

CHAPTER V CONCLUSIONS AND RECOMMENDATIONS

A. Conclusion

Respondents in this study were mostly early elderly, mostly Muslim, had only completed elementary school, were unemployed, and the most diagnosed stage was stage 3. The majority of respondents had a high level of spiritual need. The level of spiritual needs showed a significant relationship with chronic pain (pain severity index and functional impairment) in breast cancer patients.

B. Recommendations

1. For families and breast cancer patients

Families can pay more attention to patients' spiritual needs, such as observing the patient's sense of security and peace when surrounded by loved ones and praying together for the disease's healing.

2. For health institutions

a. Fulfillment of spiritual needs can be carried out intensively in a health service, one of which is a religious approach so that patients can feel that life is very meaningful and valuable.

b. The procedure for applying for a code of ethics in the hospital can be further scrutinized by the hospital commission so that research conducted by researchers can be carried out in accordance with established research procedures.

c. For additional researchers

Future researchers can conduct further research by examining other factors such as pain experience, pain duration, which may be influenced by spiritual needs.