

HUBUNGAN KECERDASAN EMOSIONAL DAN TINGKAT KONSENTRASI DENGAN AKURASI *SHOOTING* SISWA EKSTRAKURIKULER FUTSAL SMA NEGERI 3 PURWOKERTO

Oleh:

Khadziq Al Amiin
G1I014043

Abstrak

Latar Belakang: Permasalahan dalam penelitian ini berdasarkan hasil observasi peneliti pada tim futsal SMA Negeri 3 Purwokerto terhadap teknik *shooting* futsal siswa yang kurang maksimal. *Shooting* merupakan teknik dasar yang digunakan untuk menendang bola sekeras-kerasnya ke arah gawang lawan. Dalam melakukan *shooting* yang baik ada beberapa faktor yang dapat mempengaruhi salah satunya yaitu kecerdasan emosional dan tingkat konsentrasi. Oleh karena itu penelitian ini bertujuan untuk mengetahui hubungan kecerdasan emosional dan tingkat konsentrasi dengan akurasi *shooting* siswa ekstrakurikuler futsal SMA Negeri 3 Purwokerto.

Metodologi: Penelitian ini menggunakan desain korelasional dengan metode tes dan pengukuran. Pengukuran kecerdasan emosional menggunakan tes kuisioner, pengukuran tingkat konsentrasi menggunakan *grid concentration test* (Maksum, 2011), pengukuran akurasi *shooting* menggunakan alat tes *shooting* (Maulana, 2009). Subjek penelitian ini adalah siswa ekstrakurikuler futsal SMA Negeri 3 Purwokerto yang berjumlah 20 orang. Teknik analisis data yang digunakan yaitu korelasi *product moment*, *regresi linear*, dan *regresi berganda*.

Hasil Penelitian: 1) ada hubungan yang positif antara kecerdasan emosional dengan akurasi *shooting* futsal ($p = 0,000$). 2) ada hubungan yang positif antara tingkat konsentrasi dengan akurasi *shooting* futsal ($p = 0,000$). 3) ada hubungan antara kecerdasan emosional dan tingkat konsentrasi secara bersama-sama dengan akurasi *shooting* futsal ($p = 0,000$ dan $F_{hitung} 31,093 > F_{tabel} 3,554$)

Kesimpulan: ada hubungan kecerdasan emosional dan tingkat konsentrasi dengan akurasi *shooting* futsal.

Kata kunci: *kecerdasan emosional, tingkat konsentrasi dan akurasi shootingi*

**RELATIONSHIP OF EMOTIONAL INTELLIGENCE AND LEVEL OF
CONCENTRATION WITH THE ACCURACY OF SHOOTING
STUDENTS EXTRACURRICULAR FUTSAL SENIOR HIGH SCHOOL 3
PURWOKERTO**

By:

Khadziq Al Amiin
G1I014043

Abstract

Background: The problem in this research is based on the observation of researchers in the team of Senior High School 3 futsal Purwokerto on the technique of shooting futsal students are less than maximum. Shooting is a basic technique used to kick the ball with a exceeding towards the opponent's goal. In doing good shooting there are several factors that can affect one of which is emotional intelligence and level of concentration. Therefore, this research aims to know the relationship of emotional intelligence and the level of concentration with the accuracy of shooting student extracurricular futsal Senior High School 3 Purwokerto.

Methodology: The study used correlational design with test and measurement methods. Measuring emotional intelligence using questionnaire test, concentration level measurement using grid concentration test (Maksum, 2011), accuracy shooting using test shooting equipment (Maulana, 2009). The subject of this study is an extracurricular student futsal senior high school 3 Purwokerto which amounted to 20 people. The data analysis technique used is product moment correlation, linear regression, and multiple regression.

Result Of The Research: 1) There is a positive relationship between emotional intelligence and the futsal shooting accuracy ($p = 0.000$). 2) There is a positive relationship between levels of concentration with futsal shooting accuracy ($p = 0.000$). 3) There is a link between emotional intelligence and the concentration level together with the accuracy of the futsal shooting ($p = 0.000$ and $F_{\text{count}} 31.093 > F_{\text{table}} 3.554$).

Conclusion: There is a link between emotional intelligence and the concentration level together with the accuracy of the futsal shooting.

Key Word: Emotional Intelegent, Levels of Concentration, Futsal Shooting Accuracy