

CHAPTER V

CONCLUSION AND RECOMMENDATION

This chapter is divided into two parts: the conclusion and the recommendation. The first part is concluding the discussion about the results of Luca's friendship as the self-actualization process in *Luca (2021)* film. The second part is recommendation, which includes some ideas for future research.

5.1. Conclusion

To answer the research question, how is friendship as Luca's self-actualization process depicted in *Luca (2021)*, Maslow theory of self-actualization is used as the main theory of this research. Based on the theory, it is found that Luca achieves self-actualization through his friendship. According to Wood (2013), individuals make friends based on three factors, namely trust, intimacy, and support. Additionally, these three aspects are essential for establishing friendships. The three factors of friendship that Luca establishes, namely expressing mutual trust, revealing mutual affection, and providing support.

Furthermore, Luca's friendships also serve as a means for Luca to achieve self-actualization. Nevertheless, a person must first meet his or her fundamental human needs in order to achieve self-actualization, which includes psychology, security, love and belonging, self-esteem, and finally self-actualization requirements. In this research, it was discovered that Luca's family was unable to satisfy his demands for love and belonging, self-esteem needs, and self- self-actualization, yet Luca's friendship with Alberto and Giulia could allow him to

satisfy this need. Hence, through his friendship Luca experience self-actualization. There are six characteristics revealed by Luca in actualizing himself.

Firstly, Luca becomes realistic person. He is able to see things and people around the world objectively. Also, he tends to be optimistic and understands the importance of carefully considering how to overcome challenges and strategizing as someone who is not very good at riding a bicycle. As a result, Luca become more confident in his own abilities to do tasks due to this preparation. He is highly aware of the need to work harder in order to ride his bike quicker than the Porto Rosso children. Therefore, Luca is able to see things as they really are.

Secondly, being self-confident as a sea monster. Luca, who initially hid his true identity as a sea monster, begins to dare to accept himself as he is and becomes proud of being a sea monster. Luca also gains the ability to accept others for who they are while going through the self-actualization process through friendship. He observed the way Alberto treated him. Thus, he understands and accepts the shortcomings of himself and those around him.

Then, as a self-actualization person, Luca has become attentive to other's characteristic. As a self-actualization person who is attentive to other's characteristic, Luca has realized that he loves everyone and everything around him. He shows a great sense of empathy and compassion to all humans, particularly those who close to him. He did everything he could to make those around him experience the love that should be received and given to others.

The next one is having interpersonal connection. As a person who fulfill his interpersonal connection characteristics, Luca's connection with his friend, Alberto and Giulia can be described as a long-lasting relationship which not everyone can achieve. Luca is aware that having friends is not about having a lot of them but rather having good ones. An intense, close friendship over a superficial one is what he prefers. Luca has a strong understanding of love.

Willing to learn from anyone is the next characteristic. Luca had no set boundaries on establishing relationships with individuals, such as socioeconomic status, education level, political or religious connection, race, or color. Luca has a strong desire to learn from others, regardless of their gender and social position. Everyone is distinctive in their own way. The experiences that shape people are the source of this individuality. The knowledge and inspiration he gained from other people's experiences will help him in the future so he will have no regrets about his choices.

The last form of Luca's self-actualization is reaching peak achievement. Luca found his peak achievement when he became the winner in the Porto Rosso Cup with the underdogs team. He has the capacity to fulfill his potential through his friendship. He made the decision to develop into someone who is not afraid of humans. He has gained a fundamental understanding of himself from each experience he has had throughout his life.

In conclusion, in the film, Luca is portrayed as a person who is able to achieve self-actualization. He can make the most of his talents, capacities, and

potentials to achieve his dreams. He gains the means to make his choice and believes he can carry out the choices he makes. He is free to choose his own path. Luca is psychologically healthy because throughout his life he strived to achieve the full development of his human potential voluntarily, and he deliberately plans to become a person who dynamically develops his character as an individual through his friendships.

5.2. Recommendation

There are two recommendations emerged while conducting this research which may be made for further researches. The first one is the use of representation theory to examine the same object of this current research, *Luca (2021)* film. The second one is the use of the self-development theory to examine *Luca (2021)* film. Those who are interested in conducting research related to this object study may find these suggestions beneficial.

Many topics of *Luca (2021)* film have still not been thoroughly explored. For instance, future researchers can examine the representation of friendship in *Luca (2021)* film. Future researchers can find out how friendship is represented in the film. This research can be useful for expanding the scope of research from the *Luca (2021)* film, especially in the field of literary studies.

In addition, future researchers can use the self-development theory to create new studies based on the *Luca (2021)* film. To examine how Luca's personality changes as he approaches adolescence, this theory can be applied. This study may

help expand the field of study for *Luca (2021)* film, particularly in the area of psychology in literature.

