

Pengaruh Edukasi Perawatan Gigi Menggunakan *Booklet* terhadap Kesiapan Ibu dalam Merawat Gigi pada Anak Usia *Toddler* di Posyandu Puskesmas Purwokerto Utara II

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Abstrak

Latar Belakang: Masalah kesehatan gigi terutama karies gigi yang tidak segera ditangani pada anak akan menimbulkan rasa sakit atau nyeri bahkan terkadang sulit berkonsentrasi saat belajar, sulit bersosialisasi dan mengganggu proses pengunyahan serta membutuhkan perawatan yang kontinu. Kesiapan merupakan keseluruhan kondisi umum seseorang yang membuatnya bersedia untuk memberi respon atau jawaban dengan cara tertentu terhadap suatu situasi. Penelitian ini bertujuan untuk menganalisis pengaruh edukasi perawatan gigi menggunakan *booklet* terhadap kesiapan ibu dalam merawat gigi pada anak usia *toddler* di Posyandu Puskesmas Purwokerto Utara II.

Metodologi: Penelitian ini menggunakan desain pra eksperimen (*Pre-Experimental Design*) dengan pendekatan *one group pre and posttest design*, pengambilan sampel menggunakan teknik *consecutive sampling* yang berjumlah 35 responden. Instrumen yang digunakan adalah *booklet* dan kuesioner kesiapan ibu dalam merawat gigi. Analisis data menggunakan uji Mc Nemar.

Hasil Penelitian: Hasil penelitian didapatkan terdapat pengaruh yang signifikan edukasi perawatan gigi menggunakan *booklet* ($p < 0,004$) terhadap kesiapan ibu dalam merawat gigi pada anak usia *toddler*.

Kesimpulan: Edukasi perawatan gigi menggunakan *booklet* berpengaruh terhadap kesiapan ibu dalam merawat gigi pada anak usia *toddler* di Posyandu Puskesmas Purwokerto Utara II.

Kata kunci: edukasi, kesiapan, perawatan Gigi

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The Effect of Educational Dental Care Using Booklets on Mother's Readiness in Treating Dental in Toddler Children at Posyandu Puskesmas Purwokerto Utara II

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Abstract

Background: Dental health problems, especially dental caries that are not treated immediately in children will cause pain or pain and sometimes it is even difficult to concentrate while studying, difficult to socialize and interfere with the mastication process and requires continuous care. Readiness is the overall general condition of a person who makes him willing to respond or answer in a certain way to a situation. This study aims to analyze the effect of dental care education using booklets on the readiness of mothers to treat teeth in toddlers at Posyandu Puskesmas Purwokerto Utara II.

Methodology: This study used a pre-experimental design with a one group pre and posttest design approach, taking samples using s consecutive sampling technique with a total of 35 respondents. The instruments used were a booklet and a questionnaire on the readiness of mothers to treat their teeth. Data analysis used the Mc Nemar test.

Results: The results of the study found that there was a significant effect of dental care education using booklets ($p=0,004$) on the readiness of mothers to treat teeth in toddlers.

Conclusion: Dental care education using booklets has an effect on mother's readiness to care for teeth in toddler aged children at Posyandu Puskesmas Purwokerto Utara II.

Keywords: dental care, education, readiness

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