

DAFTAR PUSTAKA

- Adelina, N., & Saputro, H. B. (2023). Pengaruh *Cyberloafing* Terhadap Kinerja Karyawan Dengan Self Control Sebagai Variable Moderasi. *Review of Applied Accounting Research (RAAR)*, 3(1), 85. <https://doi.org/10.30595/raar.v3i1.16939>
- APJII. (2024). <https://www.apjii.or.id/>
- Beno, J., Silen, A. ., & Yanti, M. (2022). Analisis struktur ko-sebaran indikator terkait kesehatan, pusat rasa sehat subjek, dan lansia yang tinggal di rumah. *Braz Dent J.*, 33(1), 1–12.
- Blanchard, A. L., & Henle, C. A. (2008). Correlates of different forms of cyberloafing: The role of norms and external locus of control. *Computers in Human Behavior*. 1067–1084.
- Ceman, I. (2018). Pengaruh Stres Kerja Terhadap Kinerja Karyawan Pada Pt . Telkom Akses Makassar Regional.
- Edy Sutrisno. (2011). *Sumber Daya Manusia*. Gramedia.
- Ek, A. Şi., & Şimşek, E. (2007). Journal of Organizational Behavior. *Journal of Organizational Behavior*, 28(5), 641–642. <https://doi.org/10.1002/job.467>
- Fadhila, R., & Ulfi, I. (2021). Analisis Pengaruh Pelatihan Dan Jam Kerja Terhadap Kinerja Karyawan Pnm Mekaar Syariah Di Kota Depok. *Iqtishaduna*, 12(2). <https://doi.org/10.20414/iqtishaduna.v12i2.3640>
- Ghozali, I., & Latan, H. (2015). *Partial Least Squares: Konsep, teknik, dan aplikasi menggunakan program SmartPLS 3.0 (Edisi ke-2)*. Semarang: Badan Penerbit Universitas Diponegoro.
- Hafizh, L. B., & Sumadhinata, Y. E. (2022). Effectiveness of self-control and *cyberloafing* on employee performance. *Jurnal Ilmiah Akuntansi Dan Keuangan*, 2295–2302.
- Hanaysha, J. (2016). Improving employee productivity through work engagement: Evidence from higher education sector. *Management Science Letters*, 6, 61–70. <https://doi.org/10.5267/j.msl.2015.11.006>
- Harrington, J. M. (2001). V058P00068. *Occupational and Environmental Medicine*, 58(1), 68–72.
- Hobfoll, S. E., Tracy, M., & Galea, S. (2006). The impact of resource loss and traumatic growth on probable PTSD and depression following terrorist attacks. *Journal of Traumatic Stress*, 867–878. <https://doi.org/https://doi.org/10.1002/jts.20166>
- Hobfoll, S. E. (1988). *The Ecology of Stress*. Hemisphere.

- Hobfoll, S. E. (1989). Conservation of resources: A new attempt at conceptualizing stress. *American Psychologist*, 513–524. <https://doi.org/https://doi.org/10.1037/0003-066X.44.3.513>
- Hobfoll, S. E. (2001). The influence of culture, community, and the nested-self in the stress process: Advancing conservation of resources theory. *Applied Psychology*, 337–421. <https://doi.org/https://doi.org/10.1111/1464-0597.00062>
- Howay, A. A., & Suryosukmono, G. (2024). Pengaruh Beban Kerja, Kelelahan Kerja Dan Stres Kerja Terhadap Perilaku *Cyberloafing* Pada Pegawai Di Kantor Bupati Kabupaten Mimika. *Jurnal Manajemen Terapan Dan Keuangan*, 13(01), 222–228. <https://doi.org/10.22437/jmk.v13i01.31113>
- Hsu, S. H. dan C. (2019). Employees workplace cyberloafing: based on the perspective of guanxi. *Twenty-Third Pacific Asia Conference on Information System*.
- Indonesia, P. K. A. (2022). *Persebaran PT. Kereta Api Indonesia*. PT. Kereta Api Indonesia. <https://kai.co.id>.
- Isyandi, D. B. (2004). *Manajemen Sumber Daya Manusia*. UNRI Press.
- Juniar, R. dan A. A. (2024). The Influence of Workload and Work Stress Mediated by Burnout on Cyberloafing Behavior in the Pharmaceutical Industry's R&D Department. *Jurnal Akuntansi, Manajemen, Dan Perencanaan Kebijakan*, 2. [https://doi.org/DOI: https://doi.org/10.47134/jampk.v2i1.426](https://doi.org/DOI:https://doi.org/10.47134/jampk.v2i1.426)
- Jurnal, J., & Mea, I. (2024). Pengaruh Abusive Supervision, Emotional Exhaustion, Stres Kerja Dan Perilaku *Cyberloafing* Jimea | *Jurnal Ilmiah MEA (Manajemen, Ekonomi, dan Akuntansi)*. 8(3), 947–972.
- Karim, Y. (2020). Long Working Hours and Their Impact on Employee Productivity in the UAE Service Sector.
- Komaruddin. (2006). *Ensiklopedia Manajemen*. Bumi Aksara.
- Lestari, W. M., Liana, L., & Aquinia, A. (2020). Pengaruh Stres Kerja, Konflik Kerja dan Beban Kerja terhadap Kinerja Karyawan. *Jurnal Bisnis Dan Ekonomi*, 27(2), 100–110. <https://doi.org/10.35315/jbe.v27i2.8192>
- Liberman, B., Seidman, G., McKenna, K. Y. A., & Buffardi, L. E. (2011). Employee job attitudes and organizational characteristics as predictors of cyberloafing. *Computers in Human Behavior*, 2192–2199.
- Lu, X., Wang, Y., Chen, X., & Lu, Q. (2024). From Stress to Screen: Understanding Cyberloafing through Cognitive and Affective Pathways. *Behavioral Science*. <https://doi.org/https://doi.org/10.3390/bs14030249>
- Manuel, A. J., Kindangen, P., & Saerang. (2019). the Influence of Cyberloafing and Employee Productivity in Rsu. Ratatotok Buyat Pengaruh *Cyberloafing* Dan Produktivitas Karyawan Di Rumah Sakit Ratatotok Buyat. 5256 *Jurnal*

EMBA, 7(4), 5256–5265.

- Mijaya, R., & Susanti, F. (2023). Pengaruh Stres Kerja, Komunikasi Internal Dan Lingkungan Kerja Terhadap Kinerja Pegawai Pada Badan Kepegawaian Dan Pengembangan Sumber Daya Manusia (Bkpsdm) Kabupaten Agam. *Jurnal Economina*, 2(2), 562–573. <https://doi.org/10.55681/economina.v2i2.336>
- Muchiri, C. T. (2022). Effects of work stress on service delivery, productivity, service quality and corporate image in Kenya Disciplined Services. *Reviewed Journal International of Business Management*, 3(1), 38-52.
- Muhamad Ekhsan, & Septian, B. (2021). Pengaruh Stres Kerja, Konflik Kerja dan Kompensasi Terhadap Kinerja Karyawan. *MASTER: Jurnal Manajemen Strategik Kewirausahaan*, 1(1), 11–18. <https://doi.org/10.37366/master.v1i1.25>
- Mureha, S. De. (2020). Pengaruh Perilaku *Cyberloafing* Terhadap Produktivitas Kerja Pada Karyawan Bank Riau KEPRI Cabang Syariah Pekanbaru. Universitas Islam Riau.
- Ngowella, G. D., Loua, L. R., & Suharnomo, S. (2022). A Review on Cyberloafing: The Effects of Social Platforms on Work Performance. *Asia Pacific Fraud Journal*, 7(1), 27. <https://doi.org/10.21532/apfjournal.v7i1.249>
- Novianti, K. R., & Roz, K. (2023). Cyberloafing Behavior: The Determinant Factors Related to Work Stress and Workload in The Banking Sector. *Jurnal Aplikasi Bisnis Dan Manajemen*, 9(2), 378–385. <https://doi.org/10.17358/jabm.9.2.378>
- Okmaida Salmi Misra Yeni R, &. (2021). Pengaruh Jam Kerja Dan Imbalan Terhadap Kinerja Karyawan Pada Pt. Bintang Mas Pusaka (Bmp) Muara Bungo. *Jurnal Manajemen Sains*, 1(3), 229–232.
- Okta, I. F., & Perdana, M. A. (2024). The Effect of Overtime and Workload towards Employee Productivity With Burnout as Mediating Variable(A Research at PT.RAPP) Burnout as Mediating Variable. *Jurnal Manajemen Dan Ekonomi Kreatif*, 2(3), 282–296. <https://ukitoraja.id/index.php/jumek/article/view/398>
- P, T. (2007). *Manajemen Sumber Daya Manusia : Prespektif Partnership dan Kolektivitas*. Tugu Publisher.
- Pencavel, J. (2015). The productivity of working hours. *The Economic Journal*, 2052–2076.
- Pramono, T. S. (2020). Analisis Faktor-Faktor Yang Berpengaruh Pada Produktivitas Kerja Karyawan. *Jurnal Ilmu Manajemen Terapan*, 1(6), 580–589. <https://doi.org/10.31933/jimt.v1i6.216>
- Quoquab, F., Salam, Z. A., & Halimah, S. (2015). Does cyberloafing boost employee productivity? 2nd International Symposium on Technology Management and Emerging Technologies, ISTMET 2015 - Proceeding, 119–

122. <https://doi.org/10.1109/ISTMET.2015.7359013>

Qur'ani, R. I. N., Listyani, I., & Wardhan, R. K. (2024). Pengaruh Beban Kerja Dan *Cyberloafing* terhadap Kinerja Karyawan pada PT Sinar Kediri Sakti. *Jurnal Ekonomi Manajemen Dan Bisnis*, 1(5).

Radford, K. (2024). Conservation of resources theory. *A Guide to Key Theories for Human Resource Management Research*, April 2022, 59–66. <https://doi.org/10.4337/9781035308767.ch05>

Rahayu Mardikaningsih, Ella Anastasya Sinambela, Eli Retnowati, Didit Darmawan, Arif Rachman Putra, Samsul Arifin, Louise Elizabeth Radjawane, Fayola Issalillah, & Rafadi Khan Khayru. (2022). Dampak Stres, Lingkungan Kerja dan Masa Kerja terhadap Produktivitas Pekerja Konstruksi. *Jurnal Penelitian Rumpun Ilmu Teknik*, 1(4), 38–52. <https://doi.org/10.55606/juprit.v1i4.616>

Rahmandini, W., Hamdani, M., & ... (2024). Pengaruh Stres Kerja, Kepemimpinan Transformasional Dan Self Control Terhadap Perilaku *Cyberloafing* Pada Karyawan Gen Z Di Kota Semarang. *Ar-Ribhu: Jurnal ...*, 5(1), 2774–5570. <https://ejournal.unzah.ac.id/index.php/arribhu/article/view/1621%0Ahttps://ejournal.unzah.ac.id/index.php/arribhu/article/download/1621/857>

Ramos-Galarza, C., & Acosta-Rodas, P. (2019). Stress and productivity in workers of textile companies. *Journal of Fashion Marketing and Management*, 23(1), 17–29. <https://doi.org/10.1108/JFMM-02-2018-0030>

Robbins, P. S., & Judge, T. A. (2017). *Organizational Behavior* (13th ed.). Salemba Empat.

Robbins, S. P. (2003). *Organizational Behavior* (Edisi Indo). Penerbit Indeks.

Rosilawati, W., & Azizi, dan M. H. (2024). Mediating Effect of Job Satisfaction on Work Stress to *Cyberloafing* in Islamic Business Ethics Perspective (Study on Generation Z Employees in Bandar Lampung). *KnE Social Sciences*.

Runing Sawitri, H. S. J. P.-S. and B. S. (2012). Role of internet experience in moderating influence of work stressor on *cyberloafing*. *Procedia-Social Behavioral Sciences*, 57: 320-324.

Rusda, A., & Verawati, D. M. (2021). Analisis Pengaruh Stres Kerja Terhadap Produktivitas Kerja Pada Masyarakat Kecamatan Grabag Kabupaten Magelang. *Jurnal Produktivitas*, 8(2), 312–319. <https://doi.org/10.29406/jpr.v8i2.3235>

saino, saino. (2019). The Effect of Entrepreneurship Mentoring on Entrepreneurial Intention in the Studentpreneur Corner Program at State University of Surabaya. *Jurnal Pendidikan Bisnis Dan Manajemen*, 5(2), 66–76. <https://doi.org/10.17977/um003v5i22019p066>

Sao*, R., Chandak, S., Patel, B., & Bhadade, P. (2020). *Cyberloafing: Effects on*

- Employee Job Performance and Behavior. *International Journal of Recent Technology and Engineering (IJRTE)*, 8(5), 1509–1515. <https://doi.org/10.35940/ijrte.e4832.018520>
- Sedarmayanti. (2001). *Sumber Daya Manusia dan Produktivitas Kerja*. Mandar Maju.
- Sedarmayanti. (2009). *Sumber Daya Manusia*.
- Shahzadi, K. (2022). Determinants of Employees' Cyberloafing Behaviour: A Systematic Literature Review. *Journal of Development and Social Sciences*, 3(III). [https://doi.org/10.47205/jdss.2022\(3-iii\)16](https://doi.org/10.47205/jdss.2022(3-iii)16)
- Shukla, A., & Srivastava, R. (2016). Development of short questionnaire to measure an extended set of role expectation conflict, coworker support and work-life balance: The new job stress scale. *Cogent Business and Management*, 3(1). <https://doi.org/10.1080/23311975.2015.1134034>
- Sudirman, F. S. &. (2024). The Effect Of Cyberloafing On The Work Productivity Of Muhammadiyah Parepare University Employees. *Economos*.
- Sugito, F. A., & Wirapraja, A. (2023). Pengaruh Cyber-loafing terhadap Produktivitas dan Kinerja Tenaga Pendidikan Menggunakan Pendekatan Fenomenologi. *Target: Jurnal Manajemen Bisnis*, 5(2), 187–194. <https://doi.org/10.30812/target.v5i2.3579>
- Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif dan R &. D*. Alfabeta.
- Suhardoyo, S. (2022). Pengelolaan Loyalitas Kerja, Stres Kerja Dan Supervisor Support Dalam Meningkatkan Produktivitas Kerja Karyawan Pada Masa Pandemi Covid 19. *Procuratio: Jurnal Ilmiah Manajemen*, 10(1), 74–85. <https://doi.org/10.35145/procuratio.v10i1.1889>
- Suliyanto. (2011). *Ekonometrika Terapan*. Andi Offset.
- Suliyanto. (2018). *Metode Penelitian Bisnis untuk Skripsi, Tesis & Disertasi*. Andi Offset.
- Swanto, T. Y. dan. (2009). *Sumber Daya Manusia. Teori, Aplikasi dan Isu Penelitian*. In *Manajemen Sumber Daya Manusia*. Alfabeta.
- Syed, S., Singh, H., Thangaraju, S. K., Eazreen Bakri, N., & Yok Hwa, K. (2020). The Impact of Cyberloafing on Employees' Job Performance: A Review of Literature. *Journal of Advances in Management Sciences & Information Systems*, 6, 16–28.
- Tiwari, B., & Niraula, D. (2023). Cyberloafing, Workplace Incivility and Employee Productivity: An Empirical Study in Rural Municipalities of Kaski District. *The Batuk*, 9(2), 1-11.
- Triyanti, T., Amelia, W., Maharani, A., & Pandu, T. L. S. (2022). Peran *Cyberloafing* Terhadap Produktivitas Karyawan Dengan Kesehatan Mental

Sebagai Pemediasi. *Jurnal Manajemen (Edisi Elektronik)*, 13(3), 353-364.

- Tulhusnah, L., & Puryantoro, P. (2019). Pengaruh Jam Kerja dan Disiplin Kerja Terhadap Stres Kerja Karyawan di Kantor Kecamatan Kapongan Kabupaten Situbondo. *Jesya (Jurnal Ekonomi & Ekonomi Syariah)*, 2(2), 299–312. <https://doi.org/10.36778/jesya.v2i2.67>
- Vitak, J., Crouse, J., & LaRose, R. (2011). Personal internet use at work: Understanding cyberslacking. *Computers in Human Behavior*, 1751–1759.
- Wanta, Nandang, Asep Jamaludin, & Aji Tuhagana. (2023). Pengaruh Pengawasan Kerja Dan Disiplin Kerja Terhadap Kinerja Pegawai Pada Dinas Pekerjaan Umum Dan Penataan Ruang (Pupr) Kabupaten Karawang. *Buana Ilmu*, 7(2), 168–180. <https://doi.org/10.36805/bi.v7i2.5376>
- Widodo, F. A. S., & Sami'an. (2013). Hubungan Employee Engagement dengan Perilaku Produktif Karyawan. *Psikologi Industri Dan Organisasi*, 2(1), 1–6.
- Wu, H., Ge, C. X., Sun, W., Wang, J. N., & Wang, L. (2011). Depressive symptoms and occupational stress among Chinese female nurses: The mediating effects of social support and rational coping. *Research in Nursing and Health*, 34(5), 401–407. <https://doi.org/10.1002/nur.20449>
- Wu, X., Li, Y., Yao, Y., Luo, X., He, X., & Yin, W. (2018). Development of construction workers job stress scale to study the relationship between job stress and safety behavior: An empirical study in Beijing. *International Journal of Environmental Research and Public Health*, 15(11), 1–12. <https://doi.org/10.3390/ijerph15112409>
- Zhou, B., Zhou, B., Li, Y., Li, Y., Hai, M., Hai, M., Wang, W., Wang, W., Niu, B., & Niu, B. (2021). Challenge-hindrane stressors and cyberloafing: A perspective of resource conservation versus resource acquisition. *Current Psychology (Springer US)*, 42, 1172–1181.