

ABSTRAK

GAMBARAN PENGETAHUAN DAN SIKAP KONTAK SERUMAH PENDERITA TUBERKULOSIS TENTANG TERAPI PENCEGAHAN TUBERKULOSIS (TPT) DI WILAYAH KERJA PUSKESMAS KEMBARAN I

Latar Belakang: Cakupan pemberian TPT bagi kontak serumah penderita tuberkulosis masih jauh di bawah target yang ditentukan. Pengetahuan dan sikap yang baik terhadap TPT diperlukan untuk mendukung peningkatan cakupan TPT. Penelitian ini bertujuan untuk mengetahui gambaran pengetahuan dan sikap kontak serumah penderita tuberkulosis tentang terapi pencegahan tuberkulosis di wilayah kerja Puskesmas Kembaran I.

Metode: Desain penelitian ini adalah deskriptif dengan pendekatan *cross sectional*. Populasi pada penelitian ini adalah kontak serumah penderita tuberkulosis di wilayah kerja Puskesmas Kembaran I. Teknik pengambilan sampel menggunakan *total sampling* pada 65 kontak serumah penderita tuberkulosis. Variabel yang diteliti adalah pengetahuan TB, pengetahuan TPT, dan sikap terhadap TPT. Pengumpulan data dilakukan menggunakan kuesioner pengetahuan dan sikap tentang TPT. Analisis data yang dilakukan yaitu analisis univariat.

Hasil Penelitian: Hasil analisis univariat menunjukkan rata-rata usia responden adalah 42 tahun, 70,8% responden berjenis kelamin perempuan, 38,5% responden memiliki pendidikan terakhir SD, 50,8% responden tidak bekerja, 47,7% responden merupakan suami/istri dari penderita TB, 72,3% telah berkontak selama ≤ 6 bulan dengan penderita, 90,8% responden tidak memakai masker selama menjadi kontak serumah, 67,7% responden memiliki pengetahuan yang baik tentang tuberkulosis, 52,3% responden memiliki pengetahuan yang kurang tentang TPT, dan 56,9% responden memiliki sikap yang positif terhadap TPT.

Kesimpulan: Kontak serumah penderita TB di wilayah kerja Puskesmas Kembaran I memiliki pengetahuan yang baik tentang penyakit TB. Sebagian besar kontak serumah memiliki pengetahuan yang kurang tentang TPT. Sebagian besar kontak serumah memiliki sikap yang positif terhadap TPT.

Kata Kunci: Terapi Pencegahan Tuberkulosis, Pengetahuan, Sikap, Kontak Serumah

ABSTRACT

OVERVIEW OF KNOWLEDGE AND ATTITUDE OF TUBERCULOSIS HOUSEHOLD CONTACTS ABOUT TUBERCULOSIS PREVENTION THERAPY IN THE WORKING AREA OF PUSKESMAS KEMBARAN II

Background: The coverage of TPT provision for household contacts of tuberculosis sufferers is still far below the specified target. Good knowledge and attitudes towards TPT are needed to support increasing TPT coverage. This study aims to determine the knowledge and attitudes of household contacts of tuberculosis sufferers regarding tuberculosis prevention therapy in the Kembaran I Community Health Center working area.

Methods: The design of this research is descriptive with a cross sectional approach. The population in this study was household contacts of tuberculosis sufferers in the work area of Kembaran I Community Health Center. The sampling technique used a total sampling of 65 household contacts of tuberculosis sufferers. The variables studied were TB knowledge, TPT knowledge, and attitudes towards TPT. Data collection was carried out using a knowledge and attitudes questionnaire about TPT. The data analysis carried out was univariate analysis.

Results: The results of univariate analysis show that the average age of respondents is 42 years, 70.8% of respondents are female, 38.5% of respondents have at least elementary school education, 50.8% of respondents do not work, 47.7% of respondents are husband/wife of TB sufferers, 72.3% had been in contact for ≤ 6 months with sufferers, 90.8% of respondents did not wear masks while they were household contacts, 67.7% of respondents had good knowledge about tuberculosis, 52.3% of respondents had less about TPT, and 56.9% of respondents had a positive attitude towards TPT.

Conclusion: Household contacts of TB sufferers in the Kembaran I Community Health Center work area have good knowledge about TB disease. Most household contacts have insufficient knowledge about TPT. Most household contacts had a positive attitude towards TPT.

Keywords: Tuberculosis Prevention Therapy, Knowledge, Attitudes, Household Contacts

