

ABSTRAK

GAMBARAN PERAN DAN PENGAMBILAN KEPUTUSAN ORANG TUA DALAM PEMBERIAN MPASI ANAK USIA 6-24 BULAN DI DESA KARANGTURI

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Latar belakang : Peran dan pengambilan keputusan orang tua dalam pemberian MPASI penting bagi anak karena apabila ada kekeliruan, dapat menyebabkan hal buruk terjadi pada anak seperti menyebabkan stunting pada anak. Peran dan pengambilan keputusan orang tua dalam pemberian MPASI harus seimbang. Namun, fakta yang terjadi di masyarakat peran pemberian MPASI lebih condong ke ibu. Penelitian ini bertujuan untuk mengetahui gambaran peran dan pengambilan keputusan orang tua dalam pemberian MPASI.

Metodologi : Penelitian deskriptif yang melibatkan 57 responden orang tua dan menggunakan teknik *total sampling*. Data diperoleh dengan pengisian kuesioner peran orang tua dalam pemberian MPASI dan pengambilan keputusan orang tua dalam pemberian MPASI, serta diolah dengan analisis univariat.

Hasil penelitian : Mayoritas responden berusia 20-35 tahun, bekerja sebagai buruh, tingkat pendidikan SMA/ sederajat, berpenghasilan dibawah UMR, dan memiliki dua anak. Mayoritas orang tua memiliki kategori peran dalam pemberian MPASI baik (68,4%) dan pengambilan keputusan dalam pemberian MPASI berfungsi (52,6%)

Kesimpulan : Sebagian besar sudah melakukan peran dan pengambilan keputusan dalam pemberian MPASI dengan baik dan dilakukan bersama-sama.

Kata kunci : Orang tua, MPASI, pengambilan keputusan, peran

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ABSTRACT

DESCRIPTION OF THE ROLE AND DECISION-MAKING OF PARENT N COMPLEMENTARY FEEDING (MPASI) FOR CHILDREN AGED 4-24 MONTHS IN KARANGTURI VILLAGE

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Introduction : The role and decision-making of parents in providing complementary feeding is crucial for children, as any errors may lead to adverse outcomes such as stunting. Parents should strike a balance between the role and decision-making in complementary feeding provision. However, in reality, the responsibility for complementary feeding tends to fall more heavily on mothers. This study aims to describe the role and decision-making process of parents in providing complementary feeding.

Method : This descriptive study involved 57 parent respondents using a total sampling technique. Data were collected using questionnaires on the role of parents and their decision-making in providing supplementary feeding, and were analyzed using univariate analysis.

Research Result : The majority of respondents were aged 20–35 years, worked as laborers, had a senior high school education or equivalent, earned below the minimum regional wage, and had two children. Most parents had a good role in providing supplementary feeding (68.4%) and demonstrated functional decision-making in supplementary feeding provision (52.6%).

Conclusions : Most parents had a good role and made decisions together in providing supplementary feeding.

Keyword : Decision making, parents, supplementary food, role.

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