

CHAPTER V

CONCLUSION

This is the last chapter of this research. This chapter contains the conclusion of all chapters as the result of the research. Furthermore, this chapter also includes suggestions for further research in the future.

5.1. Conclusion

The object of this research is a movie entitled *Spencer*, released on November 5, 2021, by the director Pablo Larrain. This movie takes place at a certain time in 1991 when Princess Diana spent 3 days in Sandringham Palace with royal family members to celebrate Christmas. The main plot of this movie is how Princess Diana struggles with her identity and existential crisis as she considers splitting up with Prince Charles and leaving the British monarch. The prominent issue worth discussing in this movie is how she denies her status and responsibilities as a royal family member. By using denial as one of the self-defense mechanism theories by Sigmund Freud, there are two major results found. The evidence of her denial found in this movie are: denying her responsibility as a royal and refusing to obey the royal staff and family members. Each piece of evidence is divided into several subchapters to give a brief explanation of the portrayal of denial as a defense mechanism

In the first main chapter, the discussion mainly focuses on how Princess Diana purposely denies her responsibility as a royal, since they have to be obedient to all the rules of the royal family. The main reason for her behavior is the fact that her husband is cheating on her, causing her to act recklessly, violate the rules, and make her feel sad as well. This creates hate towards her husband Prince Charles which results in her being avoidant and trying to not be involved with him and his family. All meetings and appointments are one of her responsibilities that she should not miss. Meanwhile, all she does during the holiday is avoid contact with family members, which means that she is in denial. In the movie, the early evidence is

when she purposely skips the gift exchange and misses the sandwiches to avoid any contact with him. It hurts to see his husband after finding out that he cheated. To show her feelings, she tries to wear a dark dress that represents her mood, even though she is only allowed to wear what the dresser has decided to. She also skips the gift exchange because she knows that her husband gives her the same gift he gave to his mistress. Because she is not happy being there and lost some weight, she also avoids weighing because it is a sign of them enjoying the holiday. Lastly, she lets the curtains open so that the photographers can see the truth and reality of the royal family and how they treat her, even though she has warned to keep the curtains closed.

In the second main chapter, Princess Diana becomes more insistent in her denial by disobeying the royal staff and family members. She does not want to be assisted by the new dresser because she likes the old one, Maggie, and considers her as her best friend in that place. Then, because she does not like the new dresser she wears the wrong dress to show her rebellion toward the staff. She also does not like the pheasant hunting tradition, so she asks Prince Charles to let their son be absent from that event, even though that is their long tradition. She cannot bear her grief and sadness anymore so she leaves the dinner at her old house to remember her childhood, and her happy life before becoming a part of the royal family. Lastly, on the last day (Boxing Day), she stops the pheasant hunting event to pick up his son and then carries them to London, eating fast food and letting her sons enjoy the holiday like other non-royals do.

In conclusion, Princess Diana's denial in this movie is caused by her desire and intention to leave the royal family life and divorce her husband. The main reason is her husband, Prince Charles's affair with Camilla. She cannot live with the royal family anymore so she denies her status as a royal. The fact that she enjoys normal life more than royal life strengthens her decision to depart from the British monarch.

5.2. Suggestion

Some theories and suggestions for future research can be applied to this object. The theory that is suitable for the object is the anxiety disorder theory. This theory is also a branch of psychoanalysis theory, similar to this research. There is some evidence or portrayal of Princess Diana dealing with her anxiety while dealing with family appointments that can be examined with this theory. The researcher also can discuss her bulimia nervosa disorder. There is a scene of this disorder where she purposely tickles her throat to make herself puke. In reality, Princess Diana is known for her struggle with eating disorders. Since this is a psychological movie, the research could use any psychoanalysis theories that are suitable to the issues.

