

CHAPTER V

CONCLUSION AND RECOMMENDATIONS

A. Conclusion

From the result of this research, we can conclude that

1. The group age of the respondents range from 18- 38 with a median age of 23 years old and the majority of the respondents are of gender male. The majority of the level of the study of international students is in master degree with 14 respondents. Most of the respondents comes from Thailand and Timor Leste and the study program with the highest participation is the Darmasiswa Program. The semester of the respondents ranges from 1 to 3 with a median value of 3 semesters and the academic year of respondents ranges from 2022 to 2023 with a median value of 2022.
2. The majority of the respondents experience high acculturative stress. Whilst the level of adaptation ability of international students is in the category of moderately adapted.
3. There is a negative but not significant correlation between acculturative stress and adaptation ability among international students in UNSOED.

B. Recommendations

1. For the International students
International students is hoped to contact often with their family and friends, seek for support to address any kind of concerns, learn the culture of the host country and socialize more with the local.
2. For the institution
 - a. For the department of nursing
It is hoped that the university support international and ensure available counselling for international students to address concerns regarding academic, mental and psychological.

b. For International office UNSOED

It is hoped that there is an event to exchange culture between the Indonesian and international students' culture so that adaptation of international students can be facilitated and any kind of misconception can be prevented.

3. For the nursing profession

It is hoped that this research provides information regarding acculturative stress and adaptation ability of international students to enhance the quality of nursing care.

4. For future researchers

It is hoped that future researchers can identify others factor that influence the acculturative stress of International students at UNSOED.

