

CHAPTER V CONCLUSION AND RECOMMENDATION

A. Conclusion

Based on research results of the influence of pergiene care application toward knowledge and attitude among adolescent girls about perineal hygiene to prevent vaginal discharge are as follows:

1. The median age in the intervention group is 13 and the median age in the control group is 13.5. The majority of respondents were at VII grade 37 female students (44%).
2. There was a significant difference between the knowledge and attitude scores on the pretest and posttest in the intervention group.
3. There was no significant difference between the knowledge and attitude scores on the pretest and posttest in the control group.
4. There were significant differences in the knowledge and attitude scores on the posttest between the intervention group and the control group.

B. Recommendation

1. For health institutions

The results of this research can be developed as a media for health education by health workers, especially for nurses. Nurses as educators can provide counseling and health promotion services by providing special youth polyclinics at health service such as puskesmas or hospitals.

2. For educational institutions

The results of this research can be used as learning media, especially in maternity nursing.

3. For community

The community can use the application as a source of information and the application can be downloaded for free on the play store. The society expected to be able to understand and apply the material that learned in this media in daily life.

4. For researchers

For future researchers, they can develop application educational media on different topics related to adolescent issues and gain wider target scope, not only for adolescent girls but also for adolescent boys. In addition, future researchers are suggested to consider more carefully regarding the effective educational implementation methods in order to ensure that all participants really learn and understand the educational material.

