

## Abstrak

### **PENGARUH *FAMILY ROUND* TERHADAP SKOR KECEMASAN KELUARGA PASIEN DENGAN PENYAKIT JANTUNG KORONER (PJK) DI RUANG ICU RSUD CILACAP**

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**Latar Belakang :** Penyakit jantung koroner (PJK) sering membutuhkan perawatan kritis di ICU yang dapat menyebabkan kecemasan bagi pasien dan keluarga. Kecemasan ini harus segera diatasi dan *family round* diujicobakan untuk menurunkan kecemasan.

**Metodologi :** Desain penelitian yang digunakan yaitu *quasy experimental pre test-post test with control group design* dengan menggunakan *purposive sampling* terhadap 32 responden yang diuji menggunakan *paired t-test* dan *independent t-test*.

**Hasil Penelitian :** Terdapat perbedaan yang bermakna antara skor kecemasan *pre test* dan *post test* pada kelompok intervensi ( $p < 0,001$ ) dan kelompok kontrol ( $p < 0,001$ ). Terdapat perbedaan penurunan skor kecemasan yang bermakna antara kelompok intervensi dan kontrol ( $p < 0,001$ ).

**Kesimpulan :** *Family round* menurunkan skor kecemasan keluarga pasien PJK

**Kata Kunci :** *Family round*, ICU, kecemasan, PJK.

## Abstract

### THE EFFECT OF FAMILY ROUND ON ANXIETY SCORES OF PATIENT FAMILIES WITH CORONER HEART DISEASE (CHD) IN CILACAP LOCAL GENERAL HOSPITAL ICU

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**Background:** Coronary heart disease (CHD) often requires critical care in the ICU which can cause anxiety for patients and families. This anxiety must be overcome immediately and family round tested to reduce anxiety.

**Methodology:** The research design used was quasy experimental pre test-post test with control group design using purposive sampling on 32 respondents who were tested using paired t-test and independent t-test.

**Results:** There were significant differences between the anxiety scores pre test and post test in the intervention group ( $p < 0.001$ ) and the control group ( $p < 0.001$ ). There was a difference in the decrease in meaningful anxiety scores between the intervention and control groups ( $p < 0.001$ ).

**Conclusion:** Family round decreases anxiety score in CHD patients family

**Keywords:** Anxiety, CHD, Family round, ICU.