

## ABSTRAK

Rahmahati, Laisia. 2023. Kepribadian Tokoh Utama pada Novel *Laut Tengah* Karya Berliana Kimberly (Kajian Psikologi Sastra). Skripsi. Purwokerto; Fakultas Ilmu Budaya Universitas Jenderal Soedirman.

Penelitian ini merupakan penelitian sastra yang dilatarbelakangi oleh permasalahan bahwa terdapat berbagai bentuk kepribadian pada tokoh utama pada novel *Laut Tengah* karya Berliana Kimberly, sehingga perlu diungkap kepribadiannya karena terdapat struktur kepribadian seperti ketidaksadaran pribadi dan ketidaksadaran kolektif. Penelitian ini bertujuan mendeskripsikan kepribadian tokoh utama dari struktur kepribadian ketidaksadaran pribadi dan kolektif. Bentuk penelitian ini adalah deskriptif kualitatif dengan data penelitian berupa tipe kompleks kepribadian dan tipe arketipe kepribadian. Peneliti mengumpulkan data penelitian menggunakan metode simak catat dan studi pustaka. Data dianalisis dengan cara melakukan penafsiran, memilah, dan mengkategorikan data, membuat tabel rangkuman pemunculan data, melakukan interpretasi data, dan inferensi. Kemudian, peneliti melakukan verifikasi data yaitu memastikan hasil analisis data menggunakan triangulasi teori. Hasil analisis data menunjukkan bahwa tokoh utama memiliki 5 tipe kompleks kepribadian, yaitu perasaan, pikiran, persepsi, ingatan-ingatan, dan mimpi/khayalan. Tipe kompleks yang paling dominan yaitu ingatan-ingatan. Tipe kompleks ingatan menunjukkan adanya kisah perjalanan hidup tokoh utama yang selalu memandang kejadian di masa lalu, sehingga menunjukkan adanya sifat *inner child* pada tokoh utama. Disisi lain, tipe arketipe pembentuk kepribadian tokoh utama memiliki 4 tipe yaitu persona, anima/animus, Bayangan, dan diri. Tipe yang paling dominan adalah persona. Persona pada tokoh utama yaitu sebab adanya trauma di masa lalu atau disebut *inner child*, menyebabkan tokoh utama selalu berusaha menutupi segala sifat traumanya dalam kehidupannya.

**Kata kunci :** Kepribadian, psikologi sastra, tokoh utama.

## ABSTRACT

*Rahmahati, Laisia. 2023. Personality of the Main Character in the Mediterranean Novel by Berliana Kimberly (Literary Psychological Study). Thesis. Purwokerto; Faculty of Cultural Sciences, Jenderal Soedirman University.*

*This research is literary research which is motivated by the problem that there are various forms of personality in the main character in the novel Mediterranean Sea by Berliana Kimberly, so it is necessary to reveal his personality because there are personality structures such as the personal unconscious and the collective unconscious. This research aims to describe the personality of the main character from the personality structure of the personal and collective unconscious. The form of this research is descriptive qualitative with research data in the form of personality complex types and personality archetypes. Researchers collected research data using note-taking and literature study methods. Data is analyzed by interpreting, sorting and categorizing data, creating a summary table of data appearance, interpreting data, and inferring. Then, the researcher carried out data verification, namely ensuring the results of data analysis using theoretical triangulation. The results of data analysis show that the main character has 5 complex types of personality, namely feelings, thoughts, perceptions, memories, and dreams/delusions. The most dominant type of complex is memories. The complex type of memory shows that there is a story about the main character's life journey which always looks at events in the past, thus showing the existence of an inner child in the main character. On the other hand, the archetypes that form the main character's personality have 4 types, namely persona, anima/animus, shadow, and self. The most dominant type is persona. The persona of the main character is due to trauma in the past or what is called an inner child, causing the main character to always try to cover up all the nature of his trauma in his life.*

**Keywords:** *Personality, literary psychology, main character.*