

Abstrak

HUBUNGAN PENGALAMAN KEKERASAN VERBAL DENGAN *SELF DISCLOSURE* PADA MAHASISWA PENGGUNA MEDIA SOSIAL INSTAGRAM

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Latar Belakang: *Self disclosure* merupakan perilaku mengungkapkan sesuatu mengenai diri sendiri kepada orang lain. Pergeseran era digital menjadikan media sosial semakin banyak digunakan salah satunya sebagai wadah *self disclosure*. Mahasiswa sebagai pengguna media sosial, salah satunya instagram memiliki berbagai alasan dalam melakukan *self disclosure*. Penelitian ini bertujuan untuk mengetahui hubungan pengalaman kekerasan verbal dengan *self disclosure* pada mahasiswa pengguna media sosial instagram

Metodologi: Desain yang digunakan yaitu korelasional dengan pendekatan *cross sectional*. Sampel penelitian ini melibatkan 347 mahasiswa Fakultas Ilmu-Ilmu Kesehatan Universitas Jenderal Soedirman dengan teknik *proportionate random sampling*. Analisis data dilakukan menggunakan uji korelasi Spearman.

Hasil: Karakteristik partisipan memiliki usia rata-rata 20 tahun. Mayoritas partisipan berjenis kelamin perempuan (80,7%), berasal dari jurusan keperawatan (24,5%) dan berasal dari angkatan 2023 (36,9%). Partisipan didominasi berasal dari suku Jawa (82,13%) dan memiliki kepribadian introversion (65,7%). Hasil uji korelasi Spearman menunjukkan bahwa $p\text{ value} = 0,221$ ($p > 0,05$) yang berarti tidak terdapat hubungan yang signifikan antara pengalaman kekerasan verbal dengan *self disclosure* pada mahasiswa pengguna media sosial instagram. Hasil penelitian menunjukkan mayoritas partisipan memiliki tingkat pengalaman kekerasan verbal rendah (85,88%) dan *self disclosure* dalam kategori sedang (51,01%).

Kesimpulan: Berdasarkan hasil penelitian ini dapat disimpulkan bahwa tidak ada hubungan antara pengalaman kekerasan verbal dengan *self disclosure* pada mahasiswa pengguna media sosial instagram. Peneliti selanjutnya dapat meneliti lebih lanjut terkait faktor lain yang dapat memengaruhi *self disclosure*.

Kata kunci: Kekerasan verbal, mahasiswa, media sosial, *self disclosure*

Abstract

THE RELATIONSHIP BETWEEN VERBAL VIOLENCE EXPERIENCES AND SELF DISCLOSURE IN STUDENTS USING INSTAGRAM SOCIAL MEDIA

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Background: Self disclosure is the behavior of revealing something about oneself to others. The shift in the digital era has made social media increasingly used, one of which is as a medium for self disclosure. Students as users of social media, one of which is Instagram, have various reasons for doing self disclosure. This study aims to determine the relationship between experiences of verbal violence and self disclosure in students using Instagram social media

Method: The design used is correlational with a cross-sectional approach. The sample of this study involved 347 students of the Faculty of Health Sciences, Jenderal Soedirman University with a proportionate random sampling technique. Data analysis was carried out using the Spearman correlation test.

Results: The characteristics of the participants had an average age of 20 years. The majority of participants were female (80.7%), from the nursing department (24.5%) and from the class of 2023 (36.9%). Participants were predominantly Javanese (82.13%) and had an introverted personality (65.7%). The results of the Spearman correlation test showed that the p value = 0.221 ($p > 0.05$) which means that there is no significant relationship between the experience of verbal violence and self-disclosure in students who use Instagram social media. The results showed that the majority of participants had a low level of verbal violence experience (85.88%) and self-disclosure in the moderate category (51.01%).

Conclusion: Based on the results of this study, it can be concluded that there is no relationship between the experience of verbal violence and self-disclosure in students who use Instagram social media. Further researchers can further examine other factors that can influence self-disclosure.

Keywords: Verbal violence, students, social media, self-disclosure