

# PERBEDAAN *SELF-ESTEEM* MAHASISWA JURUSAN KEPERAWATAN UNIVERSITAS JENDERAL SOEDIRMAN

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## ABSTRAK

**Latar Belakang:** *Self-esteem* merupakan penilaian individu yang dapat mencerminkan penerimaan atau penolakan terhadap segala sesuatu yang berkaitan dengan dirinya sendiri. *Self-esteem* sangat penting bagi mahasiswa karena berpengaruh pada kualitas psikologis, hubungan sosial dan prestasinya. Tetapi banyak faktor yang mampu mempengaruhi *self-esteem* mahasiswa diantaranya adalah jenis kelamin, fisik, psikologi, lingkungan sosial, tingkat intelegensi, sosial ekonomi, dan pola asuh.

**Tujuan:** Tujuan dari penelitian ini adalah untuk mengetahui perbedaan *self-esteem* Mahasiswa Jurusan Keperawatan Universitas Jenderal Soedirman (Unsoed).

**Metode:** Penelitian ini merupakan penelitian kuantitatif dengan desain *cross sectional*. Teknik sampling menggunakan *stratified propotional random sampling* dengan jumlah sampel 171 mahasiswa. Pengambilan data pada bulan Juni 2016 di Kampus Keperawatan Unsoed. Data penelitian diperoleh dengan menggunakan kuesioner. Analisis data menggunakan uji *one way ANOVA*.

**Hasil:** Karakteristik responden lebih dominan pada jenis kelamin perempuan (88,3%), indeks prestasi kumulatif sangat memuaskan (74,9%), dan pendapatan orang tua yang tinggi (58,5%). Hasil uji *one way ANOVA* menunjukkan tidak ada perbedaan *self-esteem* mahasiswa tahun pertama hingga keempat Jurusan Keperawatan Unsoed dengan nilai  $p=0,250$  ( $p>0,05$ ).

**Kesimpulan:** Tidak ada perbedaan *self-esteem* yang bermakna pada Mahasiswa Jurusan Keperawatan Unsoed.

**Kata Kunci:** *keperawatan, mahasiswa, self-esteem*

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**THE DIFFERENCES IN SELF-ESTEEM OF NURSING STUDENTS  
UNIVERSITAS JENDERAL SOEDIRMAN**

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**ABSTRACT**

**Background:** *Self-esteem is an individual assessment to reflect the acceptance or rejection of everything to do with yourself. Self-esteem is very important for students because it affects the quality of the psychological, social relationships and accomplishments. But many factors that can affect the self-esteem of students, such as gender, physical, psychological, social environment, the level of intelligence, socioeconomic, and parenting.*

**Objective:** *The purpose of this study was to determine the differences in self-esteem of Nursing Students Universitas Jenderal Soedirman (Unsoed).*

**Method:** *This study was a quantitative study with cross sectional design. Sampling technique used stratified proportional random sampling with a sample size of 171 students. The data was taken on Juni, 2016 at Campus of Nursing Unsoed. Data were obtained by using questionnaire. Data analysis was carried out by using one-way ANOVA.*

**Result:** *The characteristics of respondents were more dominant in the female (88,3%), magna cum laude of grade point average (74,9%), and high-income parents (58,5%). The result of one-way ANOVA test showed that there were no differences in self-esteem first to fourth year of nursing students Unsoed with  $p\text{-value} = 0,250$  ( $p > 0,05$ ).*

**Conclusion:** *There were no differences in self-esteem of Nursing Students Unsoed.*

**Keywords:** *nursing, self-esteem, students*

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