CHAPTER V CONCLUSION AND SUGGEST

A. Conclusion

Based on the research results, it can be concluded that the respondent is female and majoring in nursing. The description of the resilience of students who are active in organizations is in the high category based on internal factors, while the medium category is based on external factors.

B. Suggestion

1. For students

   Students are expected to be able to understand resilience from both internal and external factors and can increase resilience based on external factors, namely by telling stories and sharing experiences with friends and family.

2. For Educational Institutions

   Educational institutions can maximize the role of academic advisors as facilitators for students in helping to increase student resilience based on external factors.

3. For Further Researchers

   It is hoped that the results of this research can become a reference and reference for future researchers. And adding other characteristics of respondents such as age, place of residence while active in the organization, organizational friends and economic status. It is also hoped that we can research what interventions are appropriate to increase the level of resilience that focuses on external factors.

4. For Nurses

   Community nurses and mental health nurses are expected to be able to provide health-based facilities that can support the level of resilience of an organization that focuses on preventing burn out and increasing resilience based on external factors.