

## ABSTRAK

### HUBUNGAN PENGETAHUAN DENGAN SIKAP PERTOLONGAN PERTAMA TRAUMA MUSKULOSKELETAL PADA ANGGOTA UKM FIKES *SPORTS CLUB* UNIVERSITAS JENDERAL SOEDIRMAN

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**Latar Belakang:** Trauma muskuloskeletal merupakan cedera pada sistem muskuloskeletal yang dapat menghambat aktivitas fisik, terutama pada saat berolahraga. Trauma muskuloskeletal yang terjadi harus mendapatkan pertolongan segera mungkin agar tidak menimbulkan cedera yang lebih parah. Pengetahuan dan sikap dapat menjadi faktor dalam melakukan pertolongan pertama pada trauma muskuloskeletal. Penelitian ini bertujuan untuk menganalisis pengetahuan dengan sikap pertolongan pertama trauma muskuloskeletal pada anggota UKM *Fikes Sports Club* Universitas Jenderal Soedirman.

**Metodologi:** Penelitian ini menggunakan deskriptif kuantitatif dengan pendekatan *cross sectional*. Populasi penelitian ini adalah mahasiswa anggota UKM *Fikes Sports Club*. Teknik pengambilan sampel menggunakan teknik total sampling yang didapatkan total sampel 119. Analisa data menggunakan uji *Rank Spearman*.

**Hasil Penelitian:** Hasil penelitian menunjukkan bahwa 89,1% partisipan memiliki pengetahuan baik dan memiliki sikap positif (100%) terhadap pertolongan pertama trauma muskuloskeletal. Hasil penelitian menunjukkan terdapat hubungan yang signifikan antara pengetahuan dengan sikap pertolongan pertama trauma muskuloskeletal dengan nilai  $p$  0,003 ( $p < 0,01$ ), nilai  $r$  sebesar 0,270 yang artinya terdapat korelasi yang cukup kuat dan memiliki hubungan variabel positif.

**Kesimpulan:** Terdapat hubungan antara pengetahuan dengan sikap pertolongan pertama trauma muskuloskeletal mahasiswa UKM *Fikes Sports Club*.

Kata Kunci: Pengetahuan, Pertolongan Pertama, Sikap, Trauma Muskuloskeletal

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## ABSTRACT

### THE RELATIONSHIP BETWEEN KNOWLEDGE AND ATTITUDES OF MUSCULOSKELETAL TRAUMA FIRST AID IN THE MEMBERS OF UKM FIKES SPORTS CLUB UNIVERSITAS JENDERAL SOEDIRMAN

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**Background:** Musculoskeletal trauma is injury to the musculoskeletal system that can inhibit physical activity, especially during exercise. Musculoskeletal trauma that occurs must get help as soon as possible so as not to cause more severe injuries. Knowledge and attitude can be a factor in performing first aid in musculoskeletal trauma. This study mean to analyze knowledge with musculoskeletal trauma first aid attitudes in members of UKM Fikes Sports Club, Jenderal Soedirman University.

**Methods:** This research was a quantitative correlation with a cross sectional design. Population of the study was the students who members of UKM Fikes Sports Club. Sample selection used total sampling with a total sample of 119 respondents. Data analysis was conducted using the Rank Spearman test.

**Results:** The results of the study showed that 89.1% of participants had good knowledge and had a positive attitude (100%) in providing first aid for musculoskeletal trauma. The results showed that there was a significant relationship between knowledge and first aid attitudes of musculoskeletal trauma ( $p$  value = 0.003), and  $r$  value of 0.270 which means that there was a strong correlation and had a positive variable relationship.

**Conclusion:** There is a relationship between knowledge and first aid attitudes of musculoskeletal trauma students of UKM Fikes Sports Club members.

**Keywords:** Attitude, First Aid, Knowledge, Musculoskeletal Trauma.

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