

# PROFIL STRATEGI BELAJAR *SELF REGULATED LEARNING* KOMPONEN KOGNITIF DALAM DISKUSI KELOMPOK SELAMA MASA PEMBELAJARAN TATAP MUKA TERBATAS

## ABSTRAK

**Latar Belakang :** Perbedaan karakteristik lingkungan belajar selama masa Pembelajaran Tatap Muka Terbatas (PTMT) dengan masa pandemi Covid-19 dapat mempengaruhi penerapan strategi belajar *self-regulated learning* (SRL) mahasiswa. Informasi mengenai profil penerapan strategi belajar SRL komponen kognitif selama masa PTMT diperlukan dalam mengevaluasi proses belajar melalui diskusi kelompok sebagai metode belajar di fakultas kedokteran di Indonesia.

**Tujuan :** Untuk mengetahui profil strategi belajar SRL komponen kognitif dalam mempersiapkan diskusi kelompok selama masa PTMT.

**Metode :** Penelitian observasional dengan pendekatan deskriptif kuantitatif menggunakan data primer hasil pengisian kuesioner berjudul “Profil Strategi Belajar SRL Dalam Masa PTMT” pada populasi target 359 mahasiswa angkatan 2019, 2020, dan 2021. Analisis univariat penerapan strategi belajar oleh tiap angkatan dan keseluruhan responden pada tiap sub komponen strategi SRL komponen kognitif dan pada tiap jenis frekuensi penerapan disajikan dalam tabel distribusi frekuensi.

**Hasil :** Responden berjumlah 199 orang terdiri dari 70,40% responden perempuan dan 29,60% responden laki - laki dengan rerata usia 19,61 tahun. Sebagian besar responden cukup sering menerapkan strategi belajar *elaboration* sebesar 34,97% (1.670) dan jarang/kadang-kadang menerapkan strategi belajar *rehearsal* sebesar 31,05% (309), *organization* sebesar 31,04% (556) dan *critical thinking* sebesar 36,01% (430) dalam diskusi kelompok PBL.

**Kesimpulan :** Profil strategi belajar SRL komponen kognitif mahasiswa FK Unsoed dalam mempersiapkan diskusi kelompok PBL telah diperoleh dan diperlukan upaya untuk mempertahankan strategi belajar SRL yang telah selalu dan cukup sering diterapkan serta upaya untuk meningkatkan strategi belajar SRL yang masih jarang atau kadang – kadang dan tidak pernah diterapkan.

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**Kata kunci:** kognitif, *problem-based learning*, PTMT, *self-regulated learning*

**PROFILE OF MEDICAL STUDENTS' COGNITIVE SELF-REGULATED  
LEARNING STRATEGIES IN PBL GROUP DISCUSSION DURING THE LIMITED  
FACE-TO-FACE LEARNING PERIOD**

**ABSTRACT**

**Background :** Differences in characteristics of the learning environment during a limited face-to-face learning period (PTMT) with the Covid-19 pandemic period could affect the application of student self-regulated learning (SRL) learning strategies. Information about profile of the application of the cognitive SRL learning strategy during the PTMT period was needed for evaluating the learning process through group discussions as a learning methods in medicine faculty in Indonesia.

**Objective :** To find out the cognitive component of SRL learning strategy profile in preparing group discussions during a PTMT period.

**Methods :** This observational with a quantitative descriptive approach research used primary data from the questionnaire "SRL Learning Strategy Profile in PTMT Period" in the population targets which is 359 students of 2019, 2020, and 2021. Univariate analysis of the application of learning strategies by each batch and all respondents in each sub component of cognitive SRL strategy and each type of application frequency) presented in the frequency distribution table.

**Results :** Respondents numbered 199 people consisting of 70.40% of female respondents and 29.60% of male respondents with an average age of 19.61 years. Most of the respondents quite often implement the elaboration learning strategy by 34.97% (1,670) and rarely/sometimes implement rehearsal learning strategies by 31.05% (309), organization by 31.04% (556) and critical thinking by 36, 01% (430) in the PBL group discussion.

**Conclusion :** Cognitive component of SRL learning strategies profile of FK Unsoed Students in preparing PBL group discussions has been obtained and efforts are needed to maintain SRL learning strategies that have always been or quite often applied and efforts to improve SRL learning strategies that are still rare or sometimes and never applied.

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**Keywords :** cognitive, problem-based learning, PTMT, self-regulated learning