

ABSTRAK

PERAN GURU PENJAS DALAM IMPLEMENTASI 3M PADA MASA PANDEMI *COVID-19* DI SMP NEGERI SE-PURWOKERTO

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Latar Belakang: Virus *COVID-19* adalah penyakit menular yang mirip dengan influenza yang di sebabkan oleh *Severe Acute Respiratory Syndrome Coronavirus2 (SARS-CoV-2)*. Pemerintah Indonesia kemudian menetapkan kebijakan Pembatasan Sosial Berskala Besar (PSBB) demi menekan kasus penyebaran *COVID-19*. Kebijakan tersebut diikuti dengan penyelenggaraan pembelajaran di masa pandemi *COVID-19* dilakukan dengan pembelajaran tatap muka terbatas dengan tetap menerapkan protokol kesehatan dan pembelajaran jarak jauh. Edukasi 3M (Mencuci tangan, Menjaga jarak, dan Memakai masker) menjelaskan bahwa dalam rangka pencegahan dan pengendalian *Corona Virus Disease (COVID-19)*. Peran guru yang mendidik dan mengedukasi 3M sangat dibutuhkan untuk mengimplementasikan 3M di satuan Pendidikan.

Metodologi: Penelitian ini menggunakan metode Deskriptif Kuantitatif. Penelitian ini dilaksanakan di SMP Negeri se-Purwokerto. Menggunakan sampel 383 peserta didik dengan teknik *proportionate starfied random sampling*. Analisis data dengan cara mendiskripsikan berdasarkan data yang terkumpul.

Hasil Penelitian: Keseluruhan aspek peran guru Penjas dalam implementasi 3M di SMP Negeri se-Purwokerto dirasa sangat berperan oleh peserta didik. Aspek Menjadi Teladan Edukasi 3M memperoleh nilai indeks 92,58%, Menyampaikan Edukasi 3M memperoleh nilai indeks 94,70%, Mengintegrasikan Edukasi 3M memperoleh nilai indeks 92,24%, Mengingatnkan Penerapan 3M Di Luar Lingkungan Sekolah memperoleh nilai indeks 89,09%, Mengingatnkan Penerapan 3M Di Lingkungan Sekolah memperoleh nilai indeks 93,17%, Berbagi Praktik Dengan Sesama Guru memperoleh nilai indeks 90,53%.

Kesimpulan: (1) Peran guru Penjas dalam implementasi 3M di SMP Negeri se-Purwokerto menunjukkan kategori sangat berperan pada setiap aspek, (2) Nilai presentase terendah pada aspek Mengingatnkan Penerapan 3M Di Luar Lingkungan Sekolah dengan nilai indeks 89,09%, (3) Nilai presentase tertinggi pada aspek Menyampaikan Edukasi 3M dengan nilai indeks 94,70%.

Kata Kunci: Peran, Guru Pendidikan Jasmani, 3M, SMP Negeri se-Purwokerto

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ABSTRACT

THE ROLE OF PHYSICAL EDUCATION TEACHERS IN THE IMPLEMENTATION OF 3M DURING THE COVID-19 PANDEMIC IN STATE JUNIOR HIGH SCHOOLS THROUGHOUT PURWOKERTO

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Background: *COVID-19* is an infectious disease similar to influenza caused by Severe Acute Respiratory Syndrome Coronavirus2 (SARS-CoV-2). The Indonesian government then established a large-scale social restriction policy (PSBB) to suppress cases of *COVID-19* spread. The policy was followed by the implementation of learning during the *COVID-19* pandemic carried out with limited face-to-face learning while still implementing health and distance learning protocols. 3M education (Washing hands, keeping your distance, and wearing a mask) explains that in the framework of prevention and control of Corona Virus Disease (*COVID-19*). The role of teachers who educate and educate 3M is needed to implement 3M in education units.

Methods: This research uses quantitative descriptive methods. This research was conducted at the State Junior High School throughout Purwokerto. Using a sample of 383 learners with proportionate stratified random sampling technique. Analysis of data by describing the difference between the collected data.

Results: The overall aspect of the role of Physical Education teachers in the implementation of 3M in State Junior High School throughout Purwokerto is considered very instrumental by learners. Aspects of Being An Example of Education 3M obtained an index value of 92.58%, Conveying Education 3M obtained an index value of 94.70%, Integrating Education 3M obtained an index value of 92.24%, Reminding the Application of 3M Outside the School Environment obtained an index value of 89.09%, Reminding the Application of 3M In The School Environment obtained an index value of 93.17%, Sharing Practices With Fellow Teachers obtained an index value of 90.53%.

Conclusions: (1) The role of Physical Education teachers in the implementation of 3M in the State Junior High School in Purwokerto shows that the category plays a role in every aspect, (2) The lowest percentage value on the aspect of Reminding the Implementation of 3M Outside the School Environment is 89.09%, (3) The highest percentage value in the aspect of Delivering 3M Education with an index value of 94.70%.

Keywords: Role, Teacher of Physical Education, 3M, State Junior High School throughout Purwokerto

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