

Abstrak

TINGKAT MOTIVASI BERLATIH ATLET BOLA VOLI PADA SEKOLAH DATARAN TINGGI DAN RENDAH DI KABUPATEN PURBALINGGA MASA *POST PANDEMI COVID-19*

Latar Belakang: Virus Corona (Covid-19) merupakan penyakit menular yang telah banyak tersebar di seluruh dunia termasuk di Indonesia. Dampak tersebut tidak hanya dirasakan dalam bidang kesehatan melainkan juga pada sektor lain kehidupan mulai dari soal politik, sosial, budaya, dan juga termasuk dalam bidang pendidikan. Pandemi Covid-19 juga membawa perubahan yang cukup besar bagi dunia olahraga. Berhentinya kegiatan ekstrakurikuler di sekolah baik dataran tinggi maupun rendah dikhawatirkan akan mempengaruhi tingkat motivasi dari masing-masing atlet karena motivasi berpengaruh pada kualitas atlet.

Metodologi: Penelitian ini menggunakan metode deskriptif kuantitatif dengan menggunakan instrument kuesioner. Penelitian ini menggunakan teknik *purposive sampling* dengan sampel berjumlah 40 atlet. Penelitian dilaksanakan pada 4 (empat) sekolah yang terdiri dari 2 (dua) sekolah di dataran tinggi yaitu SMK Negeri 1 Karangjambu dan SMA Negeri 1 Karangreja, serta 2 (dua) sekolah di dataran rendah yaitu SMA Negeri 2 Purbalingga dan SMA Negeri 1 Kejobong. Analisis data menggunakan analisis deskriptif dengan persentase, serta untuk mengetahui perbedaan digunakan uji *independent sampel t-test*.

Hasil Penelitian: Hasil penelitian menunjukkan terdapat perbedaan tingkat motivasi atlet bola voli pada sekolah dataran tinggi dan rendah di Kabupaten Purbalingga masa *post pandemi Covid-19* dengan nilai signifikansi berturut-turut 0,41 dan 0,41. Rata-rata persentase tingkat motivasi berlatih atlet bola voli di sekolah dataran tinggi dan rendah terdapat kesamaan yaitu memiliki kategori baik.

Kesimpulan: Terdapat perbedaan tingkat motivasi berlatih atlet bola voli pada sekolah dataran tinggi dan rendah di Kabupaten Purbalingga masa *post pandemi covid-19*. Motivasi berlatih atlet bola voli pada sekolah dataran tinggi dan rendah adalah baik dapat dilihat pada hasil akhir kategori masing-masing sekolah.

Kata Kunci: Motivasi, Bola Voli, *Post Pandemi*

Abstract

LEVEL OF MOTIVATION AT VOLLEY BALL ATHLETE TRAINING AT HIGH AND LOW PLANTS SCHOOLS IN PURBALINGGA REGENCY POST COVID-19 PANDEMI

Background: Corona Virus (Covid-19) is an infectious disease that has spread throughout the world, including in Indonesia. This impact is not only felt in the health sector which has claimed millions of lives, but also in other sectors of life ranging from political, social, cultural matters, and also including in the field of education. The Covid-19 pandemic has also brought considerable changes to the world of sports. The cessation of extracurricular activities in schools, both highlands and lowlands, is feared to affect the level of motivation of each athlete because motivation affects the quality of athletes.

Methodology: This study uses a quantitative descriptive method using a questionnaire instrument. This study used a purposive sampling technique with a sample of 40 athletes. This research was carried out at 4 (four) schools consisting of 2 (two) schools in the highlands, namely SMK Negeri 1 Karangjambu and SMA Negeri 1 Karangreja, as well as 2 (two) schools in the lowlands, namely SMA Negeri 2 Purbalingga and SMA Negeri 1 Kejobong. . Data analysis used descriptive analysis with percentages, and to determine the differences used independent sample t-test.

Results: The results showed that there were differences in the level of motivation of volleyball athletes at high and lowland schools in Purbalingga Regency during the post Covid-19 pandemic with a significance value of 0.41 and 0.41, respectively. The average percentage level of motivation to practice volleyball athletes in high and low schools has similarities, namely having a good category.

Conclusion: There are differences in the level of motivation to practice volleyball athletes at high and low schools in Purbalingga Regency during the post covid-19 pandemic. The motivation to practice volleyball athletes at high and low schools is good, it can be seen in the final results of each school category.

Keywords : Motivation, Volleyball, Post Pandemic