

## Abstrak

### HUBUNGAN PENGETAHUAN DENGAN SIKAP KADER TERHADAP PEMBERIAN ASI EKSKLUSIF PADA MASA TRANSISI PASCA PANDEMI COVID-19

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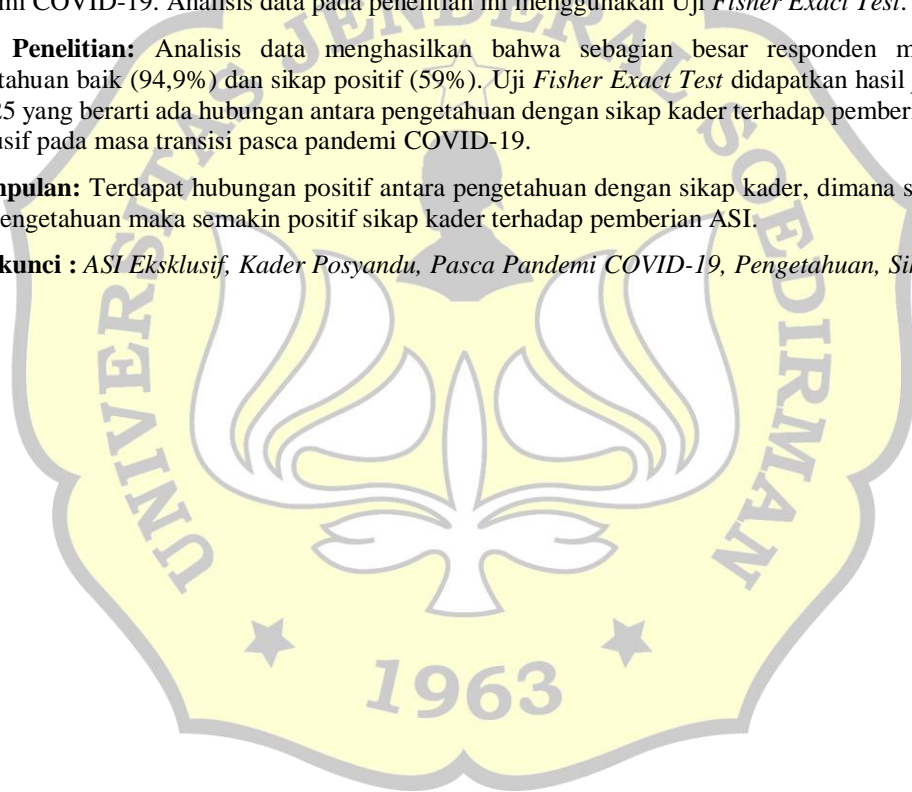
**Latar Belakang :** Pada masa transisi pasca pandemi COVID-19, kader berperan sebagai perpanjangan tangan pihak puskesmas dalam penyampaian informasi ASI eksklusif kepada ibu hamil ataupun ibu menyusui. Dengan demikian, kader perlu memiliki pengetahuan dan sikap untuk mendukung kegiatan tersebut. Oleh karena itu peneliti ingin mengetahui hubungan pengetahuan dengan sikap kader terhadap pemberian ASI eksklusif pada masa transisi pasca pandemi COVID-19.

**Metodologi:** Penelitian ini menggunakan desain *cross sectional*. Lokasi penelitian berada di Wilayah Kerja Puskesmas Purwokerto Utara II. Sampel penelitian ini adalah 78 kader posyandu yang diambil dengan menggunakan teknik *convenience sampling*. Instrumen yang digunakan yaitu kuesioner pengetahuan dan sikap kader terkait pemberian ASI eksklusif pada masa transisi pasca pandemi COVID-19. Analisis data pada penelitian ini menggunakan Uji *Fisher Exact Test*.

**Hasil Penelitian:** Analisis data menghasilkan bahwa sebagian besar responden memiliki pengetahuan baik (94,9%) dan sikap positif (59%). Uji *Fisher Exact Test* didapatkan hasil *p-value* = 0,025 yang berarti ada hubungan antara pengetahuan dengan sikap kader terhadap pemberian ASI eksklusif pada masa transisi pasca pandemi COVID-19.

**Kesimpulan:** Terdapat hubungan positif antara pengetahuan dengan sikap kader, dimana semakin baik pengetahuan maka semakin positif sikap kader terhadap pemberian ASI.

**Kata kunci :** *ASI Eksklusif, Kader Posyandu, Pasca Pandemi COVID-19, Pengetahuan, Sikap*



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## Abstract

### THE RELATIONSHIP OF KNOWLEDGE AND CADRES ATTITUDE TOWARDS EXCLUSIVE BREASTFEEDING DURING THE TRANSITION PERIOD POST COVID-19 PANDEMI

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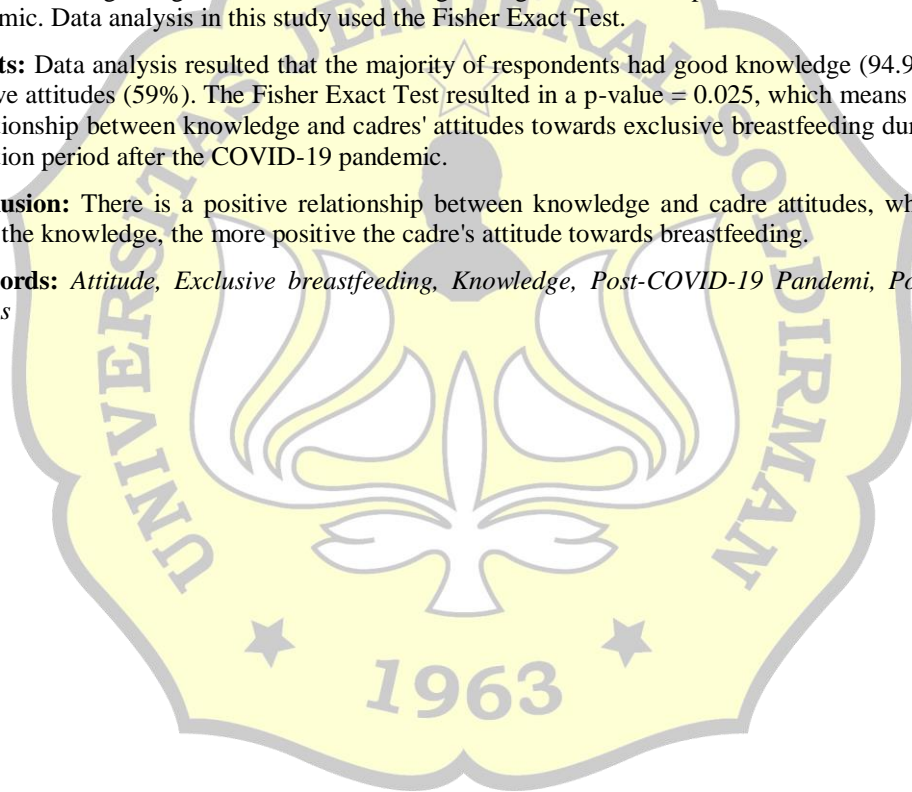
**Background:** During the transition period after the COVID-19 pandemic, cadres act as an extension of the community health center in conveying exclusive breastfeeding information to pregnant and breastfeeding mothers. Thus, cadres need to have the knowledge and attitudes to support these activities. Therefore, researchers want to know the relationship between knowledge and cadres' attitudes towards exclusive breastfeeding during the transition period after the COVID-19 pandemic.

**Methods:** This study used a cross sectional design. The research location is in the North Purwokerto II Community Health Center. The sample for this research was 78 posyandu cadres taken using convenience sampling techniques. The instrument used was a questionnaire on cadres' knowledge and attitudes regarding exclusive breastfeeding during the transition period after the COVID-19 pandemic. Data analysis in this study used the Fisher Exact Test.

**Results:** Data analysis resulted that the majority of respondents had good knowledge (94.9%) and positive attitudes (59%). The Fisher Exact Test resulted in a p-value = 0.025, which means there is a relationship between knowledge and cadres' attitudes towards exclusive breastfeeding during the transition period after the COVID-19 pandemic.

**Conclusion:** There is a positive relationship between knowledge and cadre attitudes, where the better the knowledge, the more positive the cadre's attitude towards breastfeeding.

**Keywords:** *Attitude, Exclusive breastfeeding, Knowledge, Post-COVID-19 Pandemi, Posyandu Cadres*



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