

# **HUBUNGAN EFIKASI DIRI DENGAN MOTIVASI IBU DALAM MERAWAT ANAK TUNAGRAHITA DI SLB C & C1 YAKUT PURWOKERTO**

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## **Abstrak**

**Latar belakang:** Anak tunagrahita merupakan kondisi anak yang mengalami keterbelakangan mental dengan tingkat kecerdasan di bawah rata-rata yaitu 70. Selama proses tumbuh kembangnya dibutuhkan perawatan oleh ibu. Dalam perawatannya ibu membutuhkan efikasi diri dan motivasi. Efikasi diri termasuk dalam kategori motivasi *intrinsik*.

**Tujuan penelitian:** Mengetahui hubungan antara efikasi diri dengan motivasi ibu dalam merawat anak tunagrahita di SLB C & C1 Yakut Purwokerto.

**Metodelogi:** Penelitian ini merupakan penelitian kuantitatif dengan desain pendekatan *crosssectional*. Pengambilan sampel menggunakan teknik *consecutive sampling*. Total sampel adalah 45 responden. Instrumen penelitian menggunakan kuesioner. Korelasi kedua variabel diuji dengan uji *Gamma*.

**Hasil penelitian:** Gambaran efikasi diri ibu yang memiliki anak tunagrahita di SLB C & C1 Yakut Purwokerto memiliki efikasi diri tinggi dengan persentase 84,4%. Gambaran motivasi ibu yang memiliki anak tunagrahita di SLB C & C1 Yakut Purwokerto memiliki motivasi kuat dengan persentase 60,0%. Hasil uji korelasi *Gamma* menunjukkan *p value* 0,012 dan nilai *r* 0,857.

**Kesimpulan:** Ada hubungan signifikan antara efikasi diri dengan motivasi ibu dalam merawat anak tunagrahita di SLB C & C1 Yakut Purwokerto.

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**Kata kunci:** Anak tunagrahita, efikasi diri, motivasi ibu.

# THE CORRELATION SELF EFFICACY WITH MOTIVATION OF MOTHER IN CARING CHILDREN WITH DISABILITIES IN SLB C & C1 YAKUT PURWOKERTO

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## Abstract

**Background:** Children with disabilities is a condition of a mentally retarded child who has a below average intelligence level of 70. During the process of growth and development requires care by mother. In her care, mothers need self-efficacy and motivation. Self-efficacy is included in the category of intrinsic motivation.

**Objective:** To find out the correlation self-efficacy with motivation of mother in caring children with disabilities in SLB C & C1 Yakut Purwokerto.

**Methods:** This study was a quantitative study with cross sectional approach design. Sampling of this study used consecutive sampling with the total samples of 45 respondents. The instrument for this study used a questionnaire. Analysis of the correlation between two variables used Gamma test.

**Results:** The description of self-efficacy of mother in caring children with disabilities in SLB C & C1 Yakut Purwokerto have high self-efficacy with percentage 84,4%. The description of motivation of mother in caring children with disabilities in SLB C & C1 Yakut Purwokerto have strong motivation with percentage 60,0%. Result of the correlation Gamma test showed p value 0,012 and r value 0,857.

**Conclusion:** There was a significant correlation of self-efficacy with motivation of mother in caring children with disabilities in SLB C & C1 Yakut Purwokerto.

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**Keywords:** Children with disabilities, mother's motivation, self-efficacy.