

HUBUNGAN *MOTHER-DAUGHTER RELATIONSHIP* DENGAN *SELF-ESTEEM* MAHASISWI ANGKATAN 2018 FAKULTAS KEDOKTERAN UNIVERSITAS JENDERAL SOEDIRMAN

ABSTRAK

Latar Belakang: *Self-esteem* merupakan salah satu faktor penentu kesehatan mental seseorang dan berperan dalam pembentukan sikap dan perilaku seorang mahasiswa. Mahasiswa Fakultas Kedokteran berisiko memiliki tingkat *self-esteem* yang rendah. *Self-esteem* dipengaruhi oleh beberapa faktor, salah satunya *mother-daughter relationship*. Hubungan ibu-anak perempuan memiliki ikatan dan peran yang lebih besar dibandingkan hubungan lainnya dalam menciptakan *self-esteem* anak perempuan. Penelitian sebelumnya menunjukkan hasil yang bervariasi antara *mother-daughter relationship* dengan *self-esteem*.

Tujuan: Untuk mengetahui hubungan antara berbagai dimensi *mother-daughter relationship* dengan tingkat *self-esteem* pada mahasiswi angkatan 2018 Fakultas Kedokteran Universitas Jenderal Soedirman.

Metode: Merupakan penelitian observasional analitik dengan *cross sectional study* pada populasi terjangkau mahasiswi Jurusan Kedokteran Umum Fakultas Kedokteran Universitas Jenderal Soedirman angkatan 2018. Sebanyak 69 mahasiswi terpilih menggunakan *total sampling*. *Mother-daughter relationship* diukur dengan *Mother-Adult Daughter Questionnaire (MADQ)* dan *self-esteem* diukur dengan *Rosenberg Self-Esteem Scale (RSES)*, kemudian dianalisa dengan uji korelasi *pearson*.

Hasil: Rata-rata responden memiliki tingkat *self-esteem* sedang dan *mother-daughter relationship* yang kuat. Subskala *connectedness* memiliki hubungan signifikan dengan *self-esteem* ($p < 0,05$; $r 0,373$), subskala *interdependency* memiliki hubungan signifikan dengan *self-esteem* ($p < 0,05$; $r 0,255$), dan subskala *trust in Hierarchy* memiliki hubungan signifikan dengan *self-esteem* ($p < 0,05$; $r 0,248$).

Kesimpulan: Terdapat hubungan antara dimensi *connectedness*, *interdependency*, dan *trust in hierarchy* pada *mother-daughter relationship* dengan *self-esteem* mahasiswi angkatan 2018 Fakultas Kedokteran Universitas Jenderal Soedirman.

Kata Kunci: Hubungan ibu-anak perempuan, *self-esteem*, mahasiswi kedokteran

**THE CORRELATION BETWEEN MOTHER-DAUGHTER RELATIONSHIP
AND DAUGHTER'S SELF-ESTEEM IN FEMALE COLLEGE STUDENT
CLASS OF 2018 MEDICAL FACULTY OF JENDERAL SOEDIRMAN
UNIVERSITY**

ABSTRACT

Background: *Self-esteem is one of determinant of person's mental health and plays role in forming attitudes and behavior for college student. Medical students are at risk of having low self-esteem. Self-esteem is influenced by several factors, one of which is mother-daughter relationship. The mother-daughter relationship has greater bond and role than other relationship in creating daughter's self-esteem. Previous studies have shown varying results between mother-daughter relationship and self-esteem.*

Objective: *The aim of this study was to know the correlation between various dimensions of mother-daughter relationship and self-esteem in female college students class of 2018 from Faculty of Medicine, Unsoed.*

Methods: *This research was analytical observational study with cross-sectional design. The accessible population is female college student class of 2018, Faculty of Medicine, Unsoed. Amount of 69 respondents were selected as sample by total sampling method. Mother-daughter relationship was measured by MADQ and self-esteem was measured by RSES. The data were analyzed by using Pearson correlation test.*

Results: *The average respondent has moderate level of self-esteem and strong mother-daughter relationship. The connectedness subscale has significant correlation with self-esteem ($p < 0,05$; $r 0,373$), interdependency subscale has significant correlation with dengan self-esteem ($p < 0,05$; $r 0,255$), and trust in hierarchy subscale has significant correlation with self-esteem ($p < 0,05$; $r 0,248$).*

Conclusion: *There is correlation between the dimensions of connectedness, interdependency, and trust in hierarchy in mother-daughter relationship with self-esteem in female college students class of 2018, Faculty of Medicine, Unsoed.*

Keywords: *mother-daughter relationship, self-esteem, female medical student*