

DAFTAR PUSTAKA

- Adiputra S. I Made., & Dkk Trisnadewi, Ni Wayan. 2021. Angewandte chemie international edition, 6(11), 951–952. *Metodologi Penelitian Kesehatan*. In: *Metodologi Penelitian Kesehatan*. http://bppsdmk.kemkes.go.id/pusdiksdcontent/uploads/2018/09/Metodologi-Penelitian-Kesehatan_SC.pdf.
- Agustin, et.al., & Iceu, A. DA.2020. Gambaran tingkat cemas, mobilisasi, dan nyeri pada ibu post operasi sectio sesarea DI RSUD Dr. Slamet Garut. *Jurnal Kesehatan Bakti Tunas Husada: Jurnal Ilmu-ilmu Keperawatan, Analisis Kesehatan dan Farmasi* 20(2): 223. doi:10.36465/jkbth.v20i2.613.
- Amanak, Keziban., & Zekiye, K. 2018. Determination of the problems of living in the early period of self care and baby care. *The journal of tepecik education and research Hospital* 28(1): 17–22. doi:10.5222/terh.2018.017.
- Angolile, Cornel M., Baraka ,L. Max, Justice ,M. & Harold ,L. Mashauri. 2023. Global increased cesarean section rates and public health implications: A Call to Action. *Health Science Reports* 6(5): 1–5. doi:10.1002/hsr2.1274.
- Astuti, Rahayu, Mekar Dwi Anggraeni, & Sidik A. 2024. Warm compress therapy ' s impact on labour pain in intranatal patient : A Systematic Review. *Science Midwifery journal* 12(2).
- Astutik, Puji., & Eka Kurlinawati. 2017. Pengaruh relaksasi genggam jari terhadap penurunan nyeri pada pasien post sectio caesarea. *Strada Jurnal Ilmiah Kesehatan* 6(2): 30–37. doi:10.30994/sjik.v6i2.6.
- Ayu, H. Diah, Sri Mulyani., & Nurlinawati ,N. 2020. Pengaruh endorphen massage terhadap intensitas nyeri punggung bawah ibu hamil trimester iii. *Jurnal Ilmiah Ners Indonesia* 1(1): 12–23. doi:10.22437/jini.v1i1.9230.
- Bahrudin, Mochamad. 2018. Patofisiologi nyeri (pain). *Saintika Medika* 13(1): 7. doi:10.22219/sm.v13i1.5449.
- Bayoumi, Magda, M. M, Leena Mohammad ,A .K., & Wessam, F. M. G. 2021. Are nurses utilizing the non-pharmacological pain management techniques in surgical wards? *PLoS ONE* 16(10 October): 1–13. doi:10.1371/journal.pone.0258668.
- Bimrew, et.al., & Samuel ,D. B. 2022. Incidence and associated factors of acute postoperative pain within the first 24 h in women undergoing cesarean delivery at a resource-limited setting in addis ababa, ethiopia: a prospective observational study. *SAGE Open Medicine* 10. doi:10.1177/20503121221133190.
- Buyuk, Gul ,N. Hatice Kansu-C.,Zeynep Asli O. K, Burcu Kisa, Sule Ozel,

- &Yaprak, E.U. 2021. Risk factors for intrapartum cesarean section delivery in low-risk multiparous women following at least a prior vaginal birth (robson classification 3 and 4). *Revista Brasileira de Ginecologia e Obstetricia* 43(6): 436–41. doi:10.1055/s-0041-1731378.
- Careddu, R., G. Plotino, E. Cotti., & H. F. Duncan. 2021. The management of deep carious lesions and the exposed pulp amongst members of two european endodontic societies: a questionnaire-based study. *International Endodontic Journal* 54(3): 366–76. doi:10.1111/iej.13418.
- Dan Bree, Dara; levy. 2019. 乳鼠心肌提取 HHS Public access. *Physiology & behavior* 176(3): 139–48. doi:10.1215/00703370-8977691.Pain.
- Darmawidyawati, Avit, S., Emil ,H. Susmiati Susmiati, Dally Rahman. , & Elvi Oktarina. 2022. Pengaruh mobilisasi dini terhadap penurunan skala nyeri pada pasien post operasi laparatomi di ruangan intensive care unit. *Jurnal Ilmiah Universitas Batanghari Jambi* 22(2): 1112. doi:10.33087/jiubj.v22i2.2300.
- Dastjerd, Fatemeh, Fatemeh, E. A. Ameneh Sazegarnia, Farideh, A. Habibollah Esmaily., & Masoumeh Kordi. 2023. Effect of Infrared belt and hot water bag on labor pain intensity among primiparous: A Randomized Controlled Trial. *BMC Pregnancy and Childbirth* 23(1). doi:10.1186/s12884-023-05689-0.
- Demelash, Getamesay, Y., et.al. 2022. Prevalence and factors associated with postoperative pain after cesarean section at a comprehensive specialized hospital in northwest Ethiopia: Prospective observational study. *Open Access Surgery* Volume 15(December 2021): 1–8. doi:10.2147/oas.s347920.
- Duan, Jun, Shengyu Wang, Ping Liu, Xiaoli Han, Yao Tian, Fan Gao, Jing Zhou, et al. 2019. Early prediction of noninvasive ventilation failure in copd patients: derivation, internal validation, and external validation of a simple risk score. *Annals of Intensive Care* 9(1). doi:10.1186/s13613-019-0585-9.
- Ehwarieme, Timothy ,A. Uzezi, J. and Oluwaseun ,O. A. 2023. Postoperative pain assessment and management among nurses in selected hospitals in benin city, edo state, Nigeria. *Journal of Integrative Nursing* 5(3): 203–9. doi:10.4103/jin.jin_54_23.
- Ferni, Elfirida ,N. Christina ,O.L. Mariana Dinah, Charlota ,L. Idawati Trisno., & Luh Putu Ruliati. 2021. The Analysis of the determinants of caesarean section delivery in Dr. TC. Hillers General Hospital in Maumere. *Section: Public health* 8(1): 16–22. www.ijcmr.com.
- Goswami,et.al., 2022. The effect of heat therapy on pain intensity, duration of labor during first stage among primiparous women and apgar scores: a systematic review and meta-analysis. *European Journal of Midwifery* 6(November). doi:10.18332/ejm/156487.
- Guadie, Yitayal., & Getamesay, D. 2023. “Level of maternal satisfaction with post-

operative pain management after caesarian section delivery at debre markos comprehensive specialized Hospital , Debre Markos , Ethiopia , 2022 . A Cross.” (2): 1–10.

Habibzadeh, Parham.,& Emily, K. S. 2020. The novel coronavirus: a bird’s eye view. *International Journal of Occupational and Environmental Medicine* 11(2): 65–71. doi:10.15171/ijoem.2020.1921.

Hakim, Lukman, N. 2020. Urgensi revisi undang-undang tentang kesejahteraan lanjut usia. *Aspirasi: Jurnal Masalah-masalah Sosial* 11(1): 43–55. doi:10.46807/aspirasi.v11i1.1589.

Hendryadi, H. 2017. Validitas isi: Tahap awal pengembangan kuesioner. *Jurnal Riset Manajemen dan Bisnis (JRMB) Fakultas Ekonomi UNIAT* 2(2): 169–78. doi:10.36226/jrmb.v2i2.47.

Jatmika, Septian Emma,DW. Muchsin, M. Kuntoro., & Santi Martini. 2019. K-Media Buku Ajar Pengembangan Media Promosi Kesehatan.

Joseph, et.al .2022. Effects of slow deep breathing on acute clinical pain in adults: a systematic review and meta-analysis of randomized controlled trials. *Journal of Evidence-Based Integrative Medicine* 27: 1–10. doi:10.1177/2515690X221078006.

Kaur, Jasvir, Poonam Sheoran, Simarjeet ,K. & Jyoti Sarin. 2020. Effectiveness of warm compression on lumbo-sacral region in terms of labour pain intensity and labour outcomes among nulliparous: an interventional study.*Journal of Caring Sciences* 9(1): 9–12. doi:10.34172/jcs.2020.002.

Keag, O. E., Jane E. Norman, & Sarah J. Stock. 2018. Long-Term risks and benefits associated with cesarean delivery for mother, baby, and subsequent pregnancies: systematic review and meta-analysis.” *PLoS Medicine* 15(1): 1–22. doi:10.1371/journal.pmed.1002494.

Khoirun Nisa’, & Kamidah ,K. 2023. 1 Detector: jurnal inovasi riset ilmu kesehatan pengaruh pemberian kompres hangat terhadap penurunan nyeri disminore remaja putri di smp takhasus alquran Wonosobo. doi:10.55606/detector.v1i4.2512.

Klaiber, Ulla, Lisa M. Stephan-Paulsen, Thomas, B., Gisela, M. Silke,A. Ingrid .F, Christine Fink, et al. 2018.Impact of preoperative patient education on the prevention of postoperative complications after major visceral surgery: the cluster randomized controlled PEDUCAT Trial.” *Trials* 19(1): 1–12. doi:10.1186/s13063-018-2676-6.

Komann, Marcus, Claudia Weinmann, Matthias Schwenkglens, & Winfried Mei. 2019. Non-Pharmacological methods and post-operative pain relief: an observational study. *Anesthesiology and Pain Medicine* 9(2): 1–7. doi:10.5812/aapm.84674.

- Krueger, M. Martindale: The Complete Drug Reference. 35th ed. 2015. London: Pharmaceutical Press.
- Lacy, Stephen, Brendan R. Watson, Daniel, R. & Jennette, L. 2015. Issues and best practices in content analysis. *Journalism and Mass Communication Quarterly* 92(4): 791–811. doi:10.1177/1077699015607338.
- Lilis, Dewi Nopiska. 2021. Pengaruh hydrotherapy terhadap nyeri persalinan kala i fase aktif. *Jambura Journal of Health Sciences and Research* 3(1): 94–102. doi:10.35971/jjhsr.v3i1.7268.
- Lin, Yanxia, Yi Zhou, & Can, C. 2023. Interventions and practices using comfort theory of kolcaba to promote adults' comfort: An Evidence and Gap Map Protocol of International Effectiveness Studies." *Systematic Reviews* 12(1): 1–10. doi:10.1186/s13643-023-02202-8.
- Maulana, Nova Zis, Dkk, 2021. 2022. Implementasi Teknik penurunan nyeri menggunakan metode kompres hangat pada pasien post sectio caesarea dengan spinal anestesi. *Jurnal Pengabdian Kepada Masyarakat (JPKM) - Aphelion* 5(4): 603–8. <http://jurnal.globalhealthsciencegroup.com/index.php/JPM>.
- McCracken, Lance M. 2023. Personalized pain management: is it time for process-based therapy for particular people with chronic pain? *European Journal of Pain (United Kingdom)* 27(9): 1044–55. doi:10.1002/ejp.2091.
- Menga, Maria ,K. Suprpto, S. Nursyamsi, N .L. A. Syamsinar Asmi, & Lukman, W. 2023. Management of Giving warm compresses to the abdominal wall with pain problems. *Jurnal Edukasi Ilmiah Kesehatan* 1(3): 107–13. doi:10.61099/junedik.v1i3.25.
- Natasa, Silvia, Lina ,M. & Wiwi W. 2021. Efektifitas penurunan rasa nyeri persalinan kala 1 dengan massage counterpressure. *Journal of Midwifery Information (JoMI)* 2(1): 173–77. <https://jurnal.ibikotatasikmalaya.or.id/index.php/jomi/article/view/32>.
- Nor Khimayasari, Ika, Laily ,M., & Keperawatan Politeknik Kesehatan Karya Husada Yogyakarta. 2023. Borobudur nursing review penerapan mobilisasi dini terhadap penurunan skala nyeri pada pasien post sectio caesarea." *Borobudur Nursing Review* 03(02). doi:10.31603/bnur.10670.
- Novriansyah, Ahmad. 2023. Asuhan Keperawatan pada pasien pre dan post oprasi hernia dengan implementasi teknik kompres hangat pada pasien nyeri di RSUD Kabupaten Rejang Lebong Tahun 2023."
- Nurhayati, Fitasari ,N. Budi, P., & Muhammad, M. 2023. Analysis of caesarean section rates and source of payment using the robson classification system. *Journal of Maternal and Child Health* 8(1): 1–11. doi:10.26911/thejmch.2023.08.01.01.
- .Nurhayati, Nung Ati, Septian A.,& Novi Malisa. 2015. Relaksasi autogenik

- terhadap penurunan skala nyeri pada ibu post operasi sectio saecarea. *Jurnal Skolastik Keperawatan* 1(2): 52–61. doi:10.35974/jsk.v1i2.87.
- Omoke, Njoku Isaac, Peace Ifeoma , Odidika Ugoch., & Love, C.O. 2021. “Prevalence and risk factors for low back pain during pregnancy among women in Abakaliki, Nigeria. *Pan African Medical Journal* 39. doi:10.11604/pamj.2021.39.70.24367.
- Patag, A. Flora. 2024. The development of culturally based standardized scale in visible learning for instructional leaders. *American Journal of Educational Research* 12(4): 128–40. doi:10.12691/education-12-4-2.
- Pan, M. 2023. Prototyping methods: techniques and its significance.” *Journal of Research and Development* 11(2): 216. doi:10.35248/2311.3278.23.11.216.
- Prof. Dr. Soekidjo Notoatmodjo. 2018. Metodologi penelitian kesehatan. *Rineka Cipta*: 1–242.
- Rahmawati, A. 2021. Risk factor of low back pain. *Jmh* 3(1): 402–6.
- Rahmayati, El, Ruth ,N.S., & Siti Fatonah. 2018. Pengar Rahyani, D. N. K. Y., Lindayani, I. K., Suarniti, N. W., Ni Made .D.M., Astiti, N. K. E., & Dewi, I. N. (2020). Buku ajar asuhan kebidanan patologi bagi bidan. Penerbit Andi. <https://books.google.co.id/books?id=BTgNEAAQBAJuh> Dukungan Spritu.” *Jurnal Kesehatan* 9(1): 138.
- Raja, Srinivasa N., Daniel B. Carr, Milton Cohen, Nanna B. Finnerup, Herta Flor, Stephen Gibson, Francis J. Keefe, et al. 2020. The revised international association for the study of pain definition of pain: concepts, challenges, and compromises.” *Pain* 161(9): 1976–82. doi:10.1097/j.pain.0000000000001939.
- Rodrigues, Silvia, Paulo Silva, Fátima Rocha, Ligia Monterroso, João Neves Silva, Natacha Quintal de Sousa., & Ramon Escuriet. 2023. Perineal massage and warm compresses – randomised controlled trial for reduce perineal trauma during labor.” *Midwifery* 124: 103763. doi:10.1016/j.midw.2023.103763.
- Salsabiila, Tiara, Nia, H., & Astika Nur. R. 2024. Pengaruh edukasi manajemen nyeri non farmakologi terhadap pengetahuan pasien pre operasi sectio caesarea dengan anestesi spinal Di RS PKU Muhammadiyah Bantul.” 2(September): 553–60.
- Sari, Retno Arienta. 2020. Literature review: depresi postpartum.” *Jurnal Kesehatan* 11(1): 167–74. doi:10.26630/jk.v11i1.1586.
- Sasongko, Agung, Wanty Eka Jayanti., & Deni ,R. 2020. USE questionnaire untuk mengukur daya guna sistem informasi e-tadkzirah.” *Jurnal Khatulistiwa Informatika* 8(2). doi:10.31294/jki.v8i2.9135.
- Satzinger, J. W., R. B. Jackson., & S. D Burd. 2019. *Systems Analysis and design in*

a changing world. 7th ed. Boston: Cengage Learning.

Satzinger, John W, Robert B Jackson.,& Stephen D Burd. 2012. *sixth edition systems analysis and design in a changing world*. www.cengage.com/highered.

Sluka, Kathleen A., & Steven Z. George. 2021. A new definition of pain: update and implications for physical therapist practice and rehabilitation science. *Physical Therapy* 101(4): 1–3. doi:10.1093/ptj/pzab019.

Small, C., & H. Laycock. 2020. Acute postoperative pain management.” *British Journal of Surgery* 107(2): e70–80. doi:10.1002/bjs.11477.

Sugiyono. 2022a. *Metode penelitian kuantitatif, kualitatif, dan R&D*. Alfabeta Bandung.

Sugiyono. 2022b. *Metode penelitian kuantitatif*. Bandung: Alfabeta.

Sung, Hyuna, Jacques Ferlay, Rebecca L. Siegel, Mathieu Laversanne, Isabelle Soerjomataram, Ahmedin Jemal., & Freddie, B. 2021. Global cancer statistics 2020: globocan estimates of incidence and mortality worldwide for 36 Cancers in 185 Countries. *CA: A Cancer Journal for Clinicians* 71(3): 209–49. doi:10.3322/caac.21660.

Suwannarurk K., Kasemsin P., Pongrojapaw D., Chanthasenont A., Lertvutivivat S., Pattaraarchachai J., & Bhamarapratana K. 2017. Post-cesarean pain associated with skin incision: vertical versus pfannenstiel. *J Med Assoc Thai* 100(5): 162–67.

Syamsuddin, Asniah. 2021. Pemberian kompres hangat efektif untuk pemulihan peristaltik usus pasien post operasi dengan anestesi umum.” *Jurnal SAGO Gizi dan Kesehatan* 2(1): 95. doi:10.30867/gikes.v2i1.468.

Tan, Hon Sen.,& Ashraf S. Habib. 2021. Oliceridine: a novel drug for the management of moderate to severe acute pain – a review of current evidence.” *Journal of Pain Research* 14: 969–79. doi:10.2147/JPR.S278279.

Tarrats, Laura, Isabel ,P. Isabel, .NSandra ,C, Manel Puig., & Sergio ,A. 2019. Heat application on lumbar and suprapubic pain during the onset of labour using a new abdominal two-pocket belt: a randomized controlled trial.” *Gynecology & Obstetrics* 9(9): 1–5. doi:10.24015/2161-0932/9.511.

Theunissen, Maurice, Madelon L. Peters, Jan Schepers, Jacques W.M. Maas, Fleur Tournois, Hans A. van Suijlekom, Hans-Fritz Gramke., & Marco A.E. Marcus. 2016. Recovery 3 and 12 months after hysterectomy. *Medicine* 95(26): e3980. doi:10.1097/md.0000000000003980.

Tsegaye, Dejen, Asrat Yazew, Mihretie Gedfew, Gizachew Yilak., Zemen Mengesha Yalew. 2023. Non-pharmacological pain management practice and associated factors among nurses working at comprehensive specialized

- Hospitals.” *SAGE Open Nursing* 9. doi:10.1177/23779608231158979.
- Wahyu, Haifa., & Liza Fitri, L. 2019. Terapi kompres hangat dengan aroma jasmine essential oil terhadap penurunan intensitas nyeri pada pasien post sectio caesarea. *Journal of Telenursing (JOTING)* 1(2): 406–15. doi:10.31539/joting.v1i2.860.
- Wang, Jingwen, Wei Liu., Haitao Fu. 2022. Effects of Traditional chinese herb hot compress combined with therapeutic exercise on pain, proprioception, and functional performance among older adults with knee osteoarthritis: a randomized controlled trial.” *Frontiers in Physiology* 13(December): 1–11. doi:10.3389/fphys.2022.1070754.
- Weissmann-Brenner, Alina, Ishai Heusler, Renana Manteka, Mordechai Dulitzky, and Micha Baum. 2020. Postpartum visits in the gynecological emergency room: how can we improve? *BMC Pregnancy and Childbirth* 20(1): 1–9. doi:10.1186/s12884-020-02927-7.
- Wijaya. 2023. Dengan post sectio caesarea indikasi cpd di ruang baitunnisa 2 RS islam sultan agung” : 74.
- Wulandari, Azzah Azaria, Rahmaya Nova Handayani., Danang, T. Y. 2022. Gambaran skala nyeri pada 6 jam post operasi dengan spinal anestesi setelah pemberian.” *Seminar Nasional Penelitian dan Pegabdian Kepada Masyarakat* 4(1): 643–48.
- Yam, Mun Fei, Yean Chun Loh, Chu Shan Tan, Siti Khadijah Adam, Nizar Abdul Manan., & Rusliza, B. 2018. General pathways of pain sensation and the major neurotransmitters involved in pain regulation. *International Journal of Molecular Sciences* 19(8). doi:10.3390/ijms19082164.
- Yuniarti, Rizky Eka, Tri Suraning Wulandari., & Parmilah. 2023a. Literature review: pengaruh kompres hangat terhadap nyeri post operasi. *Jurnal Ilmiah Keperawatan dan Kesehatan Alkautsar (JIKKA)* 2(2): 1–12.
- Zuarez-Easton, Sivan, Offer Erez, Noah ,Z. Julia ,C. Gali, G., & Raed, S. 2023. Pharmacologic and nonpharmacologic options for pain relief during labor: an expert review.” *American Journal of Obstetrics and Gynecology* 228(5): S1246–59. doi:10.1016/j.ajog.2023.03.003.