

## Abstrak

### GAMBARAN PERAN KONTROL ORANG TUA DALAM PENCEGAHAN PERILAKU KONSUMSI MINUMAN BERALKOHOL PADA REMAJA DESA SELOTINATAH KECAMATAN NGARIBOYO KABUPATEN MAGETAN

*Riska Nurhidayani<sup>1</sup>, Eva Rahayu<sup>2</sup>, Koernia Nanda Pratama<sup>3</sup>*

**Latar Belakang :** Remaja merupakan salah satu kalangan yang mengalami peningkatan dalam mengonsumsi minuman beralkohol. Peran kontrol orang tua menjadi salah satu faktor yang sangat dibutuhkan dalam pencegahan konsumsi minuman beralkohol pada remaja. Penelitian ini bertujuan untuk mengetahui gambaran peran kontrol orang tua dalam pencegahan konsumsi minuman beralkohol pada remaja.

**Metodologi :** Desain penelitian ini deskriptif kuantitatif, lokasi penelitian dilakukan di Desa Selotinatah. Penelitian ini menggunakan teknik *simple random sampling* sebanyak 76 sampel dengan menggunakan kuesioner dan analisis univariat.

**Hasil Penelitian :** Hasil penelitian ini menunjukkan bahwa nilai rerata usia orang tua 45 tahun, jenis kelamin didominasi oleh laki-laki 59,2%, pendidikan terakhir partisipan kebanyakan SMP/MTs/Sederajat sebanyak 42,1%, memiliki penghasilan kurang dari UMK sebanyak 78,9%, dan memiliki anak remaja dengan median usia 15 tahun. Peran kontrol orang tua terhadap pencegahan konsumsi minuman beralkohol pada remaja dalam kategori cukup 51,3%.

**Kesimpulan :** Peran kontrol orang tua dalam pencegahan konsumsi minuman beralkohol pada remaja partisipan mayoritas dalam kategori cukup.

**Kata kunci :** Minuman beralkohol, Peran Kontrol, Remaja

<sup>1</sup>Mahasiswa Jurusan Keperawatan, Fakultas Ilmu-Ilmu Kesehatan, Universitas Jenderal Soedirman

<sup>2,3</sup>Dosen Jurusan Keperawatan, Fakultas Ilmu-Ilmu Kesehatan, Universitas Jenderal Soedirman

## Abstract

### DESCRIPTION OF THE ROLE OF PARENTAL CONTROL IN PREVENTING ALCOHOL CONSUMPTION BEHAVIOUR AMONG ADOLESCENTS IN SELOTINATAH VILLAGE, NGARIBOYO SUB-DISTRICT, MAGETAN DISTRICT

*Riska Nurhidayani<sup>1</sup>, Eva Rahayu<sup>2</sup>, Koernia Nanda Pratama<sup>3</sup>*

**Background:** Adolescents are one of the groups that have increased their consumption of alcoholic beverages. The role of parental control is one of the factors that is needed in preventing alcohol consumption in adolescents. This study aims to determine the role of parental control in preventing adolescent alcohol consumption.

**Methodology:** The research design was descriptive quantitative, the research location was Selotinatah Village. This study used *simple random sampling* technique as many as 76 samples using questionnaires and univariate analysis.

**Research results:** The results of this study showed that the mean age of parents was 45 years old, gender was dominated by men 59.2%, the last education of participants was mostly junior high school / MTs / equivalent as much as 42.1%, has an income less than minimum wage as much as 78.9%, and has adolescent children with a median age of 15 years. The role of parental control in preventing adolescent alcohol consumption was 51.3%.

**Conclusion:** The role of parental control in preventing alcohol consumption in adolescent participants is mostly in the moderate category.

**Keywords:** Adolescents, Alcoholic Beverages, Control Role

<sup>1</sup>Student of Nursing Department, Faculty of Health Sciences, Jenderal Soedirman University

<sup>2,3</sup>Lecturer in Nursing Department, Faculty of Health Sciences, Jenderal Soedirman University

