

## ABSTRAK

### PERAN ORANG TUA DALAM MENINGKATKAN PERKEMBANGAN MOTORIK ANAK TUNAGRAHITA DI SLB C DAN C1 YAKUT PURWOKERTO

*Nisrina Hasna Fauziyyah, Bambang Hariyadi, Colti Sistiarani*

**Latar Belakang :** Kurangnya kemampuan motorik merupakan salah satu hambatan yang dimiliki anak tunagrahita yang menyebabkan anak kesulitan dalam melakukan kegiatan sehari-hari, oleh karena itu diperlukan peran orang tua dalam melatih kemampuan motorik anak sehingga anak dapat lebih mandiri dalam melakukan kegiatan sehari-hari. Penelitian ini bertujuan mengetahui peran orang tua dalam meningkatkan perkembangan motorik anak tunagrahita di SLB C dan C1 Yakut Purwokerto.

**Metode :** Penelitian ini merupakan penelitian kualitatif melalui wawancara mendalam yang dilakukan kepada 6 informan utama dan 8 informan pendukung untuk triangulasi sumber. Pengambilan sampel dalam penelitian ini menggunakan teknik *purposive sampling*. Teknik analisis yang digunakan yaitu pengumpulan data, reduksi data, penyajian data, dan verifikasi.

**Hasil Penelitian :** Orang tua telah memberikan kebutuhan dan melatih belajar, melatih kemampuan makan, melatih praktek sanitasi, memberi rasa aman, memberi nasihat, melakukan pendampingan interaksi sosial dan melakukan *parent support group*. Hal tersebut dilakukan sebagai upaya peningkatan kemampuan anaknya, termasuk kemampuan motorik.

**Kesimpulan :** Orang tua dari siswa tunagrahita di SLB C dan C1 Yakut Purwokerto sudah cukup baik dalam melaksanakan perannya dalam meningkatkan perkembangan motorik anaknya, dibuktikan dengan kemampuan motorik anaknya yang semakin meningkat, meskipun dengan waktu yang cukup lama.

**Kata kunci :** Orang tua, Anak tunagrahita, Perkembangan motorik

## ABSTRACT

### **THE ROLE OF PARENTS IN IMPROVING MOTORIC DEVELOPMENT FOR SPECIAL STUDENT WITH MENTALLY RETARDED IN SPECIAL NEED EDUCATION SCHOOL C AND C1 YAKUT PURWOKERTO**

*Nisrina Hasna Fauziyyah, Bambang Hariyadi, Coltis Sistiarani*

**Background :** Lack of motoric skill is one of the obstacles who were possessed by mentally retarded children which causes they have difficulty in doing their daily activities, therefore parent's role is needed in training children motoric skill so that they can be more independent in their daily activities. This research aims to determine the role of parents in improving the motoric development for special student with mentally retarded in SLB C and C1 Yakut Purwokerto.

**Method :** This research was descriptive qualitative by intensive interviewing to 6 main informant and 8 supporter informant for the data of triangulation. In the case the researcher used the purposive sampling technique. The analysis techniques used are data collection, data reduction, data presentation, and verification.

**Result :** Result showed that parents have given in training and educating of study, ability to eat, sanitation practice, securing guard, advice, social interaction and parent support group. This was done as an effort to improve the ability of their children, including motor skills.

**Conclusion :** The parents role of mental retardation students in SLB C and C1 have been good enough in increasing motoric development their children. It was proved that there was improvement children motoric skills, even though for a long time.

**Key Words :** Parents, Mental retardation, Motoric development