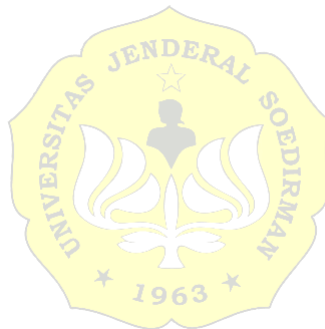


ABSTRAK

Penelitian ini berfokus pada pola stimulus respons tokoh aku dalam novel *Tersesat Setelah Terlahir Kembali* karya Yoga Zen. Penelitian ini bertujuan untuk mendeskripsikan penokohan, latar, plot, pola stimulus respons, serta penguatan dan hukuman yang dialami tokoh aku. Metode yang digunakan adalah deskriptif kualitatif dengan pendekatan psikologi sastra. Teknik pengumpulan data dilakukan melalui teknik baca, catat, dan klasifikasi. Teknik analisis data meliputi reduksi data, penyajian data, dan penarikan kesimpulan.

Berdasarkan teori psikologi behaviorisme B. F. Skinner, hasil penelitian menunjukkan adanya perubahan perilaku tokoh aku yang disebabkan oleh 5 stimulus. Terulangnya perilaku tokoh aku karena mendapatkan 2 penguatan positif dan 1 penguatan negatif. Tokoh aku mendapat 2 hukuman yang menyebabkan hilangnya perilaku.

Kata kunci: Perilaku, respons, Skinner, stimulus.



ABSTRACT

This research focuses on the stimulus-response patterns of the main character in the novel Tersesat Setelah Terlahir Kembali by Yoga Zen. The study aims to describe the characterization, setting, plot, stimulus-response patterns, as well as the reinforcement and punishment experienced by the main character. The method used is descriptive qualitative with a literary psychology approach. Data collection techniques include reading, note-taking, and classification. Data analysis techniques consist of data reduction, data presentation, and conclusion drawing.

Based on B.F. Skinner's behaviorist psychology theory, the research results indicate a change in the main character's behavior caused by five stimuli. The repetition of the main character's behavior is due to receiving two positive reinforcements and one negative reinforcement. The main character received two punishments that led to the disappearance of certain behaviors.

Keyword: Behavior, response, Skinner, stimulus.

