

DAFTAR PUSTAKA

- Alipour, Z., Kheirabadi, G.R., Kazemi, A. and Fooladi, M., 2018. *The most important risk factors affecting mental health during pregnancy: a systematic review. East Mediterr Health J*, 24(6), pp.549-559.
- Bayrampour, H., Vinturache, A., Hetherington, E., Lorenzetti, D.L. and Tough, S., 2018. Risk factors for antenatal anxiety: a systematic review of the literature. *Journal of reproductive and infant psychology*, 36(5), pp.476-503.
- Bedaso, A., Adams, J., Peng, W. and Sibbritt, D., 2021. The relationship between social support and mental health problems during pregnancy: a systematic review and meta-analysis. *Reproductive health*, 18(1), pp.1-23.
- Bell AF, Andersson E. 2016. The birth experience and women's postnatal depression: a systematic review. *Midwifery*. 39:112–23
- Biaggi, A., Conroy, S., Pawlby, S. and Pariante, C.M., 2016. Identifying the women at risk of antenatal anxiety and depression: a systematic review. *Journal of affective disorders*, 191, pp.62-77.
- Charis, C. and Panayiotou, G., 2021. *Depression Conceptualization and Treatment*. Springer International Publishing: New York
- Corbett, G., Milne, S., Reagu, S., Mohan, S., Hehir, M., Lindow, S. and Connell, M.O., 2020. *Anxiety and depression scores in maternity healthcare workers during the Covid-19 pandemic*. Authorea Preprints.
- Dadras, O., Nakayama, T., Kihara, M., Ono-Kihara, M., Seyedalinaghi, S. and Dadras, F., 2021. The prevalence and associated factors of adverse pregnancy outcomes among Afghan women in Iran; Findings from community-based survey. *Plos one*, 16(1), p.e0245007.
- Davis, E.P. and Narayan, A.J., 2020. Pregnancy as a period of risk, adaptation, and resilience for mothers and infants. *Development and psychopathology*, 32(5), pp.1625-1639.
- Dennis CL, Falah-Hassani K, Shiri R. 2017. Prevalence of antenatal and postnatal anxiety: systematic review and meta-analysis. *Br J Psychiatry*. 210:315–23.
- Depkes RI. 2008. *Audit Maternal Perinatal*. Jakarta.
- Erhuma, A.M., 2021. The Interaction between Maternal and Fetal Hypothalamic–Pituitary–Adrenal Axes. *Corticosteroids: A Paradigmatic Drug Class*, 6, p.1.
- Estrin, G.L., Ryan, E.G., Trevillion, K., Demilew, J., Bick, D., Pickles, A. and Howard, L.M., 2019. *Young pregnant women and risk for mental disorders: findings from an early pregnancy cohort*. *BJPsych Open*, 5(2).

- Field T. 2018. Postnatal anxiety prevalence, predictors and effects on development: a narrative review. *Infant Behav Dev.* 51:24–32.
- Fowler J. R., Mahdy H., Jack B. 2022. *Pregnancy.*: StatPearls Publishing.
- Ghimire, U., Papabathini, S.S., Kawuki, J., Obore, N. and Musa, T.H., 2021. Depression during pregnancy and the risk of low birth weight, preterm birth and intrauterine growth restriction-an updated meta-analysis. *Early Human Development*, 152, p.105243.
- Grumi, S., Provenzi, L., Accorsi, P., Biasucci, G., Cavallini, A., Decembrino, L., Falcone, R., Fazzi, E.M., Gardella, B., Giaccherio, R. and Guerini, P., 2021. Depression and anxiety in mothers who were pregnant during the COVID-19 outbreak in northern Italy: The role of pandemic-related emotional stress and perceived social support. *Frontiers in Psychiatry*, 12.
- Guardino CM, Schetter CD. 2014. Coping during pregnancy: a systematic review and recommendations. *Health Psychol Rev.* 8:70–94.
- Hoang, S., 2014. Pregnancy and anxiety. *International Journal of Childbirth Education*, 29(1), p.67.
- Howard, L.M. and Khalifeh, H., 2020. Perinatal mental health: a review of progress and challenges. *World Psychiatry*, 19(3), pp.313-327.
- Husna, R.K.N., Yanti, Y. and Laila, A., 2018. Faktor Yang Berhubungan Dengan Kejadian Depresi Antenatal Pada Ibu Hamil Di Bidan Praktik Mandiri (Bpm) Kota Pekanbaru Tahun 2017. *Jurnal Ibu Dan Anak*, 6(1), pp.17-25.
- Jha, S., Salve, H.R., Goswami, K., Sagar, R. and Kant, S., 2018. Burden of common mental disorders among pregnant women: A systematic review. *Asian journal of psychiatry*, 36, pp.46-53.
- Jha, S., Salve, H.R., Goswami, K., Sagar, R. and Kant, S., 2021. Prevalence of Common Mental Disorders among pregnant women—Evidence from population-based study in rural Haryana, India. *Journal of Family Medicine and Primary Care*, 10(6), p.2319.
- Joseph, D.N. and Whirledge, S., 2017. Stress and the HPA axis: balancing homeostasis and fertility. *International journal of molecular sciences*, 18(10), p.2224.
- Khoury, J.E., Atkinson, L., Bennett, T., Jack, S.M. and Gonzalez, A., 2021. COVID-19 and mental health during pregnancy: The importance of cognitive appraisal and social support. *Journal of affective disorders*, 282, pp.1161-1169.
- Kusum, M.S. and Suryakantha, A.H., 2013. A study on mental health status among pregnant women and the social factors influencing. *Indian Journal of Public Health Research & Development*, 4(4), p.79.
- Lestary, E.A., Kurnaisih, E. and Multazam, A.M., 2021. Pengaruh Temu Wicara dengan Leaflet terhadap Tingkat Kecemasan Ibu Hamil dalam Menghadapi Persalinan di Masa Pandemi

- Covid-19 di RSUD Daya Makassar: The Effect of Dialogue with Leaflets on Anxiety Levels of Pregnant Women During Childbirth in the Covid-19 Pandemic Period at Daya Makassar Hospital. *Journal of Muslim Community Health*, 2(4), pp.18-27.
- López-Morales H, Del Valle MV, Canet-Juric L, Andrés ML, Galli JI, Poó F, et al. 2021. Mental health of pregnant women during the COVID-19 pandemic: a longitudinal study. *Psychiatry Res.* 295:113567.
- Lubis, N. L. 2016. *Depresi dan Tinjauan Psikologis*. Jakarta: Jakarta: Prenada Media Group.
- Machado, M.M.T., Rocha, H.A.L., Castro, M.C., Sampaio, E.G.M., Oliveira, F.A., Silva, J.P.F.D., Aquino, C.M.D., Sousa, L.D.A.R.D., Carvalho, F.H.C., Altafim, E.R.P. and Correia, L.L., 2021. COVID-19 and mental health of pregnant women in Ceará, Brazil. *Revista de Saúde Pública*, 55.
- Magfirah, L. & Nopa Arlianti, A., 2022. Hubungan Dukungan Keluarga Dan Masyarakat Dengan Tingkat Kecemasan Ibu Hamil Dalam Menghadapi Persiapan Persalinan Pada Saat Pandemi Covid-19 Di Wilayah Kerja PUSKESMAS Ingin Jaya Kabupaten Aceh Besar. *Journal of Health and Medical Science*, pp.164-172.
- Mamuroh, L., Sukmawati. And Restu W. 2019. Pengetahuan Ibu Hamil Tentang Gizi Selama Kehamilan Pada Salah Satu Desa Di Kabupaten Garut. *Jurnal Ilmiah Keperawatan Sai Betik*. Volume 15, No. 1.
- Marcelina, L.A., Rachmawati, I.N. and Ungsianik, T., 2019. Dissatisfaction with the husband support increases childbirth fear among Indonesian primigravida. *Enfermeria clinica*, 29, pp.379-383.
- Martini, J., Petzoldt, J., Einsle, F., Beesdo-Baum, K., Höfler, M., Wittchen, H., 2015. Riskfactors and course patterns of anxiety and depressive disorders during pregnancy and after delivery: a prospective-longitudinal study. *J. Affect. Disord.* 175, 385–395.
- Masyuni, P.U.S., Nata, I.W.S. and Aryani, P., Kejadian Depresi Pada Ibu Hamil Di Wilayah Kerja Puskesmas 1 Negara, Kabupaten Jembrana Tahun 2017. *E-Jurnal Medika*, 8 (4), pp 1-8
- Meltzer-Brody, S., 2022. New insights into perinatal depression: pathogenesis and treatment during pregnancy and postpartum. *Dialogues in clinical neuroscience*.
- Misrawati, & Afiyanti, Y 2020, 'Antenatal depression and its associated factors among pregnant women in Jakarta, Indonesia', *Enfermeria Clinica*, vol. 30, pp. 96-101.
- Morikawa M, Okada T, Ando M, Aleksic B, Kunimoto S, Nakamura Y, Kubota C, Uno Y, Tamaji A, Hayakawa N, et al. 2015. Relationship between social support during pregnancy and postpartum depressive state: a prospective cohort study. *Sci Rep.* 5:10520
- Nath, A., Murthy, G.V.S., Babu, G.R. and Di Renzo, G.C., 2017. Effect of prenatal exposure to maternal cortisol and psychological distress on infant development in Bengaluru, southern India: a prospective cohort study. *BMC psychiatry*, 17(1), pp.1-6.

- Nieuwenhuijsen, M.J., Dadvand, P., Grellier, J. *et al.* 2013. Environmental risk factors of pregnancy outcomes: a summary of recent meta-analyses of epidemiological studies. *Environ Health* 12, 6.
- Nurdianto,A.R., Nurdianto,R.F., Febiyanti,D.A. (2020). Studi Klinis Infeksi COVID-19 pada Kehamilan dengan Insulin Dependent Diabetes Mellitus (IDDM). *Jurnal Ilmiah Kedokteran Wijaya Kusuma* 9(2) : 229-244
- Nwafor, J.I., Okedo-Alex, I.N. and Ikeotuonye, A.C., 2021. Prevalence and predictors of depression, anxiety, and stress symptoms among pregnant women during COVID-19-related lockdown in Abakaliki, Nigeria. *Malawi Medical Journal*, 33(1), pp.54-58.
- Pangesti, W.D., 2018. Adaptasi Psikologis Ibu Hamil Dalam Pencapaian Peran Sebagai Ibu Di Puskesmas Kembaran Ii Kabupaten Banyumas. *Viva Medika: Jurnal Kesehatan, Kebidanan dan Keperawatan*, 11(2), pp.13-21.
- Provenzi L, Mambretti F, Villa M, Grumi S, Citterio A, Bertazzoli E, et al. 2021. Hidden pandemic: COVID-19-related stress, SLC6A4 methylation, and infants' temperament at 3 months. *Sci Rep*. 11:15658.
- Qiu, J., Shen, B., Zhao, M., Wang, Z., Xie, B. and Xu, Y., 2020. A nationwide survey of psychological distress among Chinese people in the COVID-19 epidemic: implications and policy recommendations. *General psychiatry*. 33(2).
- Rahmawati, R., Putra, A.P., Lestari, D.J. and Saripudin, M., 2020, November. Ritual budaya selama kehamilan di indonesia sebagai bentuk local wisdom dukungan sosial. In *Prosiding Seminar Nasional Pendidikan FKIP* (Vol. 3, No. 1, pp. 502-514).
- Rashid, A. and Mohd, R., 2017. Poor social support as a risk factor for antenatal depressive symptoms among women attending public antennal clinics in Penang, Malaysia. *Reproductive health*, 14(1), pp.1-8.
- Riaz, S. & Riaz, M.N., 2020. Prenatal psychiatric symptoms as predictors of postnatal anxiety and depression among primary and multi-gravida women. *J Pak Med Assoc*, 70(12 (A), pp.2138-2142.
- Roberts, T., Miguel Esponda, G., Krupchanka, D., Shidhaye, R., Patel, V. and Rathod, S., 2018. Factors associated with health service utilisation for common mental disorders: a systematic review. *BMC psychiatry*, 18(1), pp.1-19.
- Sadock, B., Sadock, V. & Ruiz, P. 2017. Kaplan and Sadock's *Comprehensive Textbook of Psychiatry*. 10th Eds. © Wolters Kluwer Health.
- Sadock, B., Sadock, V. & Ruiz, P. 2017. Kaplan and Sadock's *Comprehensive Textbook of Psychiatry*. 10th Eds. © Wolters Kluwer Health.
- Salehi, L., Rahimzadeh, M., Molaei, E., Zaheri, H. and Esmaelzadeh-Saeieh, S., 2020. The relationship among fear and anxiety of COVID-19, pregnancy experience, and mental

- health disorder in pregnant women: A structural equation model. *Brain and behavior*, 10(11), p.e01835.
- Shams, L., Tajik, M., Heidari, P., Nasiri, T. and Mohammadshahi, M., 2022. Quality of life of Iranian and Afghan pregnant women in rural Iran. *Ann Ig*, 34(1), pp.70-78.
- Spry, E.A., Wilson, C.A., Middleton, M., Moreno-Betancur, M., Doyle, L.W., Howard, L.M., Hannan, A.J., Wlodek, M.E., Cheong, J.L., Hines, L.A. and Coffey, C., 2020. Parental mental health before and during pregnancy and offspring birth outcomes: A 20-year preconception cohort of maternal and paternal exposure. *EClinicalMedicine*, 27, p.100564.
- Tang, X., Lu, Z., Hu, D. and Zhong, X., 2019. Influencing factors for prenatal stress, anxiety and depression in early pregnancy among women in Chongqing, China. *Journal of affective disorders*, 253, pp.292-302.
- Tantona, M.D., 2020. Anxiety Disorders In Pregnant Women During Covid-19 Pandemic. *Jurnal Penelitian Perawat Profesional*, 2(4), pp.381-392.
- Thompson LA, Rasmussen SA. 2020. What does the coronavirus disease 2019 (COVID-19) mean for families? *JAMA Pediatr*. 174:628.
- Van den Bergh, B.R., van den Heuvel, M.I., Lahti, M., Braeken, M., de Rooij, S.R., Entringer, S., Hoyer, D., Roseboom, T., Räikkönen, K., King, S. and Schwab, M., 2020. Prenatal developmental origins of behavior and mental health: The influence of maternal stress in pregnancy. *Neuroscience & Biobehavioral Reviews*, 117, pp.26-64.
- Viswasam, Kirupamani; Eslick, Guy D.; Starcevic, Vladan 2019. Prevalence, onset and course of anxiety disorders during pregnancy: A systematic review and meta analysis. *Journal of Affective Disorders*, 255(), 27–40.
- Wang, C., Pan, R., Wan, X., Tan, Y., Xu, L., Ho, C.S. and Ho, R.C., 2020. Immediate psychological responses and associated factors during the initial stage of the 2019 coronavirus disease (COVID-19) epidemic among the general population in China. *International journal of environmental research and public health*, 17(5), p.1729.
- WHO. 2020. Depression and other common mental disorders: Global health estimates. Geneva: World Health Organization.
- Woldetsadik, A.M., Ayele, A.N., Roba, A.E., Haile, G.F. and Mubashir, K., 2019. Prevalence of common mental disorder and associated factors among pregnant women in South-East Ethiopia, 2017: a community based cross-sectional study. *Reproductive health*, 16(1), pp.1-8.
- Zainiyah, Z. and Susanti, E., 2020. *Anxiety in Pregnant Women During Coronavirus (Covid-19) Pandemic in East Java, Indonesia*. *Majalah Kedokteran Bandung*, 52(3), pp.149-153.

Zulaekah, S. and Kusumawati, Y., 2021. Kecemasan sebagai Penyebab Gangguan Kesehatan Mental pada Kehamilan di Layanan Kesehatan Primer Kota Surakarta. *Jurnal Kebidanan dan Keperawatan Aisyiyah*, 17(1).

