

Abstrak

GAMBARAN POLA ASUH DALAM PEMENUHAN GIZI PADA ANAK PENDERITA TUBERKULOSIS DI DESA DUKUHWALUH KECAMATAN KEMBARAN KABUPATEN BANYUMAS

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Pendahuluan: Peningkatan yang signifikan pada kasus anak penderita tuberkulosis perlu menjadi perhatian karena tuberkulosis pada anak cenderung lebih sulit dideteksi. Selain itu, Tuberkulosis juga dapat menyebabkan berbagai persoalan seperti gangguan gizi buruk. Pola asuh dalam pemenuhan gizi berperan penting dalam pertumbuhan, perkembangan dan membantu kesembuhan anak penderita tuberkulosis. Oleh karena itu, penelitian ini dilakukan untuk mengetahui dan memahami lebih dalam mengenai gambaran pola asuh dalam pemenuhan gizi pada anak penderita tuberkulosis di Desa Dukuhwaluh, Kecamatan Kembaran, Kabupaten Banyumas.

Metodologi: Desain penelitian yang digunakan adalah desain penelitian kualitatif dengan jenis penelitian analisis deskriptif. Pengambilan data melalui wawancara mendalam terhadap 5 informan utama dan 2 informan pendukung.

Hasil Penelitian: Anak penderita tuberkulosis memiliki status gizi normal. Kecukupan energi dan protein pada anak penderita tuberkulosis dipenuhi dari asupan makan sehari-hari, tambahan asupan protein, tambahan konsumsi buah, tambahan konsumsi susu serta tambahan konsumsi vitamin. Anak penderita tuberkulosis memiliki berbagai macam perilaku terhadap makanan. Orang tua menerapkan perilaku berupa tuntutan atau kontrol kepada anak penderita tuberkulosis untuk makan.

Kesimpulan: Anak penderita tuberkulosis memiliki keragaman mulai dari status gizi, perilaku terhadap makanan, cara untuk memenuhi kebutuhan energi dan protein serta perilaku dari orang tua dalam pemberian makan.

Kata Kunci: Pola Asuh, Status Gizi, Tuberkulosis, Anak

Abstract

DESCRIPTION OF PARENTING IN NUTRITIONAL FULFILLMENT IN CHILDREN WITH TUBERCULOSIS IN DUKUHWALUH VILLAGE, KEMBARAN DISTRICT, BANYUMAS REGENCY

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Introduction : The significant increase in cases of children with tuberculosis needs to be a concern because tuberculosis in children tends to be more difficult to detect. In addition, Tuberculosis can also cause various problems such as malnutrition. Parenting in fulfilling nutrition plays an important role in the growth, development and helping the recovery of children with tuberculosis. Therefore, this study was conducted to find out and understand more deeply about the description of parenting in fulfilling nutrition in children with tuberculosis in Dukuhwaluh Village, Kembaran District, Banyumas Regency.

Method : The research design used is a qualitative research design with a descriptive analysis type of research. Data collection was conducted through in-depth interviews with 5 main informants and 2 supporting informants.

Results : Children with tuberculosis have normal nutritional status. The adequacy of energy and protein in children with tuberculosis is fulfilled from daily food intake, additional protein intake, additional fruit consumption, additional milk consumption and additional vitamin consumption. Children with tuberculosis have a variety of behaviors towards food. Parents apply behavior in the form of demands or control to children with tuberculosis to eat.

Conclusion : Children with tuberculosis have a diversity ranging from nutritional status, behavior towards food, ways to meet energy and protein needs and behavior from parents in feeding.

Keywords : Parenting, Nutritional Status, Tuberculosis, Children