswa profesi ners rentan mengalami kecemasan.

Tujuan: Penelitian ini bertujuan untuk mengetahui gambaran tingkat kecemasan pada mahasiswa profesi ners saat menjalani praktik keperawatan di masa pandemi Covid-19.

Metode: Penelitian ini menggunakan metode penelitian deskriptif kuantitatif. Teknik pengambilan sampel menggunakan teknik *total sampling* dengan besar sampel yaitu 77 responden yang memenuhi kriteria inklusi dan eksklusi. Data dikumpulkan menggunakan kuesioner *online*. Analisa data menggunakan analisis univariat dengan menyajikan distribusi frekuensi dan presentase untuk data kategorik sedangkan median dan min – maks untuk data numerik, dan analisis bivariat menggunakan uji *Spearman* untuk mengetahui hubungan antara karakteristik responden dengan tingkat kecemasan.

Hasil: Mayoritas responden berjenis kelamin perempuan (83,1%) dengan usia minimal 20 tahun dan usia maksimal 39 tahun serta tinggal di indekos atau asrama (83,4%) selama mengikuti Program Profesi Ners. Jumlah responden angkatan 26 dan angkatan 27 adalah 36 dan 41 orang. Mayoritas responden tidak mengalami kecemasan (66,2%).

Kesimpulan: Mayoritas mahasiswa profesi ners tidak mengalami kecemasan saat menjalani praktik keperawatan di masa pandemi Covid-19.

Kata kunci: mahasiswa keperawatan, kecemasan, profesi ners, pandemi Covid-19.

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ABSTRACT

DESCRIPTION OF ANXIETY LEVEL IN STUDENTS OF NURSES PROFESSION AT THE JENDERAL SOEDIRMAN UNIVERSITY PURWOKERTO WHILE ATTENDING NURSING PRACTICE DURING COVID-19 PANDEMIC

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Background: The spread of the Covid-19 outbreak has caused health problems around the world. This pandemic situation can also affect mental health and causing anxiety in the community, including students of the nurses profession. The high risk of virus transmitting at the practice place causes students of nurses profession prone to anxiety.

Objective: This research aimed to describe anxiety level in students of nurses profession while attending nursing practice during Covid-19 pandemic.

Method: This research used quantitative descriptive study. The sampling technique used total sampling technique. The sample size was 77 respondents who met inclusion and exclusion criteria. Data was collected using an online questionnaire. Data were analyzed by using univariate analysis by presenting frequency distribution and percentage for categorical data, while median and min – max for numeric data, and bivariate analysis using Spearman's test to determine the relationship between respondent's characteristics and anxiety.

Result: The majority of respondents are female (83.1%) with minimum age is 20 years old and maximum age is 39 years old and live in sharehome or dormitories (83.4%) while attending the nurses profession program. The number of respondents in class of 26 and class of 27 were 36 and 41 students. The majority of respondents did not experience anxiety (66.2%).

Conclusion: The majority of nursing professional students do not experience anxiety while practicing nursing during the Covid-19 pandemic.

Keywords: nursing student, anxiety, nurses profession, Covid-19.

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