

CHAPTER IV CONCLUSION

A. Conclusion

The findings of this study show that the respondents were predominantly from the 2025 cohort and mostly female. The median age of the participants was 19 years, ranging from late adolescence to early adulthood. More than half of the students demonstrated high self-efficacy, and a similar proportion held positive perceptions of the nursing profession. However, only about one-quarter of the respondents reported having a role model in the nursing field, while more than half expressed a strong intention to pursue a career in nursing.

The study identified a significant association between students' self-efficacy and their intention to become nurses. Students with higher self-efficacy tended to exhibit greater confidence in their ability to meet the demands of professional nursing, which in turn strengthened their motivation to pursue the career. This finding reinforces the role of self-belief as an essential internal factor influencing career decision-making among nursing students.

Perceptions of the nursing profession were also found to be significantly related to students' intentions to enter the field. Students who viewed nursing positively, particularly in terms of its professional value, societal contribution, and growth opportunities, were more inclined to choose it as a future career. This suggests that shaping favourable perceptions of nursing through educational experiences and institutional support can play an important role in increasing students' interest in the profession.

Although role models are often considered influential in career development, this study found no significant relationship between having a role model and students' intention to become nurses. This may indicate that the mere presence of a role model is insufficient to shape career intentions unless accompanied by meaningful interactions or perceived relevance to students' personal and professional aspirations.

Multivariate analysis revealed that self-efficacy, perceptions of the nursing profession, and role models collectively influenced students' intentions to become nurses. Among these factors, students' perceptions of the nursing

profession emerged as the strongest predictor, indicating that a positive view of the profession plays a particularly important role in shaping career intentions.

B. Recommendation

Based on research result, the researcher gives recommendation and strategies to increase the intention to become a nurse:

1. For educational institution

Based on research result, it is recommended to enhance students' exposure to the nursing profession by introducing prominent nursing figures who can strengthen the vicarious learning process. This approach may encourage students to select role models within the nursing field. When students have nursing role models, their motivation and intention to pursue a nursing career are likely to increase. Other factors influencing role modeling and intention include self-efficacy. Strategies to strengthen students' self-efficacy may include early clinical exposure and intensive guidance from lecturers, academic advisors, and clinical or laboratory instructors. Furthermore, this study found that perception was the most influential factor affecting students' intention to become nurses. Therefore, it is essential to provide comprehensive information regarding the nursing profession and career development pathways to ensure that the status and image of the profession are viewed positively and attractively by students.

2. For further research

Subsequent studies may examine additional factors related to the intention to pursue a nursing career, such as outcome expectation, parental influence, learning experience through each academic year, learning environment such as facilities, peer support and learning method.

3. For the students

This study may serve as a source of information regarding the importance of self-efficacy, role modeling, and perception in long-term career decision-making. Students can develop strategies to enhance their self-efficacy, select appropriate role models, and seek relevant information to strengthen their perceptions, thereby enabling them to choose a career path that aligns with their self-concept and supports future job satisfaction also reduces job turnover