

CHAPTER V

CONCLUSION AND SUGGESTION

This chapter presents the conclusion and recommendations from the findings of the study. This chapter consists of two subchapters: the conclusion and the recommendation. The conclusion deals with the result of post-traumatic stress caused by war depicted in *American Sniper* (2014) movie. Meanwhile, the recommendation is for researchers who will analyze the same movie or other literary works using the same theory.

5.1 Conclusion

There are two findings after analyzing the American Sniper movie; the first one is the causes of Chris Kyle's post-traumatic stress disorder, which is caused by witnessing tragic events and the death of his comrades. The second is the symptoms of post-traumatic stress disorder shown in the movie. Moreover, the cinematography and the dialogue are used to help portray post-traumatic stress disorder in the movie.

Chris Kyle's post-traumatic stress disorder in *American Sniper* movies is primarily from two major sources. During his tours, he frequently witnessed tragic events and was caught in constant struggle between his willingness to help and the danger he faced. Thus, as he embarks on multiple tours, he forms deep bonds with his fellow soldiers. Later, the death of his comrades profoundly affects Kyle, leading him to have PTSD. The cinematography and the dialogue in these scenes portray the harsh realities

of war, where innocence is swiftly shattered and soldiers perpetually confront danger. Through cinematic techniques, the film vividly conveys the emotional toll these experiences exact on Kyle, highlighting his internal struggle amidst the chaos.

The movie portrays the symptoms of post-traumatic stress disorder, including intrusion symptoms, negative alterations in cognition and mood, and heightened arousal and reactivity. The dialogue and the visuals of the movie play a crucial role in conveying these symptoms, capturing the emotional and expressions of the character. It is also emphasizing the character's psychological states and immersing viewers with their experiences. Lastly, the movie shows the representation of post-traumatic stress disorder by showing the personal struggles of veterans combats who fought after returning from war.

5.2 Suggestion

For future research, students with similar interests are encouraged to consider expanding their research by exploring other war movies that represent post-traumatic stress disorder or by examining the same movie from different perspectives to analyze. Furthermore, the researcher recommends expanding the scope of the research by include a comparative study of various war movies to understand how directors depict post-traumatic stress disorder in their literary work. Finally, the researcher hopes that by reading this research, it will be useful for the reader and it will inspire

them with new ideas, motivation, and a better knowledge to carry out further studies.

