

DAFTAR PUSTAKA

- Aristoteles. 2018. Korelasi Umur dan Jenis Kelamin dengan Penyakit Hipertensi di Emergency Center Unit Rumah Sakit Islam Siti Khadijah Palimbang 2017. *Indonesia Jurnal Perawat*. Vol 3 (1); 9-16.
- Berkman, N.D., Dewalt, D.A., Pignone, M.P., Sheridan, S.L., Lohr, K.N., Lux, L., Sutton, S.F., Swinson, T. & Bonito, A.J. 2004. Literacy and health outcomes. *Evidence report/technology assessment (Summary)*. (87): 1–8.
- Bhandari, B., Narasimhan, P., Vaidya, A., Subedi, M. & Jayasuriya, R. 2021. Barriers and facilitators for treatment and control of high blood pressure among hypertensive patients in Kathmandu, Nepal: a qualitative study informed by COM-B model of behavior change. *BMC Public Health*. 21(1): 1–14.
- Borzecki, A. M., Glickman, M. E., Kader, B., & Berlowitz, D. R. 2006. The effect of age on hypertension control and management. *American journal of hypertension*. 19(5): 520–527.
- BPJS Kesehatan. 2023. *Info BPJS Kesehatan Edisi 74*. Jakarta, Media BPJS Kesehatan.
- BPJS. 2014. Panduan praktis Prolanis (Program pengelolaan penyakit kronis). *BPJS Kesehatan*.
- Budiman, A., Ismawardani, D., Izzati, R. L., & Alhafiz. (2021). *Info BPJS Kesehatan: Implementasi Prolanis di Masa Pandemi COVID-19*.
- Buchmann, M., Jordan, S., Loer, A.M., Finger, J.D. & Domanska, O.M. 2023. Motivational readiness for physical activity and health literacy results of a cross-sectional survey of the adult population in Germany. : 1–14.
- Chacko, S. & Jeemon, P. 2020. Role of family support and self-care practices in blood pressure control in individuals with hypertension : results from a cross-sectional study in Kollam District , Kerala [version 1 ; peer review : 2 approved]. : 1–15.
- Czerska, I. 2022. Health Literacy and Its Role in Relational Communication with Patients : The Study of Literature and Concepts. . XXV(1): 92–112.
- Darwis, S., Russeng, S.S. & Amiruddin, R. 2021. Intervention based on integration of health literacy and health outcomes in hypertension “a systematic review”. *Open Access Macedonian Journal of Medical Sciences*. 9(F): 486–491.
- Dhungana, R.R., Pedisic, Z., Pandey, A.R., Shrestha, N. & de Courten, M. 2021. Barriers, Enablers and Strategies for the Treatment and Control of Hypertension in Nepal: A Systematic Review. *Frontiers in Cardiovascular Medicine*. 8(October): 1–13.

- Du, S., Zhou, Y., Fu, C., Wang, Y., Du, X., & Xie, R. (2018). Health literacy and health outcomes in hypertension: An integrative review. In *International Journal of Nursing Sciences* (Vol. 5, Issue 3, pp. 301–309). Chinese Nursing Association. <https://doi.org/10.1016/j.ijnss.2018.06.001>
- Egan, B. M., Li, J., Shatat, I. F., Fuller, J. M., & Sinopoli, A. 2014. Closing the gap in hypertension control between younger and older adults: National Health and Nutrition Examination Survey (NHANES) 1988 to 2010. *Circulation*. 129(20): 2052–2061.
- Fryar, C. D., Ostchega, Y., Hales, C. M., Zhang, G., Kruszon-Moran, D. 2017. Hypertension Prevalence and Control Among Adults: Unites States, 2015–2016. *Centers for Disease Control and Prevention, USA*.
- Ghaffari-Fam, S., Sarbazi, E., Ardabili, F., Babazadeh, T., Dargahi, G., & Jafaralilou, H. (2020). The role of health literacy in hypertension control: A cross-sectional study in Iran. *Annali Di Igiene Medicina Preventiva e Di Comunita*, 32(3), 263–273.
- Galson, S.W., Pesambili, M., Vissoci, J.R.N., Manavalan, P., Hertz, J.T., Temu, G., Staton, C.A. & Stanifer, J.W. 2023. Hypertension in an Emergency Department Population in Moshi, Tanzania; A Qualitative Study of Barriers to Hypertension Control. *PLoS ONE*. 18(1 January): 1–14.
- Guthmann, R., Davis, N., Brown, M., Elizondi, J. 2007. Visit Frequency and Hypertension. *The Journal of Clinical Hypertension*. Vol 7 (6): 327 - 332.
- Hall, E., Lee, S. Y., Clark, P. C., & Perilla, J. 2016. Social Ecology of Adherence to Hypertension Treatment in Latino Migrant and Seasonal Farmworkers. *Journal of transcultural nursing : official journal of the Transcultural Nursing Society*. 27(1): 33–41.
- Hamidah, L. Z., Budiarto, W. 2023. Faktor Individu yang Berhubungan dengan Pemanfaatan Prolanis: Scoping Review. *Jurnal Kesehatan Tambusai*. Vol 4 (4).
- Hamrahian, S. M., Maarouf, O. H., & Fülöp, T. 2022. A Critical Review of Medication Adherence in Hypertension: Barriers and Facilitators Clinicians Should Consider. *Patient preference and adherence*. 16: 2749–2757.
- Hegde, S. M., & Solomon, S. D. 2015. Influence of Physical Activity on Hypertension and Cardiac Structure and Function. *Current hypertension reports*. 17(10): 77.
- Heinert, S., Escobar-Schulz, S., Jackson, M., Del Rios, M., Kim, S., Kahkejian, J. & Prendergast, H. 2020. Barriers and Facilitators to Hypertension Control Following Participation in a Church-Based Hypertension Intervention Study. *American Journal of Health Promotion*. 34(1): 52–58.
- Hu, B. & Wu, L. 2021. The Effect of Social Support on Treatment Adherence in

Hypertension in China. : 1953–1961.

- Islam, F. M. A., Islam, M. A., Hosen, M. A., Lambert, E. A., Maddison, R., Lambert, G. W., & Thompson, B. R. 2023. Associations of physical activity levels, and attitudes towards physical activity with blood pressure among adults with high blood pressure in Bangladesh. *PloS one*. 18(2): e0280879.
- Kementerian Kesehatan RI. (2019). *Laporan Nasional Riskesdas 2018 Nasional*. Lembaga Penerbit Badan Penelitian dan Pengembangan Kesehatan.
- Kemntrian Kesehatan RI. (2019). *Hasil Utama Riskesdas 2018*. <http://repository.bkpk.kemkes.go.id/3514/1/Laporan%20Riskesdas%202018%20Nasional.pdf>
- Keshavarzi, M. H., Safaie, S., Faghihi, S. A. A., & Zare, S. 2022. Barriers of physician-patient relationships in professionalism: A qualitative study. *Journal of advances in medical education & professionalism*. 10(3): 199–206.v
- King, C. C., Bartels, C. M., Magnan, E. M., Fink, J. T., Smith, M. A., & Johnson, H. M. 2017. The importance of frequent return visits and hypertension control among US young adults: a multidisciplinary group practice observational study. *Journal of clinical hypertension (Greenwich, Conn.)*. Vol 19(12): 1288–1297.
- Kirkland, E. B., Heincelman, M., Bishu, K. G., Schumann, S. O., Schreiner, A., Axon, R. N., Mauldin, P. D., & Moran, W. P. 2018. Trends in healthcare expenditures among US adults with hypertension: National estimates, 2003-2014. *Journal of the American Heart Association*, 7(11). <https://doi.org/10.1161/JAHA.118.008731>
- Ko, Y., Balasubramanian, T. D., Wong, L., Tan, M. L., Lee, E., Tang, W. E., Chan, S. C., Tan, A. S., & Toh, M. P. 2013. Health literacy and its association with disease knowledge and control in patients with hypertension in Singapore. *International journal of cardiology*. 168(4): e116–e117.
- Kripalani, S. 2010. Health Literacy and the Quality of Physician-Patient Communication During Hospitalization. . 5(5): 269–275.
- Levesque, J. F., Harris, M. F., & Russell, G. (2013). Patient-centred access to health care: Conceptualising access at the interface of health systems and populations. *International Journal for Equity in Health*. 12(1).
- Liu, Chenxi, Wang, D., Liu, Chaojie, Jiang, J., Wang, X., Chen, H., Ju, X. & Zhang, X. 2020. What is the meaning of health literacy? A systematic review and qualitative synthesis. *Family Medicine and Community Health*. 8(2): 1–8.
- Macquart de Terline, D., Kramoh, K. E., Bara Diop, I., Nhavoto, C., Balde, D. M., Ferreira, *et al.* 2020. Poor adherence to medication and salt restriction as a barrier to reaching blood pressure control in patients with hypertension: Cross-

sectional study from 12 sub-Saharan countries. *Archives of cardiovascular diseases*, 113(6-7),433–442.

- Mahiroh, H., Astutik, E., Pratama, R. A. 2019. The Association of Body Mass Index, Physical Activity, and Hypertension in Indonesia. *Fakultas Kesehatan Masyarakat Universitas Airlangga*, Surabaya.
- Margerison, C., Riddell, L. J., McNaughton, S. A., & Nowson, C. A. 2020. Associations between dietary patterns and blood pressure in a sample of Australian adults. *Nutrition journal*. 19(1): 5.
- Maulidina, F., Harmani, N., Suraya, I. 2019. Faktor-Faktor yang Berhubungan dengan Kejadian Hipertensi di Wilayah Kerja Puskesmas Jati Luhur Bekasi Tahun 2018. *ARKESMAS*. Vol 4 (1).
- Meiqari, L., Nguyen, T. P. L., Essink, D., Zweekhorst, M., Wright, P., & Scheele, F. (2019). Access to hypertension care and services in primary health-care settings in Vietnam: a systematic narrative review of existing literature. In *Global Health Action* (Vol. 12, Issue 1). Taylor and Francis Ltd.
- Mills, K.T., Stefanescu, A. & He, J. 2020. The global epidemiology of hypertension. *Nature Reviews Nephrology*. 16(4): 223–237.
- Mohammed Nawi, A., Mohammad, Z., Jetly, K., Abd Razak, M.A., Ramli, N.S., Wan Ibadullah, W.A.H. & Ahmad, N. 2021. The Prevalence and Risk Factors of Hypertension among the Urban Population in Southeast Asian Countries: A Systematic Review and Meta-Analysis. *International Journal of Hypertension*. 2021.
- Moick, S., Sommer, I. & Gartlehner, G. 2023. *Guideline for The Pharmacological Treatment of Hypertension in Adults*. Geneva: World Health Organization.
- Nazmi, Rudolfo, G., Restila, R. & Emytri. 2015. Factors Influencing Health Literacy in Health Service Facilities. *Prosiding Seminar Nasional dan PKM Kesehatan*. 1(1): 303–310.
- Nuraini, B. 2015. Risk Factors of Hypertension. *J MAJORITY*. Vol 4 (5).
- Nutbeam, D. 2008. The evolving concept of health literacy. *Social Science and Medicine*. 67(12): 2072–2078.
- Okai, D.E., Manu, A., Amoah, E.M., Laar, A., Akamah, J. & Torpey, K. 2020. Patient-level factors influencing hypertension control in adults in Accra, Ghana. *BMC Cardiovascular Disorders*. 20(1): 1–7.
- Oliveros, E., Patel, H., Kyung, S., Fugar, S., Goldberg, A., Madan, N., & Williams, K. A. 2020. Hypertension in older adults: Assessment, management, and challenges. *Clinical cardiology*. 43(2): 99–107.
- Pangandaman, H., Mukattil, N., Macalnas, A., Organia, E.G., Pangandaman, H.K.,

- Adap, D.M., Hope, J., Lambayong, C., Mukattil, N.P., Macarambon, R.D., Macalnas, A.D., Alauya-Dica, A.A., Sadang, J.M., Carl, P., Mejia, G. & Info, A. 2019. A Systematic Review On The Effectiveness Of Lifestyle Modifications In The Management Of Hypertension. *International Journal of Health Medicine and Current Research*. 4(04): 1550–1564.
- Parchman, M. L., Pugh, J. A., Noël, P. H., & Larme, A. C. 2002. Continuity of care, self-management behaviors, and glucose control in patients with type 2 diabetes. *Medical care*. 40(2): 137–144.
- Putri, G., Agustina, R., Mustofa, F. L. 2020. Sosiodemografi dengan Kepatuhan Peserta Prolanis Di Puskesmas Kedaton Bandar Lampung. *Jurnal Ilmiah Kesehatan Sandi Husada*. Vol 9 (2): 654-664.
- Sahroni, S., Anshari, D. & Krianto, T. 2019. Determinan Sosial Terhadap Tingkat Literasi Kesehatan Pada Pasien Hipertensi di Puskesmas Kota Cilegon. *Faletehan Health Journal*. 6(3): 111–117.
- Shima, A., Tatsumi, Y., Ishizaki, T., Godai, K., Kawatsu, Y., Okamura, T., Nishikawa, T., Morimoto, A., Morino, A., & Miyamatsu, N. 2016. Relationship between outpatient visit frequency and hypertension control: a 9-year occupational cohort study. *Hypertension research : official journal of the Japanese Society of Hypertension*. 39(5): 376–381.
- Sørensen, K. 2022. Defining health literacy: Exploring differences and commonalities. *International Handbook of Health Literacy*: 5–20.
- Stormacq, C., Broucke, S. Van Den & Wosinski, J. 2018. Does health literacy mediate the relationship between socioeconomic status and health disparities? Integrative review. . (August): 1–17.
- Summaries, C.E. 2019. What Students Know and Can Do. *PISA 2009 at a Glance*. I.
- Sun, K., Lin, D., Li, M., Mu, Y., Zhao, J., Liu, C., *et al.* 2022. Association of education levels with the risk of hypertension and hypertension control: a nationwide cohort study in Chinese adults. *Journal of epidemiology and community health*. 76(5): 451–457.
- Suter, P. M., Sierro, C., & Vetter, W. 2002. Nutritional factors in the control of blood pressure and hypertension. *Nutrition in clinical care : an official publication of Tufts University*. 5(1): 9–19.
- Świątoniowska-Lonc, N., Polański, J., Tański, W. *et al.* 2020. Impact of satisfaction with physician–patient communication on self-care and adherence in patients with hypertension: cross-sectional study. *BMC Health Serv Res* 20, 1046 .
- Unger, T., Borghi, C., Charchar, F., Khan, N. A., Poulter, N. R., Prabhakaran, D., Ramirez, A., Schlaich, M., Stergiou, G. S., Tomaszewski, M., Wainford, R. D., Williams, B., & Schutte, A. E. (2020). 2020 International Society of

Hypertension Global Hypertension Practice Guidelines. *Hypertension*: 75(6): 1334–1357.

- Verma, N., Rastogi, S., Chia, Y. C., Siddique, S., Turana, Y., Cheng, H. M., Sogunuru, G. P., Tay, J. C., Teo, B. W., Wang, T. D., Tsoi, K. K. F., & Kario, K. 2021. Non-pharmacological management of hypertension. *Journal of clinical hypertension (Greenwich, Conn.)*. 23(7): 1275–1283.
- Wang, W., Lau, Y., Loo, A., Chow, A., & Thompson, D. R. 2014. Medication adherence and its associated factors among Chinese community-dwelling older adults with hypertension. *Heart & lung : the journal of critical care*. 43(4): 278–283.
- Williams, B., Mancia, G., Spiering, W., Rosei, E. A., Azizi, M., Burnier, M., Clement, D. L., Coca, A., De Simone, G., Dominiczak, A., Kahan, T., Mahfoud, F., Redon, J., Ruilope, L., Zanchetti, A., Kerins, M., Kjeldsen, S. E., Kreutz, R., Laurent, S., ... Zamorano, J. L. (2018). 2018 ESC/ESH Guidelines for the management of arterial hypertension. In *European Heart Journal* (Vol. 39, Issue 33, pp. 3021–3104). Oxford University Press. <https://doi.org/10.1093/eurheartj/ehy339>
- Xiao, J., Ren, W. L., Liang, Y. Y., Shen, H., Gao, Y. X., Chu, M. J., Li, Z., Wang, X. J., Zhang, Z. F., Zhuang, X., & Yu, Y. F. (2020). Effectiveness of Lifestyle and Drug Intervention on Hypertensive Patients: a Randomized Community Intervention Trial in Rural China. *Journal of General Internal Medicine*, 35(12), 3449–3457.
- Yunus, M., Aditya, I. W. C., Eksa, D. R. 2021. Hubungan Usia dan Jenis Kelamin dengan Kejadian Hipertensi di Puskesmas Haji Pemanggilan Kecamatan Anak TUHA Kab. Lampung Tengah. *Jurnal Ilmu Kedokteran dan Kesehatan*. Vol 8 (3).
- Zhang, Q., Huang, F., Zhang, L., Li, S. & Zhang, J. 2021. The effect of high blood pressure-health literacy, self-management behavior, self-efficacy and social support on the health-related quality of life of Kazakh hypertension patients in a low-income rural area of China: a structural equation model. *BMC Public Health*. 21(1): 1–10.
- Zhou, B., Carrillo-Larco, R.M., Danaei, G., Riley, L.M., Paciorek, C.J., Ezzati, M., et al. 2021. Worldwide trends in hypertension prevalence and progress in treatment and control from 1990 to 2019: a pooled analysis of 1201 population-representative studies with 104 million participants. *The Lancet*. 398(10304): 957–980.