

Abstrak

PEMBINAAN PRESTASI OLAHRAGA FUTSAL PADA EKSTRAKURIKULER SMA NEGERI 2 KEBUMEN

Alfan Syah¹. Rohman Hidayat². Rifqi Festiawan²

Latar Belakang: Olahraga futsal salah satu ekstrakurikuler favorit di sekolah. Salah satunya di SMAN 2 Kebumen, dengan pelatih yang berpengalaman dalam memprogram dan mengolah bakat siswa menjadikan tim futsal berprestasi dalam berbagai kejuaraan di tingkat daerah dan nasional.

Metodologi: Penelitian menggunakan pendekatan kualitatif deskriptif. Pengumpulan data menggunakan metode observasi, wawancara, dan dokumentasi. Subjek penelitian ini adalah pengurus, pelatih, dan atlet. Teknik analisis data yang digunakan adalah teknik triangulasi data. Analisis data dengan reduksi data, penyajian data, dan penarikan kesimpulan.

Hasil Penelitian: Hasil penelitian menunjukkan bahwa, pelaksanaan pembinaan prestasi tim futsal SMAN 2 Kebumen cukup baik terbukti bisa mencapai level Nasional. Pemassalan dilakukan dengan cara interaksi langsung dan interaksi tidak langsung. Pembibitan pemain dilakukan sejak tingkat SMP. Sumber daya manusia tim futsal SMAN 2 Kebumen sudah baik, pelatih memiliki lisensi Nasional, atlet memiliki semangat dan kedisiplinan latihan, serta kepengurusan berjalan sesuai tugas dan fungsinya. Program latihan di tim futsal SMAN 2 Kebumen sudah baik sesuai sarana dan prasarana yang sesuai standar. Serta pendanaan tim futsal SMAN 2 Kebumen tersedia cukup baik dari donatur sekolah dan siswa dalam bentuk kas.

Kesimpulan: Pembinaan prestasi olahraga futsal SMAN 2 Kebumen sudah baik. Hal ini dapat dilihat dari aspek pemassalan, pembibitan, prestasi, pembinaan, sumber daya manusia, program latihan, sarana dan prasarana serta pendanaan.

Kata Kunci: Pembinaan, Prestasi, Futsal.

¹Mahasiswa Jurusan Pendidikan Jasmani FIKes Universitas Jenderal Soedirman

²Dosen Jurusan Pendidikan Jasmani FIKes Universitas Jenderal Soedirman.

Abstract

COACHING FUTSAL SPORTS ACHIEVEMENTS IN EXTRACURRICULARS AT SMA NEGERI 2 KEBUMEN

Alfan Syah¹. Rohman Hidayat². Rifqi Festiawan²

Background : *Futsal is one of the favorite extracurricular activities in school, especially at SMAN 2 Kebumen. With trainers who are experienced in programming and processing student talents the futsal team has excelled in various championships at regional and national levels.*

Methods: *this research using descriptive qualitative approach. the data collection used the method of observation, interviews, and documentation. The subjects of this research were administrators, coaches, and athletes. The data analysis technique used is the data triangulation technique with data reduction, data presentation, and making conclusion.*

Result: *Research results showed that the implementation of achievement development of futsal tem at SMAN 2 Kebumen is good. It is proven by reaching the national level. Mass activities has done through direct and indirect interaction. Nursery is done since junior high school level. The human resources of SMAN 2 Kebumen futsal team are good, the coach has a national license, the athletes have the spirit and discipline of training, and the management is running according to its duties and functions. The training program of SMAN 2 Kebumen futsal team is good and in accordance with standard facilities and infrastructure. Besides, funding for the SMAN 2 Kebumen futsal team from school and student donors in the form of cash has been good..*

Conclusion: *The development of futsal achievement at SMAN 2 Kebumen is good. It can be seen from the mass activities aspect, nursesy, achievement, development, human resources, training programs, facilities and infrastructure, and funding.*

Keywords: *Coaching, Achievement, Futsal.*

¹ *Physical education students, faculty of health science, Jenderal Soedirman University*

² *Physical Education leacthure, faculty of health science, Jenderal Soedirman University*