

ABSTRAK
KEPATUHAN KUNJUNGAN PEMERIKSAAN PASIEN DIABETES MELITUS
MASA PANDEMI COVID-19 DI POLIKLINIK ENDOKRIN RSUD
Prof.Dr.MARGONO SOEKARJO PURWOKERTO BERDASARKAN *HEALTH*
BELIEF MODEL

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Latar Belakang: Pasien Diabetes Melitus (DM) dalam melakukan kunjungan rutin pemeriksaan dipoliklinik endokrin di masa pandemi Covid-19 mengalami penurunan. HBM mungkin salah satu teori persepsi yang mempengaruhi kedatangan kunjungan pemeriksaan pasien. Penelitian ini bertujuan untuk mengidentifikasi faktor-faktor kepatuhan melakukan kunjungan pemeriksaan pada pasien DM di poliklinik Endokrin berdasarkan teori *Health Belief Model*.

Metodologi: Penelitian kuantitatif observasional dengan desain *cross sectional*. Responden adalah pasien DM yang datang ke poliklinik endokrin RSUD. Prof. Dr. Margono Soekarjo Purwokerto sebanyak 111 orang dengan menggunakan teknik *consecutive sampling*. Instrumen berupa kuesioner faktor *Health Belief Model* dan data sekunder rumah sakit. Data dianalisis dengan analisis statistik *chi square* dengan nilai $\alpha \leq 0,05$.

Hasil Penelitian: Penelitian menunjukkan uji bivariat bahwa variabel pekerjaan ($p=0,014$) persepsi hambatan ($p=0,039$), persepsi manfaat($p=0,025$), isyarat bertindak($p=0,024$) dan efikasi diri ($p=0,018$) berhubungan dengan kepatuhan kunjungan pemeriksaan pasien DM. sedangkan tidak ada hubungan antara usia, jenis kelamin, pendidikan, pendapatan, kadar gula darah, lama menderita, persepsi kerentanan dan persepsi tingkat keparahan dengan kepatuhan kunjungan pemeriksaan pasien DM.

Kesimpulan: persepsi manfaat merupakan faktor yang paling dominan memengaruhi kepatuhan kunjungan pemeriksaan pasien DM masa pandemi Covid-19.

Kata Kunci: HBM, kepatuhan, kunjungan

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ABSTRACT
THE OBEDIENCE OF EXAMINATION VISIT OF DIABETES MELLITUS
PATIENTS IN COVID-19 PANDEMIC ERA IN ENDOCRINE POLYCLINIC
OF Prof. Dr. MARGONO SOEKARJO PURWOKERTO BASED ON *HEALTH*
BELIEF MODEL

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Background : Patients with Diabetes Mellitus (DM) in do visit routine examination to polyclinic endocrine in the Covid-19 pandemic has decline. HBM maybe one of theory that influence to perception patient in doing routine examination visit. This research aimed at identifying the obedience factors of DM patients in doing examination visit to Endocrine polyclinic based on Health Belief Model.

Method: This research is methodology used is observational quantitative method with cross sectional design. The number of respondents is 111 people. They are DM patients that come to Polyclinic Endocrine RSUD. Prof. Dr. Margono Soekarno Purwokerto during the Covid-19 pandemic. Sampling is taken by using consecutive sampling technique. The instrument of the research is questionnaire factor of Health Belief Model and secondary data of the hospital. The data is analyzed by using chi square statistics analysis with the value of < 0.05 .

Results: The research of bivariate test show that variable job ($p=0.014$) perceived barrier ($p=0.039$), perceived benefits ($p=0.025$), cues to action ($p=0.024$) and self-efficacy ($p=0.018$) related with obedience of examination visit of DM patients. There is no relationship Among age, gender, education, income, level sugar blood, suffering periode, perceived susceptibility, perceived severity and obedience of examination visit of DM patients in Covid-19 pandemic era.

Conclusion : Perceived benefits is the most dominant factor influencing the obedience of examination visit of DM patients in Covid-19 pandemic era..

Keywords : HBM, obedience, visits

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