

**KORELASI ANTARA INISIASI MENYUSU DINI (IMD) DAN
PEMBERIAN ASI EKSLUSIF DENGAN PERKEMBANGAN MOTORIK
KASAR ANAK BALITA *STUNTING* DI KABUPATEN BANYUMAS**

ABSTRAK

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Latar Belakang: Perkembangan motorik kasar adalah kemampuan anak menggerakkan otot-otot besarnya seperti lari, jalan, lompat, melempar, dan lain-lain. Stunting dapat disebabkan oleh beberapa faktor salah satunya tidak dilakukan Inisiasi Menyusu Dini (IMD) dan Air Susu Ibu eksklusif (ASI eksklusif). Penelitian ini bertujuan untuk mengetahui hubungan antara IMD dan ASI eksklusif dengan perkembangan motorik kasar balita *stunting* di Kabupaten Banyumas.

Metode: Jenis penelitian yang dilakukan bersifat observasional dengan pendekatan *cross sectional* dan pengumpulan data dilakukan dengan kuesioner dan pemeriksaan perkembangan secara langsung. Populasi pada penelitian ini menggunakan *total sampling* yakni sebanyak 138 sampel Balita di Wilayah Puskesmas Purwokerto Timur 1, Purwokerto Timur II dan Puskesmas Kembaran I. Teknik analisis data menggunakan uji Koefisien kontingensi.

Hasil: Dihadirkan bahwa dari 138 responden, sebanyak 54 responden tidak dilakukan IMD, 106 responden tidak diberikan ASI eksklusif, dan 116 responden memiliki perkembangan motorik kasar normal. Analisis bivariat uji Koefisien kontingensi antara IMD dan perkembangan motorik kasar diperoleh nilai $p\ value = 0,264$ ($p > 0,05$) yang menunjukkan tidak adanya hubungan yang signifikan; ASI eksklusif dan perkembangan motorik kasar diperoleh $p\ value = 0,528$ ($p > 0,05$) yang menunjukkan tidak adanya hubungan yang signifikan.

Kesimpulan: Tidak ada hubungan antara IMD dengan perkembangan motorik kasar anak *stunting* di Kabupaten Banyumas; tidak ada hubungan antara ASI eksklusif dengan perkembangan motorik kasar anak *stunting* di Kabupaten Banyumas.

Kata kunci: IMD, ASI Eksklusif, Perkembangan Motorik Kasar, *Stunting*

THE CORRELATION BETWEEN EARLY BREASTFEEDING INITIATION (EBI) AND EXCLUSIVE BREASTFEEDING WITH THE GROSS MOTOR DEVELOPMENT OF STUNTING TODDLERS IN THE BANYUMAS REGENCY

ABSTRACT

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Background of the Study: Gross motor development is the ability of children to move their large muscles, such as running, walking, jumping, throwing, and others. Stunting can be caused by several factors, such as not doing Early Breastfeeding Initiation (EBI) and exclusive Breastfeeding. This study aims to determine the relationship between Early Breastfeeding Initiation (EBI) and exclusive Breastfeeding with the gross motor development of stunting toddlers in Banyumas Regency.

Method: The research was observational with a cross-sectional approach, and data collection was conducted by questionnaire and direct developmental observation. The study population used total sampling, which was 138 samples of toddlers in the East Purwokerto I, East Purwokerto II, and Kembaran I Puskesmas areas. The technique of data analysis used the Coefficient of contingency test.

Results: It was found that out of 138 respondents, 54 respondents were not given Early Breastfeeding Initiation (EBI), 106 respondents were not given exclusive breastfeeding, and 116 respondents had normal gross motor development. Bivariate analysis of the contingency coefficient test between Early Breastfeeding Initiation (EBI) and gross motor development obtained a value of p value = 0,264 ($p > 0,05$), which showed there was no significant relationship; exclusive breastfeeding and gross motor development obtained the value of p value = 0,528 ($p > 0,05$) which indicated there was no significant relationship.

Conclusions: There was no correlation between Early Breastfeeding Initiation (EBI) and gross motor development of stunting children in Banyumas Regency; there was no correlation between exclusive breastfeeding and gross motor development of stunting children in Banyumas Regency.

Keywords: EBI, Exclusive Breastfeeding, Gross Motor Development, Stunting