

## ABSTRACT

### A DESCRIPTIVE STUDY OF TIME MANAGEMENT DURING CLINICAL PRACTICE AMONG STUDENTS OF THE PROFESSIONAL NURSING PROGRAM AT UNIVERSITAS JENDERAL SOEDIRMAN

*Iffa Naila Fakhria, Made Sumarwati, Hasby Pri Choiruna*

**Background:** Time management is an essential skill for professional nursing students to balance academic and clinical demands during clinical placement. Ineffective time management may lead to psychological pressure, stress, and decreased clinical performance. This study aimed to describe the time management skills of professional nursing students at Universitas Jenderal Soedirman during clinical practice.

**Methodology:** This research employed a quantitative descriptive design with a total sampling technique. A total of 93 respondents participated in the study. Data were collected from November 6 to November 20, 2025, using the Nursing Time Management Scale (NTMS) with a 1–5 Likert scale. Data were analyzed using univariate analysis and presented in frequency and percentage distributions

**Result:** Most students demonstrated moderate time management skills (68.89%). Moderate performance was dominant across planning and goal setting (67.70%), coordination of activities (55.90%), and organization of nursing tasks (71.00%). Time management based on respondent characteristics showed that both male and female students were predominantly in the moderate category. However, by semester characteristics, second semester students tended to demonstrate better time management skills than first semester students, indicating improvement with increasing semester level.

**Conclusion:** Professional nursing students at Universitas Jenderal Soedirman showed generally adequate time management skills during clinical practice, although implementation was not yet optimal. Improvements are still needed especially in planning, coordinating clinical activities, and documenting nursing care effectively.

**Keyword:** clinical practice, professional nursing students, time management