

## RINGKASAN

Penelitian ini bertujuan untuk menganalisis pengaruh dukungan sosial, efikasi diri, *internal locus of control* dan beban kerja terhadap *burnout* pada Rumah Sakit Wijayakusuma Purwokerto. Populasi penelitian ini sebanyak 105 perawat diambil dengan menggunakan metode *proportional random sampling*, didapatkan 84 responden sebagai sampel. Data penelitian ini dianalisis dengan regresi linier berganda.

Hasil penelitian menunjukkan bahwa: (1) dukungann sosial tidak berpengaruh terhadap *burnout*, (2) efikasi diri tidak berpengaruh terhadap *burnout*, (3) *internal locus of control* tidak berpengaruh terhadap *burnout*, dan (4) beban kerja berpengaruh positif signifikan terhadap *burnout*.

**Kata Kunci:** Dukungan Sosial, Efikasi Diri, *Internal Locus of Control*, Beban Kerja, *Burnout*

## SUMMARY

*This study aims to analyze the effect of social support, self-efficacy, internal locus of control and workload on burnout in the Wijayakusuma Hospital, Purwokerto. The population of this study was 105 nurses. Samples were taken using proportional random sampling, obtained 84 nurses as samples. The data of this study were analyzed by multiple linear regression.*

*The results showed that: (1) social support has no effect on burnout, (2) self-efficacy has no effect on burnout, (3) internal locus of control has no effect on burnout and (4) the workload has positively significant effect on burnout.*

***Keywords:*** *Social Support, Self-Efficacy, Internal Locus of Control, Workload, Burnout*