

ABSTRAK

SURVEY PEMBINAAN PRESTASI ATLET PENCAK SILAT PADA PERGURUAN KILAT MAS KABUPATEN KARAWANG

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Penelitian ini bertujuan untuk mengetahui gambaran pembinaan prestasi atlet pencak silat pada Perguruan Kilat Mas Kabupaten Karawang melalui pendekatan studi survei. Pembinaan prestasi merupakan proses terencana, sistematis, dan berkelanjutan yang bertujuan meningkatkan kemampuan atlet dalam mencapai prestasi optimal. Perguruan Kilat Mas sebagai salah satu perguruan aktif di Kabupaten Karawang memiliki peran penting dalam pembinaan atlet berprestasi di tingkat daerah.

Penelitian ini menggunakan metode deskriptif kualitatif dengan model evaluasi CIPP (Context, Input, Process, Product). Teknik pengumpulan data meliputi observasi, wawancara, dan dokumentasi yang melibatkan pengurus perguruan, pelatih, atlet, serta orang tua atlet. Evaluasi konteks dilakukan untuk melihat latar belakang dan tujuan pembinaan. Evaluasi input menilai ketersediaan sumber daya manusia, sarana prasarana, serta dukungan pendanaan. Evaluasi proses menggambarkan pelaksanaan program latihan, metode kepelatihan, serta monitoring. Evaluasi produk menilai capaian prestasi atlet dalam dua tahun terakhir.

Hasil penelitian menunjukkan bahwa pembinaan prestasi di Perguruan Kilat Mas telah berjalan cukup baik. Latar belakang pembinaan sesuai dengan kebutuhan organisasi, sarana prasarana memadai, serta pelatih memiliki kompetensi yang relevan. Program latihan tersusun teratur dan dilaksanakan secara konsisten. Atlet juga mampu meraih prestasi di berbagai kejuaraan tingkat daerah. Namun demikian, masih diperlukan peningkatan jumlah pelatih, variasi metode latihan, dan pemerataan kualitas pembinaan di seluruh cabang latihan.

Kesimpulannya, pembinaan prestasi di Perguruan Kilat Mas berada dalam kategori baik, tetapi masih memerlukan penguatan pada aspek sumber daya manusia dan optimalisasi program latihan agar prestasi atlet dapat meningkat secara berkelanjutan.

Kata kunci: pembinaan prestasi, pencak silat, Kilat Mas, evaluasi CIPP.

ABSTRACT

SURVEY OF ATHLETE PERFORMANCE DEVELOPMENT IN KILAT MAS MARTIAL ARTS SCHOOL KARAWANG REGENCY

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This study aims to describe the achievement development system for Pencak Silat athletes at the Kilat Mas Martial Arts School in Karawang Regency using a survey approach. Achievement development is a planned, systematic, and continuous process intended to enhance athletes' abilities in achieving optimal performance. Kilat Mas, as one of the active martial arts schools in Karawang, plays an important role in preparing and developing talented athletes at the regional level.

This research employs a descriptive qualitative method using the CIPP evaluation model (Context, Input, Process, Product). Data were collected through observation, interviews, and documentation involving administrators, coaches, athletes, and parents. Context evaluation examines the background and objectives of athlete development. Input evaluation assesses human resources, training facilities, and funding support. Process evaluation reviews the implementation of training programs, coaching methods, and monitoring activities. Product evaluation focuses on athletes' performance achievements over the past two years.

The findings indicate that the achievement development activities at Kilat Mas have been running effectively. The background and objectives of the program align with organizational needs, facilities are adequate, and coaches possess relevant competencies. Training programs are well-structured and consistently implemented. Athletes have achieved various accomplishments in regional competitions. However, improvements are still needed in increasing the number of coaches, diversifying training methods, and ensuring equal quality of training across different branches.

In conclusion, the athlete development program at Kilat Mas is categorized as good, yet requires improvement in human resources and optimization of training programs to ensure sustainable enhancement of athlete performance.

Keywords: achievement development, pencak silat, Kilat Mas, CIPP evaluation.

