

CHAPTER V

CONCLUSION AND RECOMMENDATION

This is the final chapter of the research. At the end of the current research, it presents the conclusions of the previous chapter and gives some suggestions or recommendations for further research. The first part is the conclusion. In this case, it tells the essence of the research findings presented in the previous chapter. The last part is the suggestions or recommendations. In this section the current researcher presents some useful suggestions for further research.

5.1. Conclusion

The object of this research is Encanto which was aired in 2021 through Disney. This movie brings the issue of intergenerational trauma in a multigenerational family shown by several characters in the Madrigal family. Based on this, this study analyzes the depiction of intergenerational trauma in the film. Using the theories of literary psychology and trauma, as well as the concept of intergenerational trauma, there are two things that need to be underlined in this film. They are first, “Authoritarian parenting model as a mechanism of intergenerational trauma” which highlights the parenting form of the grandmother character in Encanto's film through several points such as controlling all children's interactions, not validating children's feelings or emotions, and applying one-way communication. Second, “The effects of intergenerational trauma on the Madrigal family” which shows several

points such as Social withdrawal, Identity foreclosure, Afraid of failure, Identity crisis.

The first point illustrated in Encanto's movie explains the role of authoritarian parenting in the transmission mechanism of intergenerational trauma. The character of grandmother and matriarch - Abuela- has a trauma in her past where she lost her home and also someone precious to her, namely her husband -Pedro-, which influences changes in behavior and the way she takes care of her family. Abuela instills all the principles and values that she believes after the trauma to all members of her family, so she unconsciously applies authoritarian parenting patterns to her family. This is shown through Abuela's behavior that projects the value of perfection to form a controlling nature, as experienced by Isabela where she must maintain her appearance to remain graceful. In addition, Abuela also considers weakness as a bad thing, this is shown in how she never or rarely validates the negative feelings/emotions experienced by her children and grandchildren. Pepa has the power to control the weather through his emotions, but Abuela always tells Pepa to hold back and control his negative emotions because she considers it a bad thing. Mirabel also experienced the same thing, she always held back her own pain because Abuela considered Mirabel unworthy of participating in her family's activities. Also, Abuela experienced a change in the way she communicated with all her family members, where the communication only went one way. Agustin

(Abuela's son-in-law) had a difference of understanding and principle with Abuela, as a father Agustin prioritized the safety and interests of his son. Even though Abuela knew about it, she still thought that her principle was the right and important one where the safety of her home and family was more valuable than individual interests.

The second point illustrated in *Encanto* is the effect of intergenerational trauma on the Madrigal family. Abuela's changes in behavior and parenting methods caused negative effects on some of her family members. Bruno, who is Abuela's youngest child, experiences social withdrawal. He isolated himself away from his family and community, due to the bad perception and high expectations of his environment with his fortune-telling powers (which is depicted through the song in this movie, titled "We Don't Talk about Bruno"). Abuela's grandchildren, Isabela, Luisa and Mirabel, also experience the same thing. The song "What Else Can I Do?" describes Isabela who experiences identity foreclosure. Isabela seems to have no opportunity to explore her identity further, because Abuela has determined Isabela's identity with the labels 'graceful' and 'perfect'. Then, the song "Surface Pressure" describes Luisa who is afraid of failure. Unlike Isabela and Mirabel, she accepts her identity and label herself as a 'strong woman' with pride. However, this identity also makes Luisa feel pressured, it is because of the high expectations of the family environment, especially Abuela and the community on her strength. So that it forms a mindset

where mistakes and weakness are bad things. Then the last is Mirabel, she is experiencing an identity crisis. This identity crisis is shown through Mirabel's confusion about her role in the family, because she does not get the same miracle as other family members get plus Abuela's behavior that seems to ignore her.

In closing, it is revealed that all of Abuela's behavior in taking care of her family is part of her unresolved past trauma, and unconsciously transmits the trauma to all of her children and grandchildren. Her authoritarian parenting, which she perceived as a way of protecting the family, actually caused great burden and fear in all family members in each generation. That is because she instilled an expectation of her values changing in that behavior. He just doesn't want his family to experience a loss like him for the umpteenth time, but with his behavior throughout the film, he only repeats the family's problems by applying authoritarian parenting and imposing his expectations so that it affects the psychology or behavior of his family. Therefore, this repetition leads to generational trauma.

5.2. Recommendation

There is one recommendation that can be used for further research by comparing the object of Howard's Encanto film with other animated film objects that have similar issues. By conducting comparative studies with other media, researchers can gain a richer and more comprehensive understanding of how intergenerational trauma and authoritarian

parenting are represented in different cultural contexts, media formats, and narrative styles.

