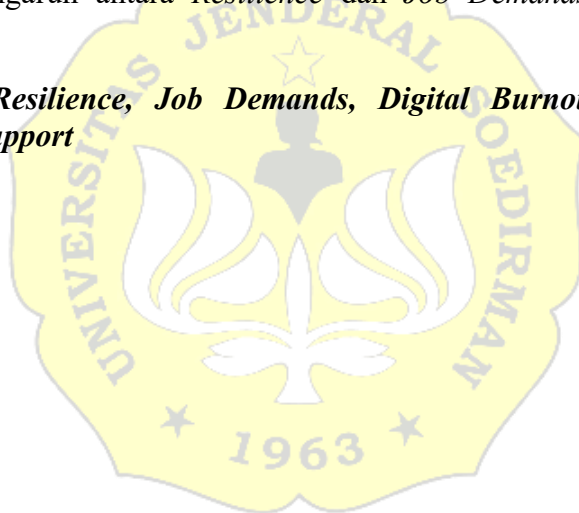


RINGKASAN

Tujuan dari penelitian ini adalah untuk mengetahui pengaruh *Resiliensi* dan *Job Demands* terhadap *Digital Burnout* yang dimoderasi oleh *Perceived Organization Support*. Penelitian ini merupakan penelitian kuantitatif. Jumlah responden pada penelitian ini adalah 210 responden, Penentuan jumlah sampel yang digunakan adalah *cluster sampling*. Pengumpulan data dalam penelitian ini adalah kuisisioner online GoggleFrom. Kemudian alat analisis yang digunakan dalam penelitian ini yaitu menggunakan SmartPLS 3.0.

Berdasarkan hasil penelitian dan analisis data menunjukkan bahwa : (1) *Resiliensi* berpengaruh negatif dan signifikan terhadap *Digital Burnout*; (2) *Job Demands* berpengaruh positif terhadap *Digital Burnout*; (3) *Perceived Organization Support* memoderasi pengaruh antara *Resilience* dan *Job Demands* terhadap *Digital Burnout*; (4) *Perceived Organization Support* memoderasi pengaruh antara *Resilience* dan *Job Demands* terhadap *Digital Burnout*.

Kata Kunci :*Resilience, Job Demands, Digital Burnout* dan *Perceived Organization Support*



SUMMARY

This research is a quantitative study. The purpose of this study was to determine the effect of Resilience and Job Demands on Digital Burnout which is moderated by Perceived Organization Support. The number of respondents in this study was 210 respondents, the determination of the number of samples used was cluster sampling. Data collection in this study was the GoogleForm online questionnaire. Then the analysis tool used in this study was SmartPLS 3.0.

Based on the results of the study and data analysis, it shows that: (1) Resilience has a negative and significant effect on Digital Burnout; (2) Job Demands have a positive effect on Digital Burnout; (3) Perceived Organization Support moderates the effect between Resilience and Job Demands on Digital Burnout; (4) Perceived Organization Support moderates the influence between Resilience and Job Demands on Digital Burnout.

Keywords: Resilience, Job Demands, Digital Burnout and Perceived Organization Support

