

Abstrak

PENGARUH MEDIA TOILET REWARD CHART (TRC) TERHADAP SKOR KEBERHASILAN TOILET TRAINING PADA ANAK TODDLER DI KELURAHAN TELUK

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Latar Belakang : Anak *toddler* akan melewati fase *toilet training*. Fase ini masih banyak ditemukan kegagalan sehingga diperlukan bentuk *operant conditioning* melalui penerapan media *Toilet Reward Chart (TRC)*. Penelitian ini bertujuan untuk mengetahui pengaruh media TRC terhadap skor keberhasilan *toilet training* pada *toddler*.

Metodologi : Desain penelitian ini *True Experiment* dengan penentuan kelompok kontrol dan intervensi menggunakan *simple random sampling* sejumlah 25 partisipan setiap kelompok. Analisis statistik menggunakan uji *Paired Sampel T-Test* dan *Independent T-Test*. Intervensi yang diberikan adalah penerapan media TRC selama 4 hari.

Hasil : Anak dominan laki-laki usia 2 tahun, dengan frekuensi berkemih ≥ 6 kali dan penggunaan popok < 8 kali, pengetahuan dan pola asuh ibu atau nenek dominan baik dengan karakteristik pekerjaan ibu dominan ibu rumah tangga. Pada hasil *pretest* dua kelompok tidak ditemukan perbedaan skor keberhasilan *toilet training* sedangkan pada hasil *posttest* dua kelompok ditemukan perbedaan skor keberhasilan *toilet training*.

Kesimpulan : Adanya pengaruh media TRC terhadap skor keberhasilan *toilet training* anak *toddler* atau media TRC dapat menjadi faktor acuan penentu keberhasilan *toilet training* anak *toddler*.

Kata Kunci : *Operant conditioning; Toilet training; TRC; Toddler*

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Abstract

INFLUENCE OF TOILET REWARD CHART (TRC) MEDIA ON TOILET TRAINING SUCCESS SCORE IN TODDLER CHILDREN IN KELURAHAN TELUK

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Background : Toddlers will go through the toilet training phase. There are still many failures found in this phase, so a form of operant conditioning is needed through the application of the Toilet Reward Chart (TRC) media. This research aims to determine the effect of TRC media on toilet training success scores in toddlers.

Method : The research design was True Experiment with the determination of control and intervention groups using simple random sampling with 25 participants in each group. Statistical analysis uses Paired Sample T-Test and Independent T-Test. The intervention given was the application of TRC media for 4 days.

Result : The child is predominantly a boy aged 2 years, with a frequency of urination ≥ 6 times and the use of diapers < 8 times, the knowledge and parenting patterns of the mother or grandmother are dominantly good with the mother's work characteristics being predominantly a housewife. In the pretest results of the two groups, there were no differences in toilet training success scores, while in the posttest results of the two groups, differences in toilet training success scores were found.

Conclusion : The influence of TRC media on the success score of toilet training for toddlers or TRC media can be a reference factor in determining the success of toilet training for toddlers.

Keywords : *Operant conditioning; Toilet training; TRC; Toddler*

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