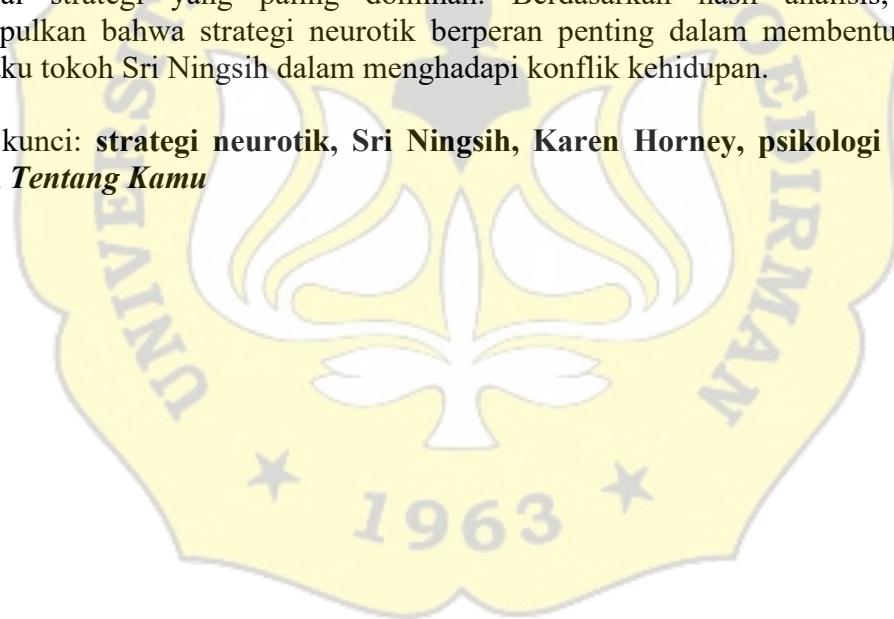


ABSTRAK

Penelitian berjudul “Strategi Neurotik Tokoh Sri Ningsih dalam Novel *Tentang Kamu Karya Tere Liye*” dilatarbelakangi oleh dinamika kepribadian tokoh yang terbentuk akibat pengalaman hidup yang penuh tekanan dan kecemasan. Kondisi tersebut mendorong munculnya strategi neurotik sebagai bentuk mekanisme pertahanan diri individu. Tujuan penelitian ini adalah mendeskripsikan unsur intrinsik berupa tokoh, alur, dan latar, serta menjelaskan strategi neurotik tokoh Sri Ningsih dalam novel *Tentang Kamu karya Tere Liye*.

Penelitian ini menggunakan metode deskriptif kualitatif dengan pendekatan psikologi sastra berdasarkan teori Karen Horney, yang meliputi strategi *moving toward people*, *moving against people*, dan *moving away from people*. Teknik pengumpulan data dilakukan melalui pembacaan intensif, pencatatan, dan pengklasifikasian data yang berkaitan dengan perilaku tokoh. Hasil penelitian menunjukkan bahwa tokoh Sri Ningsih menampilkan ketiga strategi neurotik dalam menghadapi berbagai tekanan hidup, dengan strategi *moving away from people* sebagai strategi yang paling dominan. Berdasarkan hasil analisis, dapat disimpulkan bahwa strategi neurotik berperan penting dalam membentuk pola perilaku tokoh Sri Ningsih dalam menghadapi konflik kehidupan.

Kata kunci: **strategi neurotik, Sri Ningsih, Karen Horney, psikologi sastra, novel *Tentang Kamu***



ABSTRACT

The research entitled “Neurotic Strategies of Sri Ningsih in the Novel *Tentang Kamu* by Tere Liye” is motivated by the dynamics of a character’s personality shaped by life experiences filled with pressure and anxiety. Such conditions encourage the emergence of neurotic strategies as a form of individual self-defense mechanism. The purpose of this study is to describe the intrinsic elements, including character, plot, and setting, as well as to analyze the neurotic strategies experienced by Sri Ningsih in the novel *Tentang Kamu* by Tere Liye.

This research employs a descriptive qualitative method with a literary psychology approach based on Karen Horney’s theory, which includes the strategies of *moving toward people*, *moving against people*, and *moving away from people*. The data were collected through intensive reading, note-taking, and classification of data related to the character’s behavior. The results show that Sri Ningsih demonstrates all three neurotic strategies in facing various life pressures, with *moving away from people* being the most dominant strategy. Based on the findings, it can be concluded that neurotic strategies play an important role in shaping Sri Ningsih’s behavioral patterns in dealing with life conflicts.

Keywords: neurotic strategies, Sri Ningsih, Karen Horney, literary psychology, *Tentang Kamu* novel

