

## **CHAPTER V. CLOSING**

### **A. Conclusion**

Based on the results of the research and discussion, the following conclusions can be drawn:

1. The characteristics of the respondents showed that all respondents were male with the majority being in the productive age, especially in the age range of 31-40 years, and dominated by junior and senior high school education levels. This characteristic describes the condition of tourism cooperation members who have the potential to physically perform first aid measures, but require capacity building support through training.
2. The level of knowledge of tourism cooperation members about Hands-Only CPR was mostly in the sufficient category, namely 14 respondents (46.7%), followed by the good category as many as 9 respondents (30.0%), and the less category as many as 7 respondents (23.3%). Respondents who attended the Hands-Only CPR training showed a greater proportion of sufficient and good knowledge compared to respondents who did not take the training.
3. The skill level of tourism cooperation members in performing Hands-Only CPR was dominated by the moderately skilled category. Respondents who had participated in Hands-Only CPR training were more likely to be in the moderately skilled and skilled categories, whereas respondents without training tended to show lower skill performance.

### **B. Suggestion**

Based on the results of the research and the conclusions that have been obtained, the suggestions that can be given are as follows:

**1. For Tourism Cooperations**

It is hoped that the tourism cooperation can hold regular Hands-Only CPR training with an emphasis on hands-on practice and simulation, so that the skills of cooperation members in performing first aid in cases of cardiac emergencies can be improved and maintained.

**2. For Health Workers or Nursing Education Institutions**

The results of this research can be used as a consideration in designing community-based emergency education and training programs, especially in tourist environments, with a focus on improving practical skills of Hands-Only CPR.

**3. For the Next Researcher**

Further research is expected to develop research designs with an analytical or experimental approach, as well as involve a larger number of respondents and more diverse locations, so as to provide a broader picture of community preparedness in performing Hands-Only CPR.

